



06-11-2009 to 07-11-2009

Swan River, Manitoba
Novice Women - Free Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
1	Deidre Russell	Skate Winnipeg,MB	24.23	23.15	0.00	0.50	46.88

#	Executed Element	Base							GOE	J1	J2	J3	J4	J5	Score
		Value	GOE	J1	J2	J3	J4	J5							
1	2A+2T+C	4.80	-0.80	-1	-1	-1	-1	-1	-	-	-	-	-	-	4.00
2	FCoSp3	2.50	0.00	-1	0	0	0	0	-	-	-	-	-	-	2.50
3	2Lz	1.90	0.00	0	0	0	0	0	-	-	-	-	-	-	1.90
4	SpSq4	3.40	0.33	1	0	1	0	0	-	-	-	-	-	-	3.73
5	2A<	0.80	-0.50	-3	-3	-3	-3	-3	-	-	-	-	-	-	0.30
6	CCoSp4	3.50	-0.10	-1	-1	0	0	0	-	-	-	-	-	-	3.40
7	2S	1.30	0.00	0	0	0	0	0	-	-	-	-	-	-	1.30
8	2Lo+1Lo+C	2.00	0.00	0	0	0	0	0	-	-	-	-	-	-	2.00
9	2F	1.70	0.00	0	0	0	0	0	-	-	-	-	-	-	1.70
10	2Lz<+2T+C	1.90	-0.60	-2	-2	-2	-2	-2	-	-	-	-	-	-	1.30
11	FSSp2	2.30	-0.20	-1	-1	-1	0	0	-	-	-	-	-	-	2.10
														24.23	

x - credit for second half, base value multiplied by 1.1

d - D1,D2,D3 & D4 represents deduction in base value for missing requirement

* - invalid element, scored as zero
< - downgraded jump

e - severe wrong take-off edge
! - slight wrong take-off edge

Program Component	Factor	4.75	4.00	3.50	3.50	3.25	-	-	-	-	-	-	-	-	Score
Skating Skill	1.60	4.75	4.00	3.50	3.50	3.25	-	-	-	-	-	-	-	-	5.87
Transition/Linking Footwork	1.40	4.50	3.50	3.00	3.25	2.75	-	-	-	-	-	-	-	-	4.55
Performance/Execution	1.60	4.75	2.75	3.25	3.25	2.75	-	-	-	-	-	-	-	-	4.93
Choreography/Composition	1.00	4.00	3.25	3.00	3.50	3.00	-	-	-	-	-	-	-	-	3.25
Interpretation	1.40	4.00	2.75	3.25	3.25	3.25	-	-	-	-	-	-	-	-	4.55
														23.15	

Deductions	Falls	0.50	Score
	Falls	0.50	0.50



06-11-2009 to 07-11-2009

Swan River, Manitoba
Novice Women - Free Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
2	Lindsay Penner	The Pas SC,MB	22.50	24.74	0.00	0.50	46.74

#	Executed Element	Base							GOE	J1	J2	J3	J4	J5	Score
		Value													
1	2F	1.70	0.17	0	0	1	0	1	-	-	-	-	-	-	1.87
2	2Lz+2Lo+C	3.40	0.00	0	0	0	0	0	-	-	-	-	-	-	3.40
3	2T+2T+C	2.60	-0.10	0	0	-1	-1	0	-	-	-	-	-	-	2.50
4	FSSp3	2.60	0.00	0	0	0	0	1	-	-	-	-	-	-	2.60
5	SpSq2	2.30	0.33	0	1	1	0	1	-	-	-	-	-	-	2.63
6	2S	1.30	-0.30	-1	0	-1	-1	-1	-	-	-	-	-	-	1.00
7	1A	0.80	0.00	0	0	-1	0	0	-	-	-	-	-	-	0.80
8	CoSp4	3.00	0.33	1	0	1	0	1	-	-	-	-	-	-	3.33
9	2Lz	1.90	0.00	0	0	0	0	0	-	-	-	-	-	-	1.90
10	2F+2Lo+C	3.20	-0.73	-2	-3	-2	-3	-2	-	-	-	-	-	-	2.47
11	CCoSp	0.00	0.00	-2	-2	-2	-2	-3	-	-	-	-	-	-	0.00
														22.50	

