



06-11-2009 to 07-11-2009

Swan River, Manitoba
Novice Women - Short Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
1	Deidre Russell	Skate Winnipeg,MB	19.50	12.11	0.00	0.00	31.61

#	Executed Element	Base							GOE	J1	J2	J3	J4	J5	Score
		Value													
1	LSp3	2.40	0.33	1	1	0	0	1	-	-	-	-	-	-	2.73
2	2A	3.50	-0.53	0	0	-1	-1	-1	-	-	-	-	-	-	2.97
3	2Lz<+2T+C	1.90	-1.00	-3	-3	-3	-2	-3	-	-	-	-	-	-	0.90
4	SpSq4	3.40	0.00	0	0	1	0	0	-	-	-	-	-	-	3.40
5	2F	1.70	0.33	1	1	0	0	1	-	-	-	-	-	-	2.03
6	SISt3	3.30	0.17	1	0	0	0	1	-	-	-	-	-	-	3.47
7	CCoSp4	3.50	0.50	1	1	1	0	2	-	-	-	-	-	-	4.00
														19.50	

x - credit for second half, base value multiplied by 1.1

d - D1,D2,D3 & D4 represents deduction in base value for missing requirement

* - invalid element, scored as zero

< - downgraded jump

e - severe wrong take-off edge

! - slight wrong take-off edge

Program Component	Factor														
Skating Skill	0.80		4.00	3.50	3.75	3.00	3.50	-	-	-	-	-	-	-	2.86
Transition/Linking Footwork	0.70		4.00	3.25	3.75	3.25	3.25	-	-	-	-	-	-	-	2.39
Performance/Execution	0.80		4.25	3.00	3.50	3.00	3.50	-	-	-	-	-	-	-	2.66
Choreography/Composition	0.50		3.75	3.25	3.75	3.00	3.50	-	-	-	-	-	-	-	1.75
Interpretation	0.70		4.25	2.75	4.00	3.25	3.25	-	-	-	-	-	-	-	2.45
														12.11	
Deductions														0.00	



06-11-2009 to 07-11-2009

Swan River, Manitoba
Novice Women - Short Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
2	Stacey Woods	Morden FSC,MB	17.90	12.27	0.00	0.00	30.17

#	Executed Element	Base							GOE	J1	J2	J3	J4	J5	Score
		Value													
1	2F	1.70	0.33	1	0	1	0	1	-	-	-	-	-	-	2.03
2	2Lz+2Lo+C	3.40	-0.10	0	-2	0	0	-1	-	-	-	-	-	-	3.30
3	LSp3	2.40	0.17	1	0	0	0	1	-	-	-	-	-	-	2.57
4	1A	0.80	0.00	0	1	0	0	0	-	-	-	-	-	-	0.80
5	SISt1	1.80	0.50	-1	1	1	1	1	-	-	-	-	-	-	2.30
6	SpSq4	3.40	0.00	0	0	0	0	0	-	-	-	-	-	-	3.40
7	CCoSp4	3.50	0.00	-1	0	1	0	0	-	-	-	-	-	-	3.50
														17.90	

x - credit for second half, base value multiplied by 1.1

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* - invalid element, scored as zero

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! - slight wrong take-off edge

Program Component	Factor														
Skating Skill	0.80		3.50	3.50	3.75	3.50	3.50	-	-	-	-	-	-	-	2.80
Transition/Linking Footwork	0.70		3.25	3.25	3.50	3.50	3.50	-	-	-	-	-	-	-	2.39
Performance/Execution	0.80		3.50	3.50	3.75	3.50	3.25	-	-	-	-	-	-	-	2.80
Choreography/Composition	0.50		3.25	3.00	3.50	3.50	3.50	-	-	-	-	-	-	-	1.71
Interpretation	0.70		3.75	3.25	3.75	3.75	3.50	-	-	-	-	-	-	-	2.57
														12.27	
Deductions														0.00	



06-11-2009 to 07-11-2009

Swan River, Manitoba
Novice Women - Short Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
3	Janelle Langlais	Skate Winnipeg,MB	17.97	11.56	0.00	0.00	29.53

