



# 2010 Power Smart Manitoba Winter Games

08-03-2010 to 09-03-2010

Portage La Prairie, Mb  
**Competitive Level 11 Women - Free Program**

Rank	Name	Region	Element Score	Prog Comp Score	Bonus	Deductions	Score
1	Deidre Russell	Winnipeg Gold	26.04	19.88	0.00	0.50	45.42

#	Executed Element	Base							Jumps							JREF	Score	
		Value	GOE	J1	J2	J3	J4	J1	J2	J3	J4	J5	J6	J7				
1	2A+2T+C	4.80	-1.60	-2	-2	-2	-1	-	-	-	-	-	-	-	-	-	-	3.20
2	FCCoSp3	3.00	0.00	0	0	1	0	-	-	-	-	-	-	-	-	-	-	3.00
3	2Lz+2T+C	3.20	0.00	0	0	0	0	-	-	-	-	-	-	-	-	-	-	3.20
4	SpSq4	3.40	0.67	1	0	1	0	-	-	-	-	-	-	-	-	-	-	4.07
5	2A	3.50	0.00	0	0	0	0	-	-	-	-	-	-	-	-	-	-	3.50
6	CCoSp4	3.50	0.00	0	-1	0	0	-	-	-	-	-	-	-	-	-	-	3.50
7	3S<	1.30	-0.73	-2	-2	-3	-2	-	-	-	-	-	-	-	-	-	-	0.57
8	2Lo	1.50	0.00	0	0	1	0	-	-	-	-	-	-	-	-	-	-	1.50
9	2F+2Lo<+C	2.20	-0.60	-2	-2	-2	-2	-	-	-	-	-	-	-	-	-	-	1.60
10	2Lz	1.90	0.00	0	0	0	0	-	-	-	-	-	-	-	-	-	-	1.90
11	FSSp	0.00	0.00	-3	-3	1	0	-	-	-	-	-	-	-	-	-	-	0.00
<b>26.04</b>																		

x - credit for second half, base value multiplied by 1.1

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 < - downgraded jump

e - severe wrong take-off edge  
 ! - slight wrong take-off edge

Program Component	Factor	J1	J2	J3	J4	J5	J6	J7	Jumps	Sp	Co	Ch	Int	Score
Skating Skill	1.40	3.50	3.75	3.50	3.50	-	-	-	-	-	-	-	-	5.01
Transition/Linking Footwork	1.00	3.25	3.50	3.50	3.00	-	-	-	-	-	-	-	-	3.42
Performance/Execution	1.40	3.50	3.00	3.25	3.00	-	-	-	-	-	-	-	-	4.55
Choreography/Composition	0.80	3.25	3.25	2.75	2.75	-	-	-	-	-	-	-	-	2.46
Interpretation	1.40	3.00	3.25	3.25	2.75	-	-	-	-	-	-	-	-	4.44
														<b>19.88</b>

**Deductions** Falls 0.50 **0.50**



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**Competitive Level 11 Women - Free Program**

Rank	Name	Region	Element Score	Prog Comp Score	Bonus	Deductions	Score
2	Madison McCallum	Central	26.32	18.98	0.00	0.00	45.30

#	Executed Element	Base Value							GOE	J1	J2	J3	J4	JREF	Score
		Value	GOE	J1	J2	J3	J4								
1	FCCoSp4	3.50	0.50	1	1	1	1	-	-	-	-	-	-	1	4.00
2	2F	1.70	-0.60	-2	-2	-2	-2	-	-	-	-	-	-	-2	1.10
3	2Lz+2T+C	3.20	-0.40	-2	-1	-1	-2	-	-	-	-	-	-	-1	2.80
4	2F+2Lo<+C	2.20	-0.60	-2	-2	-2	-2	-	-	-	-	-	-	-2	1.60
5	CCoSp4	3.50	0.17	0	1	1	0	-	-	-	-	-	-	0	3.67
6	SpSq4	3.40	0.67	0	1	1	1	-	-	-	-	-	-	0	4.07
7	1A+1A+S	1.28	0.00	0	0	0	0	-	-	-	-	-	-	0	1.28
8	2Lo	1.50	0.00	0	0	0	0	-	-	-	-	-	-	0	1.50
9	2Lz	1.90	-0.20	-1	-1	1	0	-	-	-	-	-	-	-1	1.70
10	2S	1.30	0.17	0	1	0	0	-	-	-	-	-	-	1	1.47
11	FCSp3	2.80	0.33	0	1	1	1	-	-	-	-	-	-	0	3.13
														<b>26.32</b>	

x - credit for second half, base value multiplied by 1.1

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\* - invalid element, scored as zero  
 < - downgraded jump

e - severe wrong take-off edge  
 ! - slight wrong take-off edge

Program Component	Factor	3.25	3.50	3.00	2.75	-	-	-	-	-	-	-	3.75	-	4.55
Skating Skill	1.40														
Transition/Linking Footwork	1.00	3.00	3.75	3.00	2.50	-	-	-	-	-	-	-	3.25	-	3.08
Performance/Execution	1.40	3.00	3.50	2.75	2.75	-	-	-	-	-	-	-	3.50	-	4.31
Choreography/Composition	0.80	3.25	3.75	3.00	2.50	-	-	-	-	-	-	-	3.50	-	2.60
Interpretation	1.40	3.00	3.25	3.25	2.75	-	-	-	-	-	-	-	3.50	-	4.44
														<b>18.98</b>	

**Deductions** **0.00**



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08-03-2010 to 09-03-2010

Portage La Prairie, Mb

Competitive Level 11 Women - Free Program

Rank	Name	Region	Element Score	Prog Comp Score	Bonus	Deductions	Score
3	Stacey Woods	Central	24.47	18.35	0.00	0.00	42.82