x - credit for second half, base value multiplied by 1.1

d - D1,D2,D3 & D4 represents deduction in base value for missing requirement

* - invalid element, scored as zero
< - downgraded jump

e - severe wrong take-off edge
! - slight wrong take-off edge

Program Component	Factor														
Skating Skill	1.60		4.50	3.75	3.75	3.50	3.50	-	-	-	-	-	-	-	5.87
Transition/Linking Footwork	1.40		4.25	3.75	3.25	3.25	3.25	-	-	-	-	-	-	-	4.79
Performance/Execution	1.60		3.75	3.50	3.50	3.50	3.50	-	-	-	-	-	-	-	5.60
Choreography/Composition	1.00		4.00	3.50	3.75	3.50	3.50	-	-	-	-	-	-	-	3.58
Interpretation	1.40		4.00	3.25	3.75	3.50	3.00	-	-	-	-	-	-	-	4.90
														24.74	

Deductions Falls 0.50 **0.50**



06-11-2009 to 07-11-2009

Swan River, Manitoba
Novice Women - Free Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
3	Stacey Woods	Morden FSC,MB	23.57	22.94	0.00	0.00	46.51

#	Executed Element	Base							GOE	J1	J2	J3	J4	J5	Score
		Value	GOE	J1	J2	J3	J4	J5							
1	CoSp4	3.00	0.00	0	0	0	0	0	-	-	-	-	-	-	3.00
2	2Lo	1.50	0.00	0	0	1	0	0	-	-	-	-	-	-	1.50
3	2Lz+2Lo+C	3.40	-0.50	-1	-2	-2	-1	-2	-	-	-	-	-	-	2.90
4	2F+2T<+C	2.10	-0.30	-1	-2	-1	-1	-1	-	-	-	-	-	-	1.80
5	SpSq2	2.30	0.00	1	-1	0	0	0	-	-	-	-	-	-	2.30
6	1A	0.80	0.17	1	0	1	0	0	-	-	-	-	-	-	0.97
7	FSSp3	2.60	0.00	0	0	0	0	-1	-	-	-	-	-	-	2.60
8	2Lz	1.90	-0.20	0	-2	0	-1	-1	-	-	-	-	-	-	1.70
9	2F	1.70	0.00	0	0	0	0	0	-	-	-	-	-	-	1.70
10	2S+2T+C	2.60	-0.50	-2	-2	-1	-2	-1	-	-	-	-	-	-	2.10
11	CCoSp3	3.00	0.00	1	0	0	0	0	-	-	-	-	-	-	3.00
														23.57	

x - credit for second half, base value multiplied by 1.1

d - D1,D2,D3 & D4 represents deduction in base value for missing requirement

* - invalid element, scored as zero
< - downgraded jump

e - severe wrong take-off edge
! - slight wrong take-off edge

Program Component	Factor	4.25	3.50	3.75	3.25	3.00	-	-	-	-	-	-	-	-	Score
Skating Skill	1.60	4.25	3.50	3.75	3.25	3.00	-	-	-	-	-	-	-	-	5.60
Transition/Linking Footwork	1.40	4.00	3.25	3.50	3.25	2.50	-	-	-	-	-	-	-	-	4.66
Performance/Execution	1.60	4.25	3.00	3.25	3.50	2.75	-	-	-	-	-	-	-	-	5.20
Choreography/Composition	1.00	3.75	2.75	3.50	3.25	2.75	-	-	-	-	-	-	-	-	3.17
Interpretation	1.40	4.25	2.75	3.25	3.25	2.50	-	-	-	-	-	-	-	-	4.31
														22.94	

