

Stony Mountain Figure Skating Competition

March 26, 27 and 28th, 2010

*The Stony Mountain Skating Club invites your participation in the
20th Stony Mountain "On Ice" Recreational Skating Competition*

"20 ROARING YEARS"

*****DUE TO INCREASING REGISTRATION NUMBERS "STONY ON ICE" MAY NOT BE ABLE TO ACCEPT ENTRIES ONCE THE COMPETITION REACHES CAPACITY.**

All entries will be treated on a first come first serve basis.

ELIGIBILITY: Entries must be eligible skaters as defined in Section 2200 of the Skate Canada Rule book and be Associate Members of the association - Skate Canada Rule 5503.

**Skaters competing in Pre Novice Level or higher at the 2010 Bank of Montreal Sectional Figure Skating Championships are not eligible to enter. Skaters qualifying to skate in the 2010 Manitoba Star Skate Championships (or other Section equivalent) may only enter in Open Free skate events, and any other non-Free skate events.

Skaters may compete in as many events as qualified by their test level as of Feb. 1, 2010. Skaters may skate up, but may compete in only one level of a given event.

Coaches

Coaches must be NCCP Level 1 certified, hold a valid First Aid Certificate, and must be registered professional coaching members in good standing with Skate Canada. Coaches must carry a valid Coach Photo ID card to be permitted to coach at any event. Coaches failing to provide the proper Coach Photo ID will be charged admission to the event and will not be permitted into any restricted or designated Coaching areas.

ENTRIES: **Must be postmarked no later than FEBRUARY 14th, 2010**. Please make cheques or money orders payable to **Stony Mountain On Ice** (Post dated cheques will not be accepted) The entry fee of \$35.00 for the first single event, \$15.00 for each additional event and \$40.00 per team must accompany the completed application. All refunds will require a written medical note from a doctor dated no later than March 31, 2010. Entries are accepted on a first come basis.

REGISTRATION: The registration desk will be open **one hour** prior to the start of the first event each day and will remain open throughout the competition. ALL Skaters must register one hour prior to EACH of their scheduled events in order that they may be accounted for. Failure to register prior to EACH event may result in disqualification for that event.

All Events are flighted according to age. **Marking to be closed (top three placing to be posted). Individual and complete Protocols will not be for sale. Results to be calculated with one by one (OBO) method of calculation. Schedules will be mailed out prior to the competition and will be available online at the Skate Manitoba Website.

FACILITIES: Stony Mountain Recreation Center
School Road, Stony Mountain

Ice surface dimensions:
84.5 X 199.5 ft.

**** Admission \$2.00 (Children under 5 and Registered Skaters free)**

****Programs \$2.00**

INQUIRIES:

Competition Chairperson

Sid Nernberg
338-7413

snernberg@shaw.ca

Registration Chairperson

Danielle Jackson
661-3208

stonysk8ermom@live.com

SKATE CANADA – MANITOBA
SANCTIONED

MAILING ADDRESS:

Stony Mountain On Ice
Box 209
Stony Mountain MB,
R0C 3A0

*****MUSIC*****

- 1: Each skater must provide **TWO** cassettes/CD's for the competition upon registration. One clearly marked "Master", one for backup marked "Copy".
 - 2: Ensure tapes are **REWOUND** to start of music,
 - 3: **TAPES MUST BE LABELED:** Competitors name followed by music time (not skating time) shall be clearly printed on side one of cassette/CD, **recorded side.**
 - 4: Cassette must be enclosed in its integral container
 - 5: **Only one program is to be recorded on cassette/CD.**
 - 6: Music shall be recorded on both left and right channels in monaural mode simultaneously.
 - 7: The start of the music shall be recorded a maximum of 3 seconds following the leader.
 - 8: Music recording levels shall be a maximum of 0VU and a minimum of -8VU.
- All music used must be in the public domain or covered by the performing rights societies. Competitors who have music composed especially for their program either wholly or in part, shall be responsible for obtaining a written release from the composer for the use of such music on radio or television or appropriate clearance from the performing rights societies.