#	Executed Element	Base Value							GOE	J1	J2	J3	J4	JREF	Score
		Value	GOE	J1	J2	J3	J4								
1	2A	3.50	-1.60	-2	-2	-1	-2	-	-	-	-	-	-	-	1.90
2	2F	1.70	0.00	0	0	0	0	-	-	-	-	-	-	-	1.70
3	2S	1.30	0.00	0	0	0	0	-	-	-	-	-	-	-	1.30
4	CoSp4	3.00	0.00	0	0	0	-1	-	-	-	-	-	-	1	3.00
5	2Lz+2T+C	3.20	-0.60	-2	-2	-2	-2	-	-	-	-	-	-	-	2.60
6	SpSq3	3.10	0.17	1	0	0	1	-	-	-	-	-	-	0	3.27
7	2F+2Lo+C	3.20	0.00	0	0	0	0	-	-	-	-	-	-	0	3.20
8	2Lo+2T<+C	1.90	-0.30	-1	-2	0	0	-	-	-	-	-	-	-2	1.60
9	FSSp3	2.60	-0.30	-1	-1	-1	-1	-	-	-	-	-	-	0	2.30
10	2Lz	1.90	-0.60	-2	-2	-2	-2	-	-	-	-	-	-	-2	1.30
11	CCoSp2	2.50	-0.20	-1	-1	0	-1	-	-	-	-	-	-	0	2.30
														<b>24.47</b>	

x - credit for second half, base value multiplied by 1.1

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\* - invalid element, scored as zero

< - downgraded jump

e - severe wrong take-off edge

! - slight wrong take-off edge

Program Component	Factor	3.50	3.50	2.50	3.00	-	-	-	-	-	-	-	-	4.00	-	4.66
Skating Skill	1.40															
Transition/Linking Footwork	1.00	3.00	3.25	2.25	2.75	-	-	-	-	-	-	-	-	3.25	-	3.00
Performance/Execution	1.40	3.00	3.25	2.50	2.50	-	-	-	-	-	-	-	-	3.75	-	4.09
Choreography/Composition	0.80	3.25	3.00	2.50	2.75	-	-	-	-	-	-	-	-	3.50	-	2.40
Interpretation	1.40	3.25	3.25	2.00	2.50	-	-	-	-	-	-	-	-	3.50	-	4.20
																<b>18.35</b>

**Deductions** **0.00**



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08-03-2010 to 09-03-2010

Portage La Prairie, Mb

Competitive Level 11 Women - Free Program

Rank	Name	Region	Element Score	Prog Comp Score	Bonus	Deductions	Score
4	Sarah Slagerman	Interlake	24.36	18.19	0.00	0.00	42.55

#	Executed Element	Base Value						GOE						JREF	Score	
		Value	GOE	J1	J2	J3	J4									
1	2Lz+2Lo+C	3.40	-0.20	-1	0	-2	0	-	-	-	-	-	-	-1	-	3.20
2	2F+2T+C	3.00	0.00	0	0	0	0	-	-	-	-	-	-	0	-	3.00
3	FSSp2	2.30	0.00	0	0	0	-1	-	-	-	-	-	-	0	-	2.30
4	2S+2T+C	2.60	0.00	0	0	0	0	-	-	-	-	-	-	0	-	2.60
5	SpSq4	3.40	0.33	0	1	0	1	-	-	-	-	-	-	0	-	3.73
6	2Lo	1.50	0.00	0	0	0	-1	-	-	-	-	-	-	0	-	1.50
7	2S	1.30	0.00	0	0	0	0	-	-	-	-	-	-	0	-	1.30
8	CoSp4	3.00	0.00	1	0	0	0	-	-	-	-	-	-	0	-	3.00
9	2Lz<	0.60	-0.17	0	-1	-2	-2	-	-	-	-	-	-	-2	-	0.43
10	1A	0.80	0.00	0	0	0	0	-	-	-	-	-	-	0	-	0.80
11	CCoSp2	2.50	0.00	-1	0	0	0	-	-	-	-	-	-	0	-	2.50
															<b>24.36</b>	

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! - slight wrong take-off edge

Program Component	Factor														
Skating Skill	1.40		3.25	3.50	2.75	2.75	-	-	-	-	-	-	3.50	-	4.44
Transition/Linking Footwork	1.00		3.25	3.50	2.75	2.50	-	-	-	-	-	-	3.00	-	3.00
Performance/Execution	1.40		3.00	3.25	2.75	2.50	-	-	-	-	-	-	3.50	-	4.20
Choreography/Composition	0.80		3.50	3.25	2.75	2.50	-	-	-	-	-	-	3.25	-	2.46
Interpretation	1.40		3.25	3.25	2.50	2.50	-	-	-	-	-	-	3.00	-	4.09
															<b>18.19</b>

**Deductions** **0.00**



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Competitive Level 11 Women - Free Program

Rank	Name	Region	Element Score	Prog Comp Score	Bonus	Deductions	Score
5	Lindsay Penner	Norman	24.56	17.34	0.00	0.00	41.90

#	Executed Element	Base Value							GOE	J1	J2	J3	J4	JREF	Score
		Value	GOE	J1	J2	J3	J4								
1	2Lz+2T+C	3.20	0.33	1	0	1	0	-	-	-	-	-	-	1	3.53
2	1A<	0.00	0.00	-2	-2	-2	-3	-	-	-	-	-	-	-3	0.00
3	2F+2T+C	3.00	0.00	0	0	0	0	-	-	-	-	-	-	0	3.00
4	FSSp3	2.60	0.33	0	1	1	0	-	-	-	-	-	-	1	2.93
5	SpSq2	2.30	0.33	1	1	1	0	-	-	-	-	-	-	0	2.63
6	2Lo	1.50	0.00	0	0	0	0	-	-	-	-	-	-	0	1.50
7	1A+2Lo+C	2.30	0.00	0	-1	0	0	-	-	-	-	-	-	0	2.30
8	CCoSp4	3.50	0.00	0	0	0	0	-	-	-	-	-	-	0	3.50
9	1Lz	0.60	-0.03	0	-1	-1	0	-	-	-	-	-	-	0	0.57
10	2F	1.70	0.00	0	0	0	0	-	-	-	-	-	-	0	1.70
11	CoSp4	3.00	-0.10	0	0	0	-1	-	-	-	-	-	-	-1	2.90
														<b>24.56</b>	

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Program Component	Factor	3.00	3.50	2.25	2.75	-	-	-	-	-	-	-	3.75	-	4.31
Skating Skill	1.40														
Transition/Linking Footwork	1.00	2.50	3.50	2.50	2.25	-	-	-	-	-	-	-	3.50	-	2.83
Performance/Execution	1.40	2.75	3.25	2.00	2.75	-	-	-	-	-	-	-	3.50	-	4.09
Choreography/Composition	0.80	2.75	3.50	1.75	2.50	-	-	-	-	-	-	-	3.25	-	2.26
Interpretation	1.40	2.75	3.50	2.25	2.25	-	-	-	-	-	-	-	3.25	-	3.85
														<b>17.34</b>	