Deductions **0.00**



06-11-2009 to 07-11-2009

Swan River, Manitoba
Novice Women - Free Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
4	Mercedes McLean	Skate Brandon,MB	24.20	22.73	0.00	0.50	46.43

#	Executed Element	Base							GOE	J1	J2	J3	J4	J5	Score
		Value													
1	CoSp4	3.00	-0.10	-1	0	-1	0	0	-	-	-	-	-	-	2.90
2	SpSq4	3.40	0.33	1	0	1	0	0	-	-	-	-	-	-	3.73
3	2F	1.70	0.00	0	0	0	0	0	-	-	-	-	-	-	1.70
4	2S	1.30	0.00	0	0	0	0	0	-	-	-	-	-	-	1.30
5	2Lz+2T<+C	2.30	-0.73	-2	-3	-2	-3	-2	-	-	-	-	-	-	1.57
6	CCoSp4	3.50	0.00	0	0	-1	0	0	-	-	-	-	-	-	3.50
7	1A	0.80	0.00	0	0	0	0	0	-	-	-	-	-	-	0.80
8	2F+2Lo+C	3.20	-0.50	-2	-1	-2	-2	-1	-	-	-	-	-	-	2.70
9	2Lz	1.90	0.00	0	0	0	0	0	-	-	-	-	-	-	1.90
10	2T+2Lo<+C	1.80	-0.30	-1	-1	0	-2	-1	-	-	-	-	-	-	1.50
11	FSSp3	2.60	0.00	1	-1	0	0	0	-	-	-	-	-	-	2.60
														24.20	

x - credit for second half, base value multiplied by 1.1

d - D1,D2,D3 & D4 represents deduction in base value for missing requirement

* - invalid element, scored as zero
< - downgraded jump

e - severe wrong take-off edge
! - slight wrong take-off edge

Program Component	Factor														
Skating Skill	1.60		4.50	3.25	3.75	3.25	3.25		-	-	-	-	-	-	5.47
Transition/Linking Footwork	1.40		4.00	3.50	3.25	2.25	3.25		-	-	-	-	-	-	4.66
Performance/Execution	1.60		4.25	3.25	3.25	2.50	3.00		-	-	-	-	-	-	5.07
Choreography/Composition	1.00		4.25	3.50	3.00	2.25	3.50		-	-	-	-	-	-	3.33
Interpretation	1.40		4.00	3.00	3.25	2.25	2.75		-	-	-	-	-	-	4.20
														22.73	

Deductions Falls 0.50 **0.50**



06-11-2009 to 07-11-2009

Swan River, Manitoba
Novice Women - Free Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
5	Caitlin Ingram	Portage SC,MB	20.48	20.84	0.00	0.00	41.32

#	Executed Element	Base							J5							Score
		Value	GOE	J1	J2	J3										
1	2Lo	1.50	0.13	0	0	1	-	0	-	-	-	-	-	-	-	1.63
2	1Lz	0.60	0.00	0	0	0	-1	0	-	-	-	-	-	-	-	0.60
3	CoSp4	3.00	0.33	1	1	-1	0	1	-	-	-	-	-	-	-	3.33
4	2S	1.30	0.00	0	0	0	0	0	-	-	-	-	-	-	-	1.30
5	2T+2T+C	2.60	-0.20	-1	0	-1	0	-1	-	-	-	-	-	-	-	2.40
6	1A+1A+S	1.28	0.00	0	0	-1	0	0	-	-	-	-	-	-	-	1.28
7	CCoSp3	3.00	-0.20	-2	-1	-1	0	1	-	-	-	-	-	-	-	2.80
8	1F	0.50	0.00	0	0	0	0	0	-	-	-	-	-	-	-	0.50
9	2S+S	1.04	-0.20	-1	-1	-1	0	0	-	-	-	-	-	-	-	0.84
10	SpSq4	3.40	0.00	0	0	0	0	0	-	-	-	-	-	-	-	3.40
11	FSSp3	2.60	-0.20	-1	0	-1	0	-1	-	-	-	-	-	-	-	2.40
															20.48	