#	Executed Element	Base							GOE	J1	J2	J3	J4	J5	Score
		Value													
1	2F	1.70	0.17	0	0	0	1	1	-	-	-	-	-	-	1.87
2	2Lz+2Lo+C	3.40	-0.20	0	-2	-1	-1	0	-	-	-	-	-	-	3.20
3	LSp3	2.40	0.50	1	1	0	1	1	-	-	-	-	-	-	2.90
4	1A	0.80	0.00	0	0	0	0	0	-	-	-	-	-	-	0.80
5	SISt3	3.30	0.00	0	0	1	0	0	-	-	-	-	-	-	3.30
6	SpSq4	3.40	0.00	1	0	0	0	0	-	-	-	-	-	-	3.40
7	CCoSp2	2.50	0.00	0	0	0	0	-1	-	-	-	-	-	-	2.50
														17.97	

x - credit for second half, base value multiplied by 1.1

d - D1,D2,D3 & D4 represents deduction in base value for missing requirement

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Program Component	Factor														
Skating Skill	0.80		4.00	3.50	3.50	3.25	3.00	-	-	-	-	-	-	-	2.74
Transition/Linking Footwork	0.70		4.25	3.25	3.00	3.00	3.00	-	-	-	-	-	-	-	2.16
Performance/Execution	0.80		4.00	3.50	3.25	3.25	3.00	-	-	-	-	-	-	-	2.66
Choreography/Composition	0.50		4.00	3.25	3.50	3.25	3.25	-	-	-	-	-	-	-	1.67
Interpretation	0.70		3.75	3.25	3.25	3.50	3.00	-	-	-	-	-	-	-	2.33
														11.56	
Deductions														0.00	



06-11-2009 to 07-11-2009

Swan River, Manitoba
Novice Women - Short Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
4	Mercedes McLean	Skate Brandon,MB	17.60	11.60	0.00	0.00	29.20

#	Executed Element	Base							GOE	J1	J2	J3	J4	J5	Score
		Value													
1	SpSq4	3.40	0.00	0	0	1	0	0	-	-	-	-	-	-	3.40
2	CCoSp4	3.50	0.33	1	1	1	0	0	-	-	-	-	-	-	3.83
3	2Lz	1.90	-0.60	-2	-3	-2	-2	-2	-	-	-	-	-	-	1.30
4	2F+2Lo+C	3.20	-0.30	-1	0	-1	-1	-1	-	-	-	-	-	-	2.90
5	SISt3	3.30	0.00	0	0	0	0	1	-	-	-	-	-	-	3.30
6	1A	0.80	0.00	1	0	0	0	0	-	-	-	-	-	-	0.80
7	LSp2	1.90	0.17	1	0	0	0	1	-	-	-	-	-	-	2.07
														17.60	

x - credit for second half, base value multiplied by 1.1

d - D1,D2,D3 & D4 represents deduction in base value for missing requirement

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! - slight wrong take-off edge

Program Component	Factor														
Skating Skill	0.80		3.75	3.00	3.75	3.25	3.00	-	-	-	-	-	-	-	2.66
Transition/Linking Footwork	0.70		3.75	3.00	3.50	3.25	3.25	-	-	-	-	-	-	-	2.33
Performance/Execution	0.80		3.50	3.00	3.25	3.25	3.50	-	-	-	-	-	-	-	2.66
Choreography/Composition	0.50		3.50	3.00	3.50	3.25	3.25	-	-	-	-	-	-	-	1.67
Interpretation	0.70		3.25	2.50	3.50	3.50	3.00	-	-	-	-	-	-	-	2.28
														11.60	
Deductions														0.00	



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Novice Women - Short Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
5	Elyssa Williamson	Skate Virden,MB	15.23	11.17	0.00	0.50	25.90