**Deductions** **0.00**



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**Competitive Level 11 Women - Free Program**

Rank	Name	Region	Element Score	Prog Comp Score	Bonus	Deductions	Score
6	Mercedes McLean	Central	22.73	17.10	0.00	0.50	39.33

#	Executed Element	Base Value							GOE	J1	J2	J3	J4	JREF	Score
		Value	GOE	J1	J2	J3	J4								
1	CoSp4	3.00	0.17	0	1	0	1	-	-	-	-	-	-	0	3.17
2	SpSq3	3.10	0.33	0	1	1	1	-	-	-	-	-	-	0	3.43
3	2F+2Lo+C	3.20	-0.60	-2	-2	-2	-1	-	-	-	-	-	-	-2	2.60
4	2S	1.30	0.00	0	0	0	0	-	-	-	-	-	-	0	1.30
5	2Lz+2Lo<+C	2.40	-0.60	-2	-2	-2	-1	-	-	-	-	-	-	-2	1.80
6	CCoSp3	3.00	-0.10	0	0	-1	-1	-	-	-	-	-	-	0	2.90
7	1A	0.80	0.00	0	0	0	0	-	-	-	-	-	-	0	0.80
8	2T+1Lo+C	1.80	-0.10	-1	-1	0	0	-	-	-	-	-	-	0	1.70
9	2Lz	1.90	-0.87	-3	-3	-2	-2	-	-	-	-	-	-	-3	1.03
10	2F	1.70	0.00	0	0	0	0	-	-	-	-	-	-	0	1.70
11	FSSp2	2.30	0.00	0	0	0	0	-	-	-	-	-	-	0	2.30
														<b>22.73</b>	

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 ! - slight wrong take-off edge

Program Component	Factor	3.25	3.25	2.50	2.75	-	-	-	-	-	-	-	3.50	-	4.31
Skating Skill	1.40														
Transition/Linking Footwork	1.00	2.75	3.25	2.25	2.50	-	-	-	-	-	-	-	3.00	-	2.75
Performance/Execution	1.40	2.75	3.25	2.00	2.50	-	-	-	-	-	-	-	3.25	-	3.96
Choreography/Composition	0.80	3.00	3.50	2.25	2.50	-	-	-	-	-	-	-	3.25	-	2.34
Interpretation	1.40	2.50	3.50	2.25	2.75	-	-	-	-	-	-	-	2.75	-	3.74
														<b>17.10</b>	

**Deductions**

Falls 0.50 **0.50**



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Rank	Name	Region	Element Score	Prog Comp Score	Bonus	Deductions	Score
7	Janelle Langlais	Interlake	22.34	16.81	0.00	0.00	39.15

#	Executed Element	Base Value							GOE	J1	J2	J3	J4	JREF	Score
		Value	GOE	J1	J2	J3	J4								
1	1Lz+2T+C	1.90	-0.30	-1	-1	-2	0	-	-	-	-	-	-	-1	1.60
2	2Lo	1.50	0.00	0	0	0	0	-	-	-	-	-	-	0	1.50
3	1A	0.80	0.00	0	0	0	0	-	-	-	-	-	-	0	0.80
4	2F+2T+C	3.00	0.00	0	0	0	0	-	-	-	-	-	-	0	3.00
5	CoSp3	2.50	0.00	0	0	0	-1	-	-	-	-	-	-	0	2.50
6	SpSq3	3.10	0.17	1	0	1	0	-	-	-	-	-	-	0	3.27
7	1Lz !	0.60	-0.13	0	-2	-1	-1	-	-	-	-	-	-	-2	0.47
8	2S+2Lo+C	2.80	0.00	0	0	0	0	-	-	-	-	-	-	0	2.80
9	2F	1.70	0.00	0	0	0	0	-	-	-	-	-	-	0	1.70
10	FSSp2	2.30	-0.10	-1	0	0	0	-	-	-	-	-	-	-1	2.20
11	CCoSp2	2.50	0.00	0	0	0	0	-	-	-	-	-	-	0	2.50
														<b>22.34</b>	

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Program Component	Factor	3.00	3.25	2.75	2.75	-	-	-	-	-	-	-	3.75	-	4.20
Skating Skill	1.40														
Transition/Linking Footwork	1.00	2.75	3.25	2.00	2.25	-	-	-	-	-	-	-	3.25	-	2.75
Performance/Execution	1.40	2.75	2.75	2.25	2.75	-	-	-	-	-	-	-	3.25	-	3.85
Choreography/Composition	0.80	3.25	3.25	2.50	2.50	-	-	-	-	-	-	-	3.50	-	2.40
Interpretation	1.40	2.75	2.75	2.00	2.25	-	-	-	-	-	-	-	3.25	-	3.61
														<b>16.81</b>	
<b>Deductions</b>														<b>0.00</b>	



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Rank	Name	Region	Element Score	Prog Comp Score	Bonus	Deductions	Score
8	Katelyn Kokot	Parkland	23.37	15.30	0.00	0.00	38.67

Executed #	Element	Base Value	GOE	J1	J2	J3	J4								JREF	Score	
1	2S+2Lo+C	2.80	-0.20	-1	-1	0	0	-	-	-	-	-	-	-	-1	-	2.60
2	1Lz	0.60	0.00	0	-1	0	0	-	-	-	-	-	-	0	-	0.60	
3	CCoSp3	3.00	0.00	0	0	0	0	-	-	-	-	-	-	0	-	3.00	
4	2F+1T+C	2.10	-0.10	-1	0	-1	0	-	-	-	-	-	-	0	-	2.00	
5	2Lo	1.50	0.00	0	0	0	0	-	-	-	-	-	-	0	-	1.50	
6	SpSq4	3.40	0.67	1	1	1	0	-	-	-	-	-	-	0	-	4.07	
7	CoSp4	3.00	0.00	1	0	0	0	-	-	-	-	-	-	0	-	3.00	
8	2F	1.70	0.00	0	0	0	0	-	-	-	-	-	-	0	-	1.70	
9	1A	0.80	0.00	0	0	0	0	-	-	-	-	-	-	0	-	0.80	
10	2S+1T+C	1.70	-0.20	-1	-1	0	0	-	-	-	-	-	-	-1	-	1.50	
11	FSSp3	2.60	0.00	0	0	1	0	-	-	-	-	-	-	-1	-	2.60	
																<b>23.37</b>	

x - credit for second half, base value multiplied by 1.1

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\* - invalid element, scored as zero