x - credit for second half, base value multiplied by 1.1

d - D1,D2,D3 & D4 represents deduction in base value for missing requirement

* - invalid element, scored as zero
< - downgraded jump

e - severe wrong take-off edge
! - slight wrong take-off edge

Program Component	Factor															
Skating Skill	1.60		3.50	3.25	3.00	3.00	3.00		-	-	-	-	-	-	-	4.93
Transition/Linking Footwork	1.40		3.75	3.25	2.75	3.00	3.00		-	-	-	-	-	-	-	4.31
Performance/Execution	1.60		3.25	2.75	2.25	3.25	2.75		-	-	-	-	-	-	-	4.67
Choreography/Composition	1.00		3.75	3.25	2.50	3.00	3.00		-	-	-	-	-	-	-	3.08
Interpretation	1.40		3.00	2.75	2.00	3.00	2.50		-	-	-	-	-	-	-	3.85
															20.84	

Deductions **0.00**



06-11-2009 to 07-11-2009

Swan River, Manitoba
Novice Women - Free Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
6	Elyssa Williamson	Skate Virден,MB	20.24	20.00	0.00	0.50	39.74

#	Executed Element	Base							GOE	J1	J2	J3	J4	J5	Score
		Value													
1	2Lo	1.50	0.00	0	0	-1	0	0	-	-	-	-	-	-	1.50
2	1Lz	0.60	0.00	0	-1	0	0	0	-	-	-	-	-	-	0.60
3	1A+1Lo+C	1.30	0.00	0	-1	0	0	0	-	-	-	-	-	-	1.30
4	CCoSp4	3.50	0.33	1	0	1	0	1	-	-	-	-	-	-	3.83
5	SpSq3	3.10	0.17	1	0	1	0	0	-	-	-	-	-	-	3.27
6	2S	1.30	0.00	0	0	0	0	0	-	-	-	-	-	-	1.30
7	FSSp1	2.00	-0.60	-2	-2	-1	-2	-2	-	-	-	-	-	-	1.40
8	1F+2T+C	1.80	-0.50	0	-2	-1	-2	-2	-	-	-	-	-	-	1.30
9	2T+2Lo+C	2.80	-0.73	-2	-3	-2	-3	-2	-	-	-	-	-	-	2.07
10	1F	0.50	0.00	0	0	0	0	0	-	-	-	-	-	-	0.50
11	CoSp4	3.00	0.17	-1	0	1	0	1	-	-	-	-	-	-	3.17
														20.24	

x - credit for second half, base value multiplied by 1.1

d - D1,D2,D3 & D4 represents deduction in base value for missing requirement

* - invalid element, scored as zero
< - downgraded jump

e - severe wrong take-off edge
! - slight wrong take-off edge

Program Component	Factor														
Skating Skill	1.60		3.50	3.25	3.25	2.75	3.25	-	-	-	-	-	-	-	5.20
Transition/Linking Footwork	1.40		3.75	2.75	2.50	2.50	3.25	-	-	-	-	-	-	-	3.96
Performance/Execution	1.60		3.00	2.25	2.75	2.50	3.00	-	-	-	-	-	-	-	4.40
Choreography/Composition	1.00		3.75	2.50	2.75	2.75	3.00	-	-	-	-	-	-	-	2.83
Interpretation	1.40		3.25	1.75	2.75	2.50	2.50	-	-	-	-	-	-	-	3.61
														20.00	

Deductions				
	Falls	0.50		0.50



06-11-2009 to 07-11-2009

Swan River, Manitoba
Novice Women - Free Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
7	Janelle Langlais	Skate Winnipeg,MB	18.80	21.09	0.00	0.50	39.39