*****Camera Policy*****

Flash photography is not permitted. Skate Canada Manitoba restricts the use of cameras and video equipment during Skate Canada sanctioned events out of respect for the safety and to protect the privacy of competing athletes.

Spectators are permitted to use cameras at the event for personal use only and are subject to the following conditions. Anyone who does not abide by these rules risks having their camera confiscated by authorized personnel.

- No flash photography is allowed
- Camera lens must not be larger than 200mm in order to avoid obstructing the view of other spectators
- Any resale of photography or posting photos on websites is strictly prohibited
- Video camera's can only be used by the parent(s) of their own skater during their performance

Coaches are only permitted to video tape their own skater from the boards during that skater's practice or performance. Coaches can not video tape from the spectator area
Stony On Ice has an Official Photographer on site for your convenience.

INTERPRETIVE EVENT**MUSIC: SKATERS CHOICE**

The Interpretive program consists of a variety of skating moves selected for their value in enhancing the skater's interpretation of the music rather than for their technical difficulty. Jumps may be included, but credit will not be given for their technical difficulty. Credit for jumps and spins is based solely on the chosen theme, not merely a collection of pleasing or spectacular moves assembled to entertain an audience (exhibition/show program).

Although creative movement usually has a theme as a starting point, each movement need not be part of a coherent "story line". Movement expresses in aesthetic form the drives, desires, and reactions of alive human beings. It does not involve animals, fairies, ghosts or toys come to life, except as they might exist in the mind of the skater.

While many programs will, undoubtedly, reflect known themes from past ballet, opera, operetta or musical productions of the stage or screen, skaters should be encouraged to move beyond these to explore more original and personal concepts. Skaters choosing an unknown theme shall be rewarded. Programs might explore designs in abstract movement suggested by selected sound patterns, moods, or concepts.

Skaters **MUST** submit, prior to competition, a brief statement of the chosen theme. It is to be no more than 70 characters in length.

Pre-Introductory Interpretive

-Test: Must not have passed any Skate Canada Interpretive Skating Test

Introductory Interpretive

-Test: Must have passed the Introductory Interpretive test but no higher

Bronze Interpretive

-Test: Must have passed the Bronze Interpretive test but no higher

Silver Interpretive

-Test: Must have passed the Silver Interpretive test but no higher

Gold Interpretive

-Test: Must have passes the Gold Interpretive test

-Specifications for all above events: One Interpretive program of 2.0 to 3.0 minutes (+ or – 10 seconds) in length.

SINGLES FREESKATE (Tests passed are complete Free skate tests)

FREESKATE:

Skaters who did not qualify to skate at the 2010 “Manitoba Star Skate” Championships (or other Section equivalent)

OPEN FREESKATE:

Skaters who did qualify to skate at the 2010 “Manitoba Star Skate” Championships (or other Section equivalent)

PRE-ENTRY LEVEL and ENTRY LEVEL-Jumps must be no higher than a loop jump (this means no flip, lutz, or axel)

<u>Category</u>	<u>Tests Level</u>	<u>Program Time</u>
PRE-ENTRY LEVEL	No Free skate, skills or dance test passed	1.5 minutes
ENTRY LEVEL	No <u>complete</u> set of tests passed	1.5 minutes
PRE-PRELIMINARY	May not have passed the complete preliminary free skate test	1.5 minutes
PRELIMINARY	Preliminary Free skate No Higher	2.0 minutes
JUNIOR BRONZE	Junior Bronze Free skate No Higher	2.5 minutes
SENIOR BRONZE	Senior Bronze Free skate No Higher	3.0 minutes
INTERMEDIATE	Junior Silver Free skate No Higher	3.0 minutes

SPIN EVENT

*Spins shall be skated in a simple program with no extra or repeated elements. Connecting moves may include short sequences of footwork such as threes, brackets, rockers, etc. and/or spirals, spread eagles, ina bauers. Connecting moves are for the sole purpose of maneuvering between spins and will not be judged. *All events could be of mixed gender*

*All levels will use half of the ice surface.

*Skating time for all levels will be 1.5 minutes.