< - downgraded jump

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Program Component	Factor												Score			
Skating Skill	1.40			3.00	2.50	2.00	2.75	-	-	-	-	-	-	3.00	-	3.85
Transition/Linking Footwork	1.00			2.75	2.25	2.50	2.50	-	-	-	-	-	-	2.75	-	2.58
Performance/Execution	1.40			2.75	2.25	2.00	2.75	-	-	-	-	-	-	2.75	-	3.61
Choreography/Composition	0.80			3.00	2.50	2.25	2.50	-	-	-	-	-	-	2.50	-	2.00
Interpretation	1.40			2.75	2.00	2.00	2.50	-	-	-	-	-	-	2.50	-	3.26
																<b>15.30</b>

**Deductions** **0.00**



# 2010 Power Smart Manitoba Winter Games

08-03-2010 to 09-03-2010

Portage La Prairie, Mb

Competitive Level 11 Women - Free Program

Rank	Name	Region	Element Score	Prog Comp Score	Bonus	Deductions	Score
9	Brooklyn Parker	Central	21.98	14.81	0.00	0.50	36.29

Executed #	Element	Base Value	GOE	J1	J2	J3	J4									JREF	Score
1	1A+1A+S	1.28	0.00	0	0	0	0	-	-	-	-	-	-	0	-	1.28	
2	2F	1.70	-1.00	-3	-3	-3	-3	-	-	-	-	-	-	-3	-	0.70	
3	CoSp4	3.00	0.33	1	1	1	0	-	-	-	-	-	-	0	-	3.33	
4	2Lo	1.50	0.00	0	0	-1	0	-	-	-	-	-	-	0	-	1.50	
5	2S+2Lo+C	2.80	0.00	0	0	-2	0	-	-	-	-	-	-	0	-	2.80	
6	FSSp3	2.60	-0.10	-1	0	0	0	-	-	-	-	-	-	-1	-	2.50	
7	2Lz<	0.60	-0.23	-2	-3	-2	-2	-	-	-	-	-	-	-3	-	0.37	
8	SpSq3	3.10	-0.23	-1	0	0	0	-	-	-	-	-	-	-1	-	2.87	
9	2F+2T+C	3.00	-0.20	-1	-1	-1	0	-	-	-	-	-	-	0	-	2.80	
10	1T	0.40	-0.07	-1	-2	0	0	-	-	-	-	-	-	-1	-	0.33	
11	CCoSp4	3.50	0.00	0	0	0	0	-	-	-	-	-	-	0	-	3.50	
															<b>21.98</b>		

x - credit for second half, base value multiplied by 1.1

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\* - invalid element, scored as zero

< - downgraded jump

e - severe wrong take-off edge

! - slight wrong take-off edge

Program Component	Factor												JREF	Score		
Skating Skill	1.40			2.75	2.75	2.25	2.50	-	-	-	-	-	-	3.50	-	3.74
Transition/Linking Footwork	1.00			2.25	2.25	2.25	2.25	-	-	-	-	-	-	3.00	-	2.25
Performance/Execution	1.40			2.50	2.75	1.75	2.25	-	-	-	-	-	-	3.25	-	3.50
Choreography/Composition	0.80			2.50	2.75	1.75	2.50	-	-	-	-	-	-	3.00	-	2.06
Interpretation	1.40			2.50	2.50	2.00	2.00	-	-	-	-	-	-	2.75	-	3.26
															<b>14.81</b>	

**Deductions** Falls 0.50 **0.50**



# 2010 Power Smart Manitoba Winter Games

08-03-2010 to 09-03-2010

Portage La Prairie, Mb

Competitive Level 11 Women - Free Program

Rank	Name	Region	Element Score	Prog Comp Score	Bonus	Deductions	Score
10	Caitlin Ingram	Central	20.50	15.52	0.00	0.00	36.02

#	Executed Element	Base Value							GOE	J1	J2	J3	J4	JREF	Score
		Value	GOE	J1	J2	J3	J4								
1	2Lo+2Lo+C	3.00	-0.50	-2	-2	-2	-1	-	-	-	-	-	-	-	2.50
2	1Lz	0.60	-0.10	-2	-1	-1	0	-	-	-	-	-	-	-	0.50
3	CoSp3	2.50	-0.10	-1	0	0	0	-	-	-	-	-	-	-	2.40
4	2T	1.30	0.00	0	0	0	0	-	-	-	-	-	-	0	1.30
5	2F<	0.50	-0.20	-2	-2	-2	-2	-	-	-	-	-	-	-3	0.30
6	1A+1Lo+C	1.30	0.00	0	0	0	0	-	-	-	-	-	-	0	1.30
7	CCoSp4	3.50	0.00	0	0	0	-1	-	-	-	-	-	-	0	3.50
8	2S+1T+C	1.70	0.00	0	-1	0	0	-	-	-	-	-	-	0	1.70
9	2S	1.30	0.00	0	0	0	0	-	-	-	-	-	-	0	1.30
10	SpSq4	3.40	0.00	0	0	0	0	-	-	-	-	-	-	0	3.40
11	FSSp2	2.30	0.00	0	0	0	0	-	-	-	-	-	-	-1	2.30
														<b>20.50</b>	

x - credit for second half, base value multiplied by 1.1

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\* - invalid element, scored as zero

< - downgraded jump

e - severe wrong take-off edge

! - slight wrong take-off edge

Program Component	Factor	J1	J2	J3	J4	JREF	Score
Skating Skill	1.40	3.25	2.75	2.50	2.50	-	3.96
Transition/Linking Footwork	1.00	2.50	3.00	2.25	2.25	-	2.42
Performance/Execution	1.40	2.75	2.50	2.75	2.25	-	3.61
Choreography/Composition	0.80	2.75	3.00	2.50	2.50	-	2.14
Interpretation	1.40	2.50	2.25	2.50	2.00	-	3.39
							<b>15.52</b>

**Deductions** **0.00**



# 2010 Power Smart Manitoba Winter Games

08-03-2010 to 09-03-2010

Portage La Prairie, Mb

Competitive Level 11 Women - Free Program

Rank	Name	Region	Element Score	Prog Comp Score	Bonus	Deductions	Score
11	Claudia Ingram	Central	18.98	15.95	0.00	0.00	34.93