#	Executed Element	Base							GOE	J1	J2	J3	J4	J5	Score
		Value													
1	2Lz+C	1.90	-1.00	-3	-3	-3	-3	-3	-	-	-	-	-	-	0.90
2	SpSq4	3.40	1.00	1	1	1	0	1	-	-	-	-	-	-	4.40
3	2F	1.70	0.00	0	0	-1	0	0	-	-	-	-	-	-	1.70
4	CCoSp4	3.50	-0.10	-1	-1	0	0	0	-	-	-	-	-	-	3.40
5	SISt1	1.80	0.00	0	0	0	0	0	-	-	-	-	-	-	1.80
6	1A	0.80	0.00	0	0	0	0	0	-	-	-	-	-	-	0.80
7	LSp2	1.90	0.33	1	1	0	0	2	-	-	-	-	-	-	2.23
														15.23	

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d - D1,D2,D3 & D4 represents deduction in base value for missing requirement

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! - slight wrong take-off edge

Program Component	Factor														
Skating Skill	0.80		4.25	3.00	3.25	3.00	3.50	-	-	-	-	-	-	-	2.60
Transition/Linking Footwork	0.70		4.00	3.00	3.00	3.00	3.50	-	-	-	-	-	-	-	2.22
Performance/Execution	0.80		3.75	2.75	3.25	3.25	3.25	-	-	-	-	-	-	-	2.60
Choreography/Composition	0.50		3.75	3.25	3.00	3.00	3.25	-	-	-	-	-	-	-	1.59
Interpretation	0.70		4.00	2.75	3.25	3.25	2.75	-	-	-	-	-	-	-	2.16
														11.17	

<u>Deductions</u>															
													Falls	0.50	0.50



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Novice Women - Short Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
6	Lindsay Penner	The Pas SC,MB	15.43	10.76	0.00	0.50	25.69

#	Executed Element	Base Value	GOE	J1	J2	J3	J4	J5							Score	
1	2Lz+2Lo+C	3.40	-0.40	-1	-2	-1	-1	-2	-	-	-	-	-	-	-	3.00
2	SpSq4	3.40	0.00	0	0	1	0	0	-	-	-	-	-	-	-	3.40
3	CCoSp4	3.50	0.50	1	1	0	1	1	-	-	-	-	-	-	-	4.00
4	1A	0.80	0.00	0	0	0	0	0	-	-	-	-	-	-	-	0.80
5	2F	1.70	-0.60	-2	-2	-1	-2	-2	-	-	-	-	-	-	-	1.10
6	SISt2	2.30	-1.00	-3	-3	-3	-1	-3	-	-	-	-	-	-	-	1.30
7	LSp1	1.50	0.33	1	0	1	0	1	-	-	-	-	-	-	-	1.83
													15.43			

x - credit for second half, base value multiplied by 1.1

d - D1,D2,D3 & D4 represents deduction in base value for missing requirement

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! - slight wrong take-off edge

Program Component	Factor												Score			
Skating Skill	0.80	3.75	3.50	3.25	3.00	3.25	-	-	-	-	-	-	-	-	-	2.66
Transition/Linking Footwork	0.70	3.75	3.25	2.75	2.75	3.25	-	-	-	-	-	-	-	-	-	2.16
Performance/Execution	0.80	3.75	2.75	3.00	2.75	3.00	-	-	-	-	-	-	-	-	-	2.34
Choreography/Composition	0.50	3.25	3.00	3.00	2.75	3.00	-	-	-	-	-	-	-	-	-	1.50
Interpretation	0.70	3.50	3.25	3.00	2.75	2.75	-	-	-	-	-	-	-	-	-	2.10
													10.76			

<u>Deductions</u>												Falls	0.50	0.50
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06-11-2009 to 07-11-2009

Swan River, Manitoba
Novice Women - Short Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
7	Julie Hechler	Skate Brandon,MB	14.10	10.00	0.00	0.50	23.60

#	Executed Element	Base							GOE	J1	J2	J3	J4	J5	Score
		Value													
1	LSp1	1.50	0.00	0	0	0	0	0	-	-	-	-	-	-	1.50
2	2F	1.70	-1.00	-3	-3	-3	-3	-3	-	-	-	-	-	-	0.70
3	2Lz+1T+C	2.30	-0.63	-1	-3	-2	0	-3	-	-	-	-	-	-	1.67
4	SpSq3	3.10	-0.47	0	0	-1	-1	-1	-	-	-	-	-	-	2.63
5	CCoSp4	3.50	0.00	0	0	-1	0	0	-	-	-	-	-	-	3.50
6	1A	0.80	0.00	0	0	0	0	0	-	-	-	-	-	-	0.80
7	SISt3	3.30	0.00	0	-1	0	0	1	-	-	-	-	-	-	3.30
														14.10	