#	Executed Element		Base							Score						
			Value	GOE	J1	J2	J3	J4	J5							
1	2Lz+2T+C	!	3.20	-0.10	0	-1	0	-1	0	-	-	-	-	-	-	3.10
2	2Lo		1.50	0.00	0	0	0	0	0	-	-	-	-	-	-	1.50
3	1A		0.80	0.00	0	0	0	0	0	-	-	-	-	-	-	0.80
4	2F		1.70	-1.00	-3	-3	-3	-3	-3	-	-	-	-	-	-	0.70
5	CoSp3		2.50	0.00	-1	0	0	0	0	-	-	-	-	-	-	2.50
6	SpSq2		2.30	0.00	2	0	0	0	0	-	-	-	-	-	-	2.30
7	2Lz<	!	0.60	-0.20	-2	-2	-2	-2	-3	-	-	-	-	-	-	0.40
8	2S+2Lo+C		2.80	0.00	-1	0	0	0	0	-	-	-	-	-	-	2.80
9	2S+2T<+C		1.70	-0.60	-2	-2	-2	-2	-2	-	-	-	-	-	-	1.10
10	FSSp1		2.00	-0.10	-1	-2	0	0	0	-	-	-	-	-	-	1.90
11	CCoSp1		2.00	-0.30	-1	-2	-1	0	-1	-	-	-	-	-	-	1.70
															18.80	

x - credit for second half, base value multiplied by 1.1

d - D1,D2,D3 & D4 represents deduction in base value for missing requirement

* - invalid element, scored as zero

< - downgraded jump

e - severe wrong take-off edge

! - slight wrong take-off edge

Program Component	Factor															
Skating Skill	1.60		3.75	3.25	3.00	3.50	3.50	-	-	-	-	-	-	-	-	5.47
Transition/Linking Footwork	1.40		2.50	3.25	2.50	3.25	2.75	-	-	-	-	-	-	-	-	3.96
Performance/Execution	1.60		2.75	2.75	2.50	3.50	3.00	-	-	-	-	-	-	-	-	4.53
Choreography/Composition	1.00		3.00	3.25	3.25	3.25	2.75	-	-	-	-	-	-	-	-	3.17
Interpretation	1.40		3.00	2.75	2.75	3.50	2.50	-	-	-	-	-	-	-	-	3.96
															21.09	

Deductions Falls 0.50 **0.50**



06-11-2009 to 07-11-2009

Swan River, Manitoba
Novice Women - Free Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
8	Sarah Antymniuk	Skate Winnipeg,MB	19.53	18.63	0.00	0.00	38.16

#	Executed Element	Base							GOE	J1	J2	J3	J4	J5	Score
		Value													
1	2Lo	1.50	0.33	1	0	1	0	1	-	-	-	-	-	-	1.83
2	2F+2T+C	3.00	0.00	0	0	0	0	0	-	-	-	-	-	-	3.00
3	CCoSp4	3.50	-0.10	-1	-1	0	0	0	-	-	-	-	-	-	3.40
4	SIS2	2.30	-0.10	-1	-1	0	0	0	-	-	-	-	-	-	2.20
5	1A	0.80	0.00	0	0	0	0	0	-	-	-	-	-	-	0.80
6	2T	1.30	0.00	0	0	-1	0	0	-	-	-	-	-	-	1.30
7	1Lz	0.60	-0.10	0	-2	-1	-1	-1	-	-	-	-	-	-	0.50
8	FUSp1	1.70	-0.50	-2	-2	-1	0	-2	-	-	-	-	-	-	1.20
9	2S	1.30	0.00	0	0	0	0	0	-	-	-	-	-	-	1.30
10	2F+2S+S	2.40	0.00	0	0	0	0	0	-	-	-	-	-	-	2.40
11	CoSp1	1.70	-0.10	-1	0	-1	0	0	-	-	-	-	-	-	1.60
														19.53	

x - credit for second half, base value multiplied by 1.1

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e - severe wrong take-off edge