#	Executed Element	Base Value							GOE	J1	J2	J3	J4	JREF	Score
		Value	GOE	J1	J2	J3	J4								
1	2T+2T+C	2.60	-0.50	-2	-2	-2	-1	-	-	-	-	-	-	-	2.10
2	2S	1.30	0.00	0	0	0	0	-	-	-	-	-	-	0	1.30
3	CCoSp4	3.50	0.00	0	0	0	-1	-	-	-	-	-	-	0	3.50
4	2Lo+1Lo+C	2.00	0.00	0	0	0	0	-	-	-	-	-	-	0	2.00
5	1A+1A+S	1.28	0.00	0	0	0	0	-	-	-	-	-	-	0	1.28
6	2F<	0.50	-0.20	-2	-2	-2	-2	-	-	-	-	-	-	-3	0.30
7	CoSp2	2.00	0.17	1	1	0	0	-	-	-	-	-	-	0	2.17
8	1Lz	0.60	0.00	0	0	0	0	-	-	-	-	-	-	0	0.60
9	2Lo	1.50	0.00	0	0	0	0	-	-	-	-	-	-	0	1.50
10	FSSp2	2.30	-0.20	-1	0	0	-1	-	-	-	-	-	-	-1	2.10
11	SIS1	1.80	0.33	1	1	2	0	-	-	-	-	-	-	0	2.13
														<b>18.98</b>	

x - credit for second half, base value multiplied by 1.1

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\* - invalid element, scored as zero

< - downgraded jump

e - severe wrong take-off edge

! - slight wrong take-off edge

Program Component	Factor	2.75	3.00	2.50	2.50	-	-	-	-	-	-	-	3.25	-	3.85
Skating Skill	1.40														
Transition/Linking Footwork	1.00	2.75	3.25	2.25	2.25	-	-	-	-	-	-	-	2.75	-	2.58
Performance/Execution	1.40	2.50	3.00	2.00	2.25	-	-	-	-	-	-	-	3.00	-	3.61
Choreography/Composition	0.80	2.50	3.25	2.25	2.50	-	-	-	-	-	-	-	2.75	-	2.06
Interpretation	1.40	2.75	3.25	2.75	2.50	-	-	-	-	-	-	-	2.75	-	3.85
														<b>15.95</b>	

**Deductions** **0.00**



# 2010 Power Smart Manitoba Winter Games

08-03-2010 to 09-03-2010

Portage La Prairie, Mb

Competitive Level 11 Women - Free Program

Rank	Name	Region	Element Score	Prog Comp Score	Bonus	Deductions	Score
12	Jennifer Lewarne	Westman	19.23	14.22	0.00	0.00	33.45

#	Executed Element	Base Value							GOE							JREF	Score
		Value	GOE	J1	J2	J3	J4										
1	1A+1Lo+C	1.30	0.00	0	0	0	0	-	-	-	-	-	-	0	-	1.30	
2	1Lz	0.60	0.00	0	0	0	0	-	-	-	-	-	-	0	-	0.60	
3	2F	1.70	-0.40	-2	-2	-1	-1	-	-	-	-	-	-	-1	-	1.30	
4	CCoSp4	3.50	0.00	0	0	0	0	-	-	-	-	-	-	-1	-	3.50	
5	SpSq4	3.40	0.33	0	0	1	1	-	-	-	-	-	-	0	-	3.73	
6	2Lo+2T<+C	1.90	-0.30	-1	-2	-1	0	-	-	-	-	-	-	-1	-	1.60	
7	1F+1T+C	0.90	0.00	0	-1	0	0	-	-	-	-	-	-	0	-	0.90	
8	CoSp3	2.50	0.00	0	-1	0	0	-	-	-	-	-	-	0	-	2.50	
9	1Lo	0.50	0.00	0	-1	0	0	-	-	-	-	-	-	0	-	0.50	
10	2S	1.30	0.00	0	0	0	0	-	-	-	-	-	-	0	-	1.30	
11	FSSp2	2.30	-0.30	-2	0	-2	0	-	-	-	-	-	-	-1	-	2.00	
															<b>19.23</b>		

x - credit for second half, base value multiplied by 1.1

d - D1,D2,D3 & D4 represents deduction in base value for missing requirement

\* - invalid element, scored as zero

< - downgraded jump

e - severe wrong take-off edge

! - slight wrong take-off edge

Program Component	Factor														
Skating Skill	1.40		2.75	2.75	2.25	2.50	-	-	-	-	-	-	3.25	-	3.74
Transition/Linking Footwork	1.00		2.75	2.50	1.75	2.25	-	-	-	-	-	-	2.50	-	2.42
Performance/Execution	1.40		2.75	2.00	1.50	2.25	-	-	-	-	-	-	2.50	-	3.15
Choreography/Composition	0.80		2.50	2.50	2.25	2.50	-	-	-	-	-	-	2.75	-	2.00
Interpretation	1.40		2.50	2.00	2.00	2.00	-	-	-	-	-	-	2.25	-	2.91
															<b>14.22</b>

**Deductions** **0.00**



# 2010 Power Smart Manitoba Winter Games

08-03-2010 to 09-03-2010

Portage La Prairie, Mb

Competitive Level 11 Women - Free Program

Rank	Name	Region	Element Score	Prog Comp Score	Bonus	Deductions	Score
13	Julie Hechler	Westman	19.53	13.66	0.00	0.50	32.69