*No music allowed

***Eligibility is the same as for Free Skating Events.**

Junior Silver Spins

-Flying Spin of the skater’s choice (minimum of 4 revolutions)

-Combination Spin with one change of foot and at least two changes of position (minimum of 4 revolutions on each foot)

-Camel Change Camel (minimum 4 revolutions on each foot)

Senior Bronze Spins

-Flying Spin of the skater’s choice (minimum of 3 revolutions)

-Combination Spin with one change of foot and at least one change of position (minimum of 4 revolutions on each foot)

-Camel Change Camel (minimum of 3 revolutions on each foot)

Junior Bronze Spins

-Flying Camel (minimum of 3 revolutions)

-Combination Spin with one change of foot and at least one change of position (minimum of 3 revolutions on each foot)

-Sit Change Sit (minimum of 3 revolutions on each foot)

Preliminary Spins

-Combination Spin with one change of foot and at least one change of position (minimum of 3 revolutions on each position)

-Sit Change Sit (minimum of 2 revolutions on each position)

-Camel or Layback Spin (minimum of 2 revolutions)

Pre-Preliminary Spins

-Camel, Layback, or Back Spin (minimum of 2 revolutions)

-Sit spin (minimum of 2 revolutions)

-Forward one foot Spin change to backward one foot spin (minimum of 2 revolutions on each foot)

- IMPROV EVENT**MUSIC SELECTED AND PROVIDED BY COMPETITION COMMITTEE.**

Eligibility by test level is the SAME as Free skating event.

Appropriate skating attire to be worn, no costumes.

The accent for this event is on fun rather than technique. The events are judged for interpretation of the music. Skaters competing will hear the music 3 times prior to competing. Skaters are not allowed to watch the skaters in their event prior to competing. No coaching is allowed for this event.

PRE-PRELIMINARY / PRELIMINARY / JUNIOR BRONZE / SENIOR BRONZE - 1 Minute
INTERMEDIATE 1.5 minutes

COMPULSORY ELEMENTS/SHORT PROGRAMS

- A program consisting of required elements will be skated to music (Except as noted below). Elements may be skated in any order using connecting steps, strong edges and flow. • Music must not exceed the allotted time, however may be less provided the skater has completed all of the required elements. • Deductions will be taken for any added or repeated elements. Elements must have an opening and ending pose. *All events could be of mixed gender*
- Eligibility for Events is the same as for Free Skating Events.

PRE-ENTRY LEVEL NO MUSIC 1 minute 1/2 ICE	<ol style="list-style-type: none"> 1. Waltz Jump 2. Bunny Hop 3. Forward One Foot Spin (minimum of 2 revolutions) 4. Forward Spiral (foot & edge optional (inside or outside), no blade hold) 5. Forward Drag
ENTRY LEVEL NO MUSIC 1:15 minutes 1/2 ICE	<ol style="list-style-type: none"> 1. Jump combination (Toe Loop/Toe Loop) 2. Salchow 3. Forward One Foot Spin (minimum of 2 revolutions in basic position. No variation of basic position.) 4. Forward Spiral (foot & edge optional (inside or outside), No variation of basic position.) 5. Sit Spin (minimum 2 rotations in basic position. No change of foot or variations of basic position)
PRE-PRELIMINARY NO MUSIC 1:15 minutes ½ ICE	<ol style="list-style-type: none"> 1. Loop Jump 2. Jump Combination – Flip/ Toe Loop 3. Forward One Foot Spin (minimum of 2 revolutions) 4. Sit Spin (minimum of 2 revolutions) 5. Forward Spiral (foot & edge optional, no blade hold)
PRELIMINARY NO MUSIC 1:30 minutes	<ol style="list-style-type: none"> 1. Lutz jump 2. Jump Combination – 2 Jumps, one of which may be a double 3. Sit Spin (minimum 2 revolutions) 4. Camel Spin (minimum 2 revolutions) 5. Forward Spiral on left and right foot (may be performed separately or in sequence - no variation of basic spiral position allowed)
JUNIOR BRONZE MUSIC 2:00 minutes FULL ICE	<ol style="list-style-type: none"> 1. Axel Jump 2. Single or Double jump of skater's choice 3. Jump Combination – 2 jumps, one of which may be a double 4. Combination Spin – Camel Spin/Sit Spin (minimum of 2 revolutions per position and must not commence with a flying start) 5. Flying Camel Spin (minimum 2 revolutions) 6. One (1) Spiral on each foot in sequence (edge and direction optional) 7. Footwork Sequence (any pattern using full ice surface)
SENIOR BRONZE MUSIC 2:15 minutes FULL ICE	<ol style="list-style-type: none"> 1. Axel Jump 2. Any Double Jump 3. Jump Combination (2 jumps including at least one double jump) 4. Any Flying Spin (minimum of 3 revolutions in the required position) 5. Combination Spin (minimum 3 revolutions on each foot – 1 change of foot allowed – minimum of 2 changes of position and must not commence with a flying start) 6. Combination of 3 field moves in sequence (must include at least one spiral) 7. Footwork Sequence (any pattern using full ice surface)
JUNIOR SILVER, SENIOR SILVER AND GOLD COMBINED MUSIC 2:40 minutes FULL ICE	<ol style="list-style-type: none"> 1. Axel Jump 2. Any Double Jump 3. Jump Combination – any single of double jump followed by a double jump 4. Any Flying Spin (minimum of 4 revolutions in the required position) 5. Combination Spin (minimum of 5 revolutions on each foot – 1 change of foot allowed – minimum of 2 changes of position and must not commence with a flying start) 6. Combination of 3 field moves in sequence 7. Footwork Sequence (any pattern using the full ice surface)