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Program Component	Factor														
Skating Skill	0.80		3.50	3.00	3.25	2.75	2.25	-	-	-	-	-	-	-	2.40
Transition/Linking Footwork	0.70		3.25	3.00	2.75	2.75	2.50	-	-	-	-	-	-	-	1.98
Performance/Execution	0.80		3.25	2.50	2.75	2.75	2.50	-	-	-	-	-	-	-	2.14
Choreography/Composition	0.50		3.50	3.00	3.00	2.75	3.00	-	-	-	-	-	-	-	1.50
Interpretation	0.70		3.00	2.75	2.75	3.00	2.75	-	-	-	-	-	-	-	1.98
														10.00	

<u>Deductions</u>															
													Falls	0.50	0.50



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Novice Women - Short Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
8	Caitlin Ingram	Portage SC,MB	13.53	9.71	0.00	0.00	23.24

#	Executed Element	Base							GOE	J1	J2	J3	J4	J5	Score
		Value													
1	LSp2	1.90	-0.30	-1	-1	-1	-1	0	-	-	-	-	-	-	1.60
2	SpSq4	3.40	0.00	0	0	1	0	0	-	-	-	-	-	-	3.40
3	2Lo+1Lo+C	2.00	-0.87	-3	-3	-2	-1	-3	-	-	-	-	-	-	1.13
4	2S	1.30	0.00	0	0	0	0	1	-	-	-	-	-	-	1.30
5	CCoSp3	3.00	0.00	0	0	0	0	0	-	-	-	-	-	-	3.00
6	SISt2	2.30	0.00	0	-1	0	0	0	-	-	-	-	-	-	2.30
7	1A	0.80	0.00	0	0	0	0	-1	-	-	-	-	-	-	0.80
														13.53	

x - credit for second half, base value multiplied by 1.1

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Program Component	Factor														
Skating Skill	0.80		2.75	2.75	3.25	3.00	2.75	-	-	-	-	-	-	-	2.26
Transition/Linking Footwork	0.70		2.75	2.75	3.00	3.00	2.75	-	-	-	-	-	-	-	1.98
Performance/Execution	0.80		2.25	2.50	3.00	3.25	2.75	-	-	-	-	-	-	-	2.20
Choreography/Composition	0.50		2.75	2.75	3.00	3.00	3.00	-	-	-	-	-	-	-	1.46
Interpretation	0.70		2.00	2.50	2.75	3.25	2.50	-	-	-	-	-	-	-	1.81
														9.71	
Deductions														0.00	



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Swan River, Manitoba
Novice Women - Short Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
9	Kellee Panko	Portage SC,MB	12.63	9.01	0.00	0.00	21.64

#	Executed Element	Base Value							GOE	J1	J2	J3	J5	Score
		Value	GOE	J1	J2	J3	J5							
1	CCoSp4	3.50	0.13	1	0	0	-	0	-	-	-	-	-	3.63
2	1A	0.80	0.00	0	0	0	0	0	-	-	-	-	-	0.80
3	2F<	0.50	-0.20	-2	-2	-2	-2	-3	-	-	-	-	-	0.30
4	2S+2Lo<+C	1.80	-0.60	-2	-2	-2	-2	-2	-	-	-	-	-	1.20
5	SpSq3	3.10	0.00	1	0	0	0	-1	-	-	-	-	-	3.10
6	SlSt2	2.30	0.00	0	0	0	0	1	-	-	-	-	-	2.30
7	LSp1	1.50	-0.20	-2	-1	0	0	-1	-	-	-	-	-	1.30
													12.63	

x - credit for second half, base value multiplied by 1.1

d - D1,D2,D3 & D4 represents deduction in base value for missing requirement

* - invalid element, scored as zero

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Program Component	Factor	3.00	2.25	2.75	2.75	2.50	-	-	-	-	-	-	-	-	Score
Skating Skill	0.80														2.14
Transition/Linking Footwork	0.70														1.69
Performance/Execution	0.80														2.14
Choreography/Composition	0.50														1.29
Interpretation	0.70														1.75
															9.01
Deductions															0.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
10	Sarah Antymniuk	Skate Winnipeg,MB	11.03	8.75	0.00	1.00	18.78