d - D1,D2,D3 & D4 represents deduction in base value for missing requirement

< - downgraded jump

! - slight wrong take-off edge

Program Component	Factor														
Skating Skill	1.60		3.50	2.75	2.75	3.00	3.00	-	-	-	-	-	-	-	4.67
Transition/Linking Footwork	1.40		3.75	2.25	2.25	2.75	2.25	-	-	-	-	-	-	-	3.39
Performance/Execution	1.60		3.50	2.75	2.50	3.00	2.25	-	-	-	-	-	-	-	4.40
Choreography/Composition	1.00		3.25	2.25	2.75	2.75	2.50	-	-	-	-	-	-	-	2.67
Interpretation	1.40		3.25	2.25	2.25	3.00	2.00	-	-	-	-	-	-	-	3.50
														18.63	

Deductions **0.00**



06-11-2009 to 07-11-2009

Swan River, Manitoba
Novice Women - Free Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
9	Julie Hechler	Skate Brandon,MB	15.55	18.80	0.00	1.50	32.85

#	Executed Element	Base							GOE	J1	J2	J3	J4	J5	Score
		Value													
1	CoSp4	3.00	0.00	0	0	0	0	0	-	-	-	-	-	-	3.00
2	2F	1.70	-1.00	-3	-3	-3	-3	-3	-	-	-	-	-	-	0.70
3	2Lz<	0.60	-0.30	-3	-3	-3	-3	-3	-	-	-	-	-	-	0.30
4	1A	0.80	0.00	0	0	0	0	0	-	-	-	-	-	-	0.80
5	2S+1Lo+C	1.80	0.00	0	0	0	0	0	-	-	-	-	-	-	1.80
6	FSSp2	2.30	0.00	1	0	0	0	0	-	-	-	-	-	-	2.30
7	SpSq2	2.30	0.17	1	0	1	0	-1	-	-	-	-	-	-	2.47
8	CCoSp1	2.00	-0.20	0	-1	0	-1	-1	-	-	-	-	-	-	1.80
9	2Lz<+S	0.48	-0.30	-3	-3	-3	-3	-3	-	-	-	-	-	-	0.18
10	1F+1T+C	0.90	0.00	0	0	0	0	0	-	-	-	-	-	-	0.90
11	2T	1.30	0.00	0	-1	0	0	0	-	-	-	-	-	-	1.30
														15.55	

x - credit for second half, base value multiplied by 1.1

d - D1,D2,D3 & D4 represents deduction in base value for missing requirement

* - invalid element, scored as zero

< - downgraded jump

e - severe wrong take-off edge

! - slight wrong take-off edge

Program Component	Factor														
Skating Skill	1.60		3.75	2.50	3.25	2.75	2.50	-	-	-	-	-	-	-	4.53
Transition/Linking Footwork	1.40		3.50	2.50	2.75	2.75	2.00	-	-	-	-	-	-	-	3.74
Performance/Execution	1.60		3.25	2.00	2.75	2.75	2.00	-	-	-	-	-	-	-	4.00
Choreography/Composition	1.00		3.50	3.00	3.00	2.75	2.50	-	-	-	-	-	-	-	2.92
Interpretation	1.40		3.25	2.00	2.75	2.75	2.25	-	-	-	-	-	-	-	3.61
														18.80	

Deductions

Falls 1.50 1.50



06-11-2009 to 07-11-2009

Swan River, Manitoba
Novice Women - Free Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
10	Kellee Panko	Portage SC,MB	16.50	15.84	0.00	0.00	32.34