MANEUVER TEAM EVENT

ENTRY FEE: \$40.00

Each team will consist of four skaters and may be mixed male and female. The team **MUST** skate at the highest level of Freeskate achieved by any member of the team. Each team member will execute one element and will have only one chance to execute it. A skater may skate on only ONE team. No alternates permitted. If a skater is unable to compete due to illness or injury, another team member may skate the element with proper notice to the referee of the event.

Eligibility by test levels is the same as for FREE SKATE EVENTS.

During the first minute of warm up for the event skaters will be allowed stroking only, NO JUMPS OR SPINS will be allowed. The announcer will then instruct teams individual elements to warm up.

CANSKATE	1. Backward Skating (minimum 8 pushes).
8 AND UNDER	2. Two foot spin.
<u>(NO S.C. TESTS)</u>	3. Two foot Jump gliding forward
	4. Forward Snowplow or Forward ½ Snowplow stop
PRE-ENTRY LEVEL & ENTRY LEVEL	1. Forward Spiral /Drag
COMBINED	2. Toe Loop
	3. Waltz jump
	4. One foot spin, minimum 3 rotations
PRE-PRELIMINARY	1. Forward Spiral on an edge (edge optional)
	2. Sit Spin (2 revolutions)
	3. Salchow, Toe Loop
	4. Loop jump
PRELIMINARY	1. Camel/Sit Spin (2 revolutions)
	2. Lutz
	3. Flip/Loop
	4. Field movement of skater's choice
	5. Team group field movement All four members must be joined. (Be creative)
JUNIOR BRONZE	1. Axel (as many as you can do in a row)
	2. Flying Camel (minimum of 3 revolutions)
	3. Lutz/Loop
	4. Split Jump
	5. Team group field movement All four members must be joined. (Be creative)
SENIOR BRONZE	1. Double Salchow
	2. Jump Combination (including at least one double)
	3. Flying Spin
	4. Spiral Sequence
	5. Team group field movement All four members must be joined. (Be creative)
INTERMEDIATE TEAM	1. Double Toe Loop
	2. Flying Spin
	3. Jump Combination (including at least one double)
	4. Spiral Sequence (minimum 3)
	5. Team group field movement All four members must be joined. (Be creative)

Stony Mountain On Ice
Box 209, Stony Mtn.
Manitoba, R0C 3A0

Stony Mountain On Ice ***March 26, 27, 28th, 2010*** **Team Registration**

FEE: \$40.00 PER TEAM. Cheques payable to: **Stony Mountain On Ice** Entry Deadline - February 14th, 2010
INCOMPLETE REGISTRATIONS WILL NOT BE ACCEPTED.