#	Executed Element	Base							GOE	J1	J2	J3	J4	J5	Score
		Value													
1	1A	0.80	0.33	1	0	0	1	1	-	-	-	-	-	-	1.13
2	SpSq1	1.80	-0.20	0	-1	-1	0	-1	-	-	-	-	-	-	1.60
3	2Lz< e	0.60	-0.30	-3	-3	-3	-3	-3	-	-	-	-	-	-	0.30
4	CCoSp2	2.50	0.00	0	0	0	0	0	-	-	-	-	-	-	2.50
5	2F+2T+C	3.00	-0.40	-1	0	-2	-1	-2	-	-	-	-	-	-	2.60
6	LSp1	1.50	-0.10	0	-1	-1	0	0	-	-	-	-	-	-	1.40
7	SISt1	1.80	-0.30	-1	-1	0	-1	-1	-	-	-	-	-	-	1.50
														11.03	

x - credit for second half, base value multiplied by 1.1

* - invalid element, scored as zero

e - severe wrong take-off edge

d - D1,D2,D3 & D4 represents deduction in base value for missing requirement

< - downgraded jump

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Program Component	Factor														
Skating Skill	0.80		2.25	2.75	2.75	3.00	2.50	-	-	-	-	-	-	-	2.14
Transition/Linking Footwork	0.70		2.50	2.50	2.50	2.75	2.00	-	-	-	-	-	-	-	1.75
Performance/Execution	0.80		2.25	3.00	2.25	2.75	2.00	-	-	-	-	-	-	-	1.94
Choreography/Composition	0.50		2.50	2.75	2.50	2.75	2.25	-	-	-	-	-	-	-	1.29
Interpretation	0.70		2.25	2.50	2.25	2.75	2.00	-	-	-	-	-	-	-	1.63
														8.75	

Deductions

Falls 0.50 **1.00**

Excess Interruption 0.50



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
11	Nikki Magnowski	Russell FSC,MB	10.44	7.93	0.00	0.00	18.37

#	Executed Element	Base							GOE	J1	J2	J3	J4	J5	Score
		Value													
1	2Lo<+2Lo<+C	1.00	-0.20	-2	-2	-2	-2	-2	-	-	-	-	-	-	0.80
2	CCoSp2	2.50	-0.20	-1	-1	0	0	-1	-	-	-	-	-	-	2.30
3	1Lz e	0.60	-0.30	-3	-3	-3	-1	-3	-	-	-	-	-	-	0.30
4	SIS2	2.30	-0.10	0	-1	0	0	-1	-	-	-	-	-	-	2.20
5	SpSq3	3.10	-0.23	-1	0	0	0	-1	-	-	-	-	-	-	2.87
6	1A	0.80	-0.13	0	-1	-1	0	-1	-	-	-	-	-	-	0.67
7	LSp1	1.50	-0.20	0	-1	-1	0	-1	-	-	-	-	-	-	1.30
														10.44	

x - credit for second half, base value multiplied by 1.1

* - invalid element, scored as zero

e - severe wrong take-off edge

d - D1,D2,D3 & D4 represents deduction in base value for missing requirement

< - downgraded jump

! - slight wrong take-off edge

Program Component	Factor														
Skating Skill	0.80		2.50	2.25	2.50	2.50	2.25	-	-	-	-	-	-	-	1.94
Transition/Linking Footwork	0.70		2.00	2.00	2.25	2.25	2.00	-	-	-	-	-	-	-	1.46
Performance/Execution	0.80		2.25	2.00	2.50	2.50	2.25	-	-	-	-	-	-	-	1.86
Choreography/Composition	0.50		2.50	2.00	2.25	2.50	2.50	-	-	-	-	-	-	-	1.21
Interpretation	0.70		2.00	2.00	2.50	2.25	2.00	-	-	-	-	-	-	-	1.46
														7.93	
Deductions														0.00	