Executed #	Element	Base Value	GOE	J1	J2	J3	J4									JREF	Score
1	CoSp4	3.00	0.00	1	0	0	0	-	-	-	-	-	-	0	-	3.00	
2	2F+1T+C	2.10	-0.60	-2	-2	-2	-2	-	-	-	-	-	-	-1	-	1.50	
3	1Lz	0.60	0.00	0	0	1	0	-	-	-	-	-	-	0	-	0.60	
4	1A	0.80	0.00	0	0	0	0	-	-	-	-	-	-	0	-	0.80	
5	2S+1Lo+C	1.80	0.00	0	0	0	0	-	-	-	-	-	-	0	-	1.80	
6	FSSp3	2.60	0.00	0	0	0	-1	-	-	-	-	-	-	0	-	2.60	
7	SpSq4	3.40	0.33	0	0	1	1	-	-	-	-	-	-	0	-	3.73	
8	1Lz+1T+C	1.00	0.00	0	0	0	0	-	-	-	-	-	-	0	-	1.00	
9	2F	1.70	-1.00	-3	-3	-3	-3	-	-	-	-	-	-	-3	-	0.70	
10	2T	1.30	0.00	0	0	0	0	-	-	-	-	-	-	0	-	1.30	
11	CCoSp2	2.50	0.00	0	0	0	0	-	-	-	-	-	-	-1	-	2.50	
															<b>19.53</b>		

x - credit for second half, base value multiplied by 1.1

d - D1,D2,D3 & D4 represents deduction in base value for missing requirement

\* - invalid element, scored as zero

< - downgraded jump

e - severe wrong take-off edge

! - slight wrong take-off edge

Program Component	Factor												JREF	Score		
Skating Skill	1.40			2.75	2.50	2.50	2.50	-	-	-	-	-	-	3.00	-	3.61
Transition/Linking Footwork	1.00			2.50	2.25	2.00	1.75	-	-	-	-	-	-	2.50	-	2.25
Performance/Execution	1.40			2.50	2.25	2.25	1.75	-	-	-	-	-	-	2.50	-	3.26
Choreography/Composition	0.80			2.75	2.00	2.00	2.00	-	-	-	-	-	-	2.50	-	1.74
Interpretation	1.40			2.25	2.00	1.75	1.75	-	-	-	-	-	-	2.25	-	2.80
															<b>13.66</b>	

**Deductions** Falls 0.50 **0.50**



# 2010 Power Smart Manitoba Winter Games

08-03-2010 to 09-03-2010

Portage La Prairie, Mb

Competitive Level 11 Women - Free Program

Rank	Name	Region	Element Score	Prog Comp Score	Bonus	Deductions	Score
14	Jaime Wong	Winnipeg Blue	15.60	17.51	0.00	0.50	32.61

#	Executed Element	Base							JREF	Score					
		Value	GOE	J1	J2	J3	J4								
1	2T+1A+S	1.68	-0.30	-1	-2	-1	0	-	-	-	-	-	-	-	1.38
2	FSSp1	2.00	-0.20	-1	-1	-1	0	-	-	-	-	-	-	-	1.80
3	2Lz	1.90	-0.60	-2	-2	-2	-2	-	-	-	-	-	-	-	1.30
4	2S+2Lo<+C	1.80	-0.60	-2	-2	-2	-2	-	-	-	-	-	-	-	1.20
5	2Lz+S	1.52	-0.60	-3	-2	-1	-2	-	-	-	-	-	-	-	0.92
6	CCoSp3	3.00	0.00	0	0	1	0	-	-	-	-	-	-	-	3.00
7	SpSq3	3.10	0.00	0	0	1	0	-	-	-	-	-	-	-	3.10
8	2F	1.70	-1.00	-3	-3	-3	-3	-	-	-	-	-	-	-	0.70
9	2Lo+1T+C	-	-	-	-	-	-	-	-	-	-	-	-	-	* 0.00
10	1A	0.80	0.00	0	0	0	0	-	-	-	-	-	-	-	0.80
11	CoSp1	1.70	-0.30	-1	-1	-1	-2	-	-	-	-	-	-	-	1.40
														<b>15.60</b>	

x - credit for second half, base value multiplied by 1.1

d - D1,D2,D3 & D4 represents deduction in base value for missing requirement

\* - invalid element, scored as zero

< - downgraded jump

e - severe wrong take-off edge

! - slight wrong take-off edge

Program Component	Factor														
Skating Skill	1.40		3.25	3.50	2.75	2.75	-	-	-	-	-	-	3.75	-	4.44
Transition/Linking Footwork	1.00		3.00	3.00	2.75	2.50	-	-	-	-	-	-	3.25	-	2.92
Performance/Execution	1.40		2.75	2.75	2.25	2.00	-	-	-	-	-	-	3.50	-	3.61
Choreography/Composition	0.80		3.00	3.25	2.00	2.50	-	-	-	-	-	-	3.50	-	2.34
Interpretation	1.40		3.50	3.00	2.50	2.50	-	-	-	-	-	-	3.75	-	4.20
														<b>17.51</b>	

**Deductions** Falls 0.50 **0.50**



# 2010 Power Smart Manitoba Winter Games

08-03-2010 to 09-03-2010

Portage La Prairie, Mb  
**Competitive Level 11 Women - Free Program**

Rank	Name	Region	Element Score	Prog Comp Score	Bonus	Deductions	Score
15	Ally Doherty	Westman	17.77	13.72	0.00	0.50	30.99

#	Executed Element	Base							JREF	Score				
		Value	GOE	J1	J2	J3	J4							
1	2F<+2T<+C	0.90	-0.30	-3	-3	-3	-2	-	-	-	-	-	-	0.60
2	2Lz<	0.60	-0.13	-1	-1	-1	-2	-	-	-	-	-	-	0.47
3	FSSp3	2.60	-0.20	-1	-1	0	0	-	-	-	-	-	-	2.40
4	SpSq3	3.10	-0.70	-1	-1	-1	-1	-	-	-	-	-	-	2.40
5	1A	0.80	0.00	0	0	-1	0	-	-	-	-	-	-	0.80
6	CCoSp4	3.50	0.00	0	0	0	-1	-	-	-	-	-	-	3.50
7	2Lo	1.50	0.00	0	0	0	0	-	-	-	-	-	-	1.50
8	2Lz+1T+C	2.30	-0.60	-2	-2	-2	-2	-	-	-	-	-	-	1.70
9	2S	1.30	-0.60	-2	-2	-1	-2	-	-	-	-	-	-	0.70
10	2S+2Lo<+C	1.80	-0.60	-2	-2	-2	-2	-	-	-	-	-	-	1.20
11	CoSp3	2.50	0.00	0	0	-1	0	-	-	-	-	-	-	2.50
											<b>17.77</b>			

x - credit for second half, base value multiplied by 1.1

d - D1,D2,D3 & D4 represents deduction in base value for missing requirement

\* - invalid element, scored as zero  
 < - downgraded jump

e - severe wrong take-off edge  
 ! - slight wrong take-off edge

Program Component	Factor													
Skating Skill	1.40		2.50	2.50	2.25	2.50	-	-	-	-	-	-	2.75	3.50
Transition/Linking Footwork	1.00		2.25	2.50	1.75	2.25	-	-	-	-	-	-	2.50	2.33
Performance/Execution	1.40		2.25	2.25	1.75	1.75	-	-	-	-	-	-	2.75	2.91
Choreography/Composition	0.80		2.50	2.50	2.00	2.25	-	-	-	-	-	-	2.50	1.94
Interpretation	1.40		2.25	2.25	1.75	2.00	-	-	-	-	-	-	2.25	3.04
														<b>13.72</b>