#	Executed Element	Base							GOE	J1	J2	J3	J4	J5	Score
		Value													
1	2S+2Lo+C	2.80	0.00	0	-1	0	0	0	-	-	-	-	-	-	2.80
2	1Lz	0.60	0.00	0	-1	0	0	0	-	-	-	-	-	-	0.60
3	CCoSp3	3.00	-0.10	0	-1	-1	0	0	-	-	-	-	-	-	2.90
4	SpSq3	3.10	0.00	1	0	0	0	-1	-	-	-	-	-	-	3.10
5	1Lo	0.50	0.00	0	0	0	0	0	-	-	-	-	-	-	0.50
6	CoSp2	2.00	0.00	1	-1	0	0	0	-	-	-	-	-	-	2.00
7	2F<	0.50	-0.20	-2	-2	-2	-2	-3	-	-	-	-	-	-	0.30
8	1A	0.80	0.00	0	0	0	0	0	-	-	-	-	-	-	0.80
9	2S	1.30	0.00	0	0	0	0	0	-	-	-	-	-	-	1.30
10	FSSp1	2.00	-0.30	-2	-1	-1	-1	-1	-	-	-	-	-	-	1.70
11	1F	0.50	0.00	0	0	0	0	0	-	-	-	-	-	-	0.50
														16.50	

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Program Component	Factor														
Skating Skill	1.60		3.00	1.75	2.50	2.50	2.25	-	-	-	-	-	-	-	3.87
Transition/Linking Footwork	1.40		3.25	1.50	2.00	2.25	2.00	-	-	-	-	-	-	-	2.91
Performance/Execution	1.60		3.25	1.75	2.00	2.50	2.00	-	-	-	-	-	-	-	3.47
Choreography/Composition	1.00		3.50	1.75	2.25	2.50	2.25	-	-	-	-	-	-	-	2.33
Interpretation	1.40		3.00	1.50	2.50	2.50	2.00	-	-	-	-	-	-	-	3.26
														15.84	

Deductions **0.00**



06-11-2009 to 07-11-2009

Swan River, Manitoba
Novice Women - Free Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
11	Nikki Magnowski	Russell FSC,MB	12.72	16.27	0.00	1.00	27.99

#	Executed Element	Base							J5							Score
		Value	GOE	J1	J2	J3										
1	1A	0.80	-0.05	0	0	-1	-	0	-	-	-	-	-	-	-	0.75
2	2S	1.30	-1.00	-3	-3	-3	-3	-3	-	-	-	-	-	-	-	0.30
3	CCoSp4	3.50	0.00	0	0	0	0	0	-	-	-	-	-	-	-	3.50
4	2Lo<	0.50	-0.30	-3	-3	-2	-3	-3	-	-	-	-	-	-	-	0.20
5	2Lz<+1T+C	1.00	-0.20	-2	-3	-2	-2	-2	-	-	-	-	-	-	-	0.80
6	CoSp3	2.50	0.00	0	0	0	0	0	-	-	-	-	-	-	-	2.50
7	SpSq1	1.80	0.00	1	0	0	0	-1	-	-	-	-	-	-	-	1.80
8	2S+S	1.04	-0.40	-1	-2	-2	-1	-1	-	-	-	-	-	-	-	0.64
9	2F<	0.50	-0.17	-2	-2	-1	0	-2	-	-	-	-	-	-	-	0.33
10	2Lz<	0.60	-0.30	-3	-3	-3	-3	-3	-	-	-	-	-	-	-	0.30
11	FCSp1	1.90	-0.30	0	-2	-2	0	-1	-	-	-	-	-	-	-	1.60
															12.72	

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! - slight wrong take-off edge

Program Component	Factor															
Skating Skill	1.60		2.75	1.50	2.50	2.50	2.25	-	-	-	-	-	-	-	-	3.87
Transition/Linking Footwork	1.40		3.00	1.50	2.50	2.50	2.00	-	-	-	-	-	-	-	-	3.26
Performance/Execution	1.60		2.75	1.75	2.00	2.25	2.00	-	-	-	-	-	-	-	-	3.33
Choreography/Composition	1.00		3.00	1.50	2.50	2.50	2.25	-	-	-	-	-	-	-	-	2.42
Interpretation	1.40		2.50	1.75	2.75	2.25	2.50	-	-	-	-	-	-	-	-	3.39
															16.27	

Deductions

Falls 1.00 1.00