****The TEAM CONTACT is the person to whom the event schedule will be sent, please be sure to fill in legibly & completely.**

TEAM NAME: _____

TEAM CONTACT PERSON: _____

STREET/BOX _____

CITY _____ POSTAL CODE _____ HOME PHONE _____

PLEASE CHECK EVENT:

- CANSKATE ENTRY LEVEL PRE-PRELIMINARY PRELIMINARY
 JUNIOR BRONZE SENIOR BRONZE INTERMEDIATE

SKATER #1 _____ SEX _____

S.C.# _____ HOME CLUB: _____

AGE _____ BIRTHDATE: MONTH _____ DAY _____ YEAR _____ PHONE# _____

HIGHEST TEST PASSED: SKILLS _____ FREESKATE _____ DANCE _____

SKATER #2 _____ SEX _____

S.C.# _____ HOME CLUB: _____

AGE _____ BIRTHDATE: MONTH _____ DAY _____ YEAR _____ PHONE# _____

HIGHEST TEST PASSED: SKILLS _____ FREESKATE _____ DANCE _____

SKATER #3 _____ SEX _____

S.C.# _____ HOME CLUB: _____

AGE _____ BIRTHDATE: MONTH _____ DAY _____ YEAR _____ PHONE# _____

HIGHEST TEST PASSED: SKILLS _____ FREESKATE _____ DANCE _____

SKATER #4 _____ SEX _____

S.C.# _____ HOME CLUB: _____

AGE _____ BIRTHDATE: MONTH _____ DAY _____ YEAR _____ PHONE# _____

HIGHEST TEST PASSED: SKILLS _____ FREESKATE _____ DANCE _____

Permission is granted for my son/daughter to participate in the Stony Mountain On Ice. I understand that competitors waive all claims for injury and liabilities for damage or loss. Signature of parent or guardian if skater is under 18.

SKATER 1: Signature: _____ SKATER 3: Signature: _____

SKATER 2: Signature: _____ SKATER 4: Signature: _____

Coach Signature: _____

As a Professional Coach I acknowledge all the information presented and the event(s) entered are correct.

Stony Mountain On Ice
 Box 209, Stony Mtn.
 Manitoba, R0C 3A0

Stony Mountain On Ice

March 26, 27, 28th, 2010

Singles Event Registration

INCOMPLETE REGISTRATIONS WILL NOT BE ACCEPTED.

Entry fees MUST accompany registration forms. Please make cheques payable to: **Stony Mountain On Ice**

PLEASE PRINT

Entry Deadline - February 14th, 2009

NAME _____ SEX _____

S.C.# _____ HOME CLUB _____ CLUB# _____

AGE _____ BIRTHDATE: MONTH _____ DAY _____ YEAR _____

STREET/BOX _____

TOWN _____ PROV _____ POSTAL CODE _____ PHONE _____

HIGHEST TEST PASSED: SKILLS _____ FREESKATE _____ INTERPRETIVE _____ DANCE _____

COACH _____ PHONE _____

PLEASE CHECK EVENTS ENTERED

Total Amount Enclosed \$ _____

FEE: \$35.00 FIRST EVENT

\$15.00 EACH ADDITIONAL EVENT

<p align="center"><u>FREE SKATE</u></p> <input type="checkbox"/> PRE-ENTRY LEVEL <input type="checkbox"/> ENTRY LEVEL <input type="checkbox"/> PRE-PRELIMINARY <input type="checkbox"/> PRELIMINARY <input type="checkbox"/> JUNIOR BRONZE <input type="checkbox"/> SENIOR BRONZE <input type="checkbox"/> INTERMEDIATE	<p align="center"><u>COMPULSORY</u></p> <input type="checkbox"/> PRE-ENTRY LEVEL <input type="checkbox"/> ENTRY LEVEL <input type="checkbox"/> PRE-PRELIMINARY <