**Deductions** Falls 0.50 **0.50**



# 2010 Power Smart Manitoba Winter Games

08-03-2010 to 09-03-2010

Portage La Prairie, Mb

Competitive Level 11 Women - Free Program

Rank	Name	Region	Element Score	Prog Comp Score	Bonus	Deductions	Score
16	Caitlin Wilkinson	Parkland	17.28	12.36	0.00	0.00	29.64

#	Executed Element	Base Value							GOE	J1	J2	J3	J4	JREF	Score
		Value	GOE	J1	J2	J3	J4	JREF							
1	2T	1.30	0.00	0	0	0	0	-	-	-	-	-	-	0	1.30
2	2S+2T+C	2.60	0.00	0	0	0	0	-	-	-	-	-	-	0	2.60
3	1Lz	0.60	0.00	0	0	-1	0	-	-	-	-	-	-	0	0.60
4	CoSp1	1.70	0.00	0	0	0	0	-	-	-	-	-	-	0	1.70
5	SpSq1	1.80	0.00	0	0	0	-1	-	-	-	-	-	-	0	1.80
6	2Lo+1T+C	1.90	-0.10	-1	-1	0	0	-	-	-	-	-	-	0	1.80
7	CCoSp2	2.50	0.00	0	-1	0	0	-	-	-	-	-	-	0	2.50
8	1A+1A+S	1.28	0.00	0	0	0	0	-	-	-	-	-	-	-1	1.28
9	1Lo	0.50	-0.20	-2	-2	-3	0	-	-	-	-	-	-	-2	0.30
10	2S	1.30	-0.20	-1	-1	0	0	-	-	-	-	-	-	-1	1.10
11	FSSp2	2.30	0.00	0	0	0	0	-	-	-	-	-	-	0	2.30
														<b>17.28</b>	

x - credit for second half, base value multiplied by 1.1

d - D1,D2,D3 & D4 represents deduction in base value for missing requirement

\* - invalid element, scored as zero

< - downgraded jump

e - severe wrong take-off edge

! - slight wrong take-off edge

Program Component	Factor	J1	J2	J3	J4	JREF	Score
Skating Skill	1.40	2.25	2.25	2.00	2.25	-	3.15
Transition/Linking Footwork	1.00	2.00	2.25	1.75	1.75	-	2.00
Performance/Execution	1.40	2.00	2.00	1.75	2.25	-	2.91
Choreography/Composition	0.80	2.25	2.00	2.00	2.25	-	1.74
Interpretation	1.40	1.75	2.00	1.25	1.75	-	2.56
							<b>12.36</b>

**Deductions** **0.00**



# 2010 Power Smart Manitoba Winter Games

08-03-2010 to 09-03-2010

Portage La Prairie, Mb

Competitive Level 11 Women - Free Program

Rank	Name	Region	Element Score	Prog Comp Score	Bonus	Deductions	Score
17	Marian Juce	Westman	14.74	13.67	0.00	0.00	28.41

#	Executed Element	Base Value						GOE	J1	J2	J3	J4	JREF	Score
		Value	GOE	J1	J2	J3	J4							
1	CCoSp4	3.50	0.17	0	1	1	-1	-	-	-	-	-	0	3.67
2	2S	1.30	-0.60	-2	-2	-2	-2	-	-	-	-	-	-2	0.70
3	1Lz	0.60	0.00	0	0	0	0	-	-	-	-	-	0	0.60
4	1F	0.50	0.00	0	0	0	0	-	-	-	-	-	0	0.50
5	1A+1A<+S	0.64	-0.40	-2	-2	-2	-2	-	-	-	-	-	-3	0.24
6	CoSp2	2.00	0.00	1	0	0	0	-	-	-	-	-	0	2.00
7	2S+S	1.04	-0.60	-1	-2	-2	-2	-	-	-	-	-	-2	0.44
8	SpSq4	3.40	0.00	0	0	0	0	-	-	-	-	-	0	3.40
9	1T+S	0.32	-0.03	0	-2	-1	0	-	-	-	-	-	0	0.29
10	2Lo	1.50	-0.60	-2	-2	-1	-2	-	-	-	-	-	-2	0.90
11	FSSp1	2.00	0.00	0	0	0	-1	-	-	-	-	-	0	2.00
12	.	-	-	-	-	-	-	-	-	-	-	-	-	* 0.00
													<b>14.74</b>	

x - credit for second half, base value multiplied by 1.1

d - D1,D2,D3 & D4 represents deduction in base value for missing requirement

\* - invalid element, scored as zero

< - downgraded jump

e - severe wrong take-off edge

! - slight wrong take-off edge

Program Component	Factor	2.50	3.00	2.25	2.50	-	-	-	-	-	-	-	3.25	-	3.74
Skating Skill	1.40														
Transition/Linking Footwork	1.00	2.00	2.25	2.50	1.75	-	-	-	-	-	-	-	2.50	-	2.25
Performance/Execution	1.40	2.25	2.00	2.00	2.00	-	-	-	-	-	-	-	2.50	-	2.91
Choreography/Composition	0.80	2.25	2.25	1.75	2.50	-	-	-	-	-	-	-	2.75	-	1.86
Interpretation	1.40	2.00	2.00	2.25	2.00	-	-	-	-	-	-	-	2.50	-	2.91
															<b>13.67</b>

**Deductions** **0.00**



# 2010 Power Smart Manitoba Winter Games

08-03-2010 to 09-03-2010

Portage La Prairie, Mb

Competitive Level 11 Women - Free Program

Rank	Name	Region	Element Score	Prog Comp Score	Bonus	Deductions	Score
18	Janelle Hill	Winnipeg Blue	14.87	13.24	0.00	1.00	27.11

#	Executed Element	Base						JREF						Score			
		Value	GOE	J1	J2	J3	J4										
1	2S+1T+C	1.70	0.00	0	0	0	0	-	-	-	-	-	-	0	-	1.70	
2	2F+1T+C	2.10	-0.10	0	-1	0	0	-	-	-	-	-	-	-1	-	2.00	
3	CCoSp3	3.00	0.17	0	0	1	1	-	-	-	-	-	-	0	-	3.17	
4	SpSq3	3.10	0.00	0	0	-1	0	-	-	-	-	-	-	0	-	3.10	
5	1A	0.80	0.00	0	-1	0	0	-	-	-	-	-	-	0	-	0.80	
6	1Lz+2Lo<+C	1.10	-0.20	-2	-2	-2	-2	-	-	-	-	-	-	-2	-	0.90	
7	2Lo	1.50	-1.00	-3	-3	-3	-3	-	-	-	-	-	-	-3	-	0.50	
8	FSSp	0.00	0.00	-1	0	-1	-1	-	-	-	-	-	-	-2	-	0.00	
9	2F	1.70	-1.00	-3	-3	-3	-3	-	-	-	-	-	-	-3	-	0.70	
10	2S+2T+C	-	-	-	-	-	-	-	-	-	-	-	-	-	-	*	0.00
11	CoSp2	2.00	0.00	0	0	0	0	-	-	-	-	-	-	0	-	2.00	
															<b>14.87</b>		

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\* - invalid element, scored as zero

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Program Component	Factor														
Skating Skill	1.40		2.50	2.25	2.00	2.50	-	-	-	-	-	-	3.25	-	3.39
Transition/Linking Footwork	1.00		2.25	2.25	1.75	2.25	-	-	-	-	-	-	2.50	-	2.25
Performance/Execution	1.40		2.00	2.00	2.00	1.75	-	-	-	-	-	-	2.75	-	2.80
Choreography/Composition	0.80		2.50	2.50	2.00	2.50	-	-	-	-	-	-	2.50	-	2.00
Interpretation	1.40		2.25	2.00	1.50	1.75	-	-	-	-	-	-	2.25	-	2.80
															<b>13.24</b>

### Deductions

Falls 1.00 1.00



# 2010 Power Smart Manitoba Winter Games

08-03-2010 to 09-03-2010

Portage La Prairie, Mb

Competitive Level 11 Women - Free Program

Rank	Name	Region	Element Score	Prog Comp Score	Bonus	Deductions	Score
19	Elyssa Williamson	Westman	15.07	13.18	0.00	2.00	26.25

#	Executed Element	Base Value							GOE	J1	J2	J3	J4	JREF	Score
		Value	GOE	J1	J2	J3	J4								
1	2Lo	1.50	-1.00	-3	-3	-3	-3	-	-	-	-	-	-	-3	0.50
2	1Lz	0.60	0.00	0	-1	1	0	-	-	-	-	-	-	0	0.60
3	2S+1Lo+C	1.80	-0.40	-2	-2	-1	-1	-	-	-	-	-	-	-1	1.40
4	CCoSp4	3.50	0.00	-1	0	0	0	-	-	-	-	-	-	0	3.50
5	SpSq2	2.30	0.17	0	1	1	0	-	-	-	-	-	-	0	2.47
6	1A	0.80	-0.50	-3	-3	-3	-3	-	-	-	-	-	-	-3	0.30
7	FSSp3	2.60	-0.23	-1	-1	-	0	-	-	-	-	-	-	-1	2.37
8	2F	1.70	-0.87	-2	-3	-3	-3	-	-	-	-	-	-	-2	0.83
9	2S	1.30	-1.00	-3	-3	-3	-3	-	-	-	-	-	-	-3	0.30
10	2T	1.30	-1.00	-3	-3	-3	-3	-	-	-	-	-	-	-3	0.30
11	CoSp3	2.50	0.00	0	0	0	0	-	-	-	-	-	-	0	2.50
														<b>15.07</b>	

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! - slight wrong take-off edge

Program Component	Factor	J1	J2	J3	J4	JREF	Score
Skating Skill	1.40	2.50	3.00	2.00	2.50	-	3.74
Transition/Linking Footwork	1.00	2.00	2.25	2.25	2.25	-	2.25
Performance/Execution	1.40	2.00	2.00	1.50	1.50	-	2.56
Choreography/Composition	0.80	2.50	2.75	2.25	2.25	-	1.94
Interpretation	1.40	2.00	2.00	1.50	1.75	-	2.69
							<b>13.18</b>

**Deductions**

Falls 2.00 2.00



# 2010 Power Smart Manitoba Winter Games

08-03-2010 to 09-03-2010

Portage La Prairie, Mb

Competitive Level 11 Women - Free Program

Rank	Name	Region	Element Score	Prog Comp Score	Bonus	Deductions	Score
20	Sarah Antymniuk	Winnipeg Gold	13.60	13.09	0.00	0.50	26.19

#	Executed Element	Base						JREF	Score
		Value	GOE	J1	J2	J3	J4		
1	2Lo	1.50	0.00	0	0	0	0	1.50	
2	2F+2T+C	3.00	-0.30	-1	-1	-1	-1	2.70	
3	CCoSp2	2.50	-0.10	0	0	0	-1	2.40	
4	SIS1	1.80	0.00	0	0	0	0	1.80	
5	1A	0.80	0.00	0	0	0	0	0.80	
6	2T	1.30	0.00	0	0	0	0	1.30	
7	2Lz+1Lo+2Lo<+C	e	-	-	-	-	-	* 0.00	
8	FSSp	0.00	0.00	-2	-1	-1	0	0.00	
9	2S	1.30	0.00	0	0	0	0	1.30	
10	2F<	0.50	-0.20	-2	-2	-2	-2	0.30	
11	LSp1	1.50	0.00	0	0	0	-1	1.50	
								<b>13.60</b>	

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! - slight wrong take-off edge

Program Component	Factor	J1	J2	J3	J4	JREF	Score
Skating Skill	1.40	2.50	2.50	2.25	2.50	-	3.50
Transition/Linking Footwork	1.00	1.75	2.25	1.50	2.25	-	2.08
Performance/Execution	1.40	2.00	2.00	2.00	2.25	-	2.91
Choreography/Composition	0.80	2.25	2.25	1.75	2.50	-	1.80
Interpretation	1.40	1.75	2.00	1.50	2.25	-	2.80
							<b>13.09</b>

**Deductions** Falls 0.50 **0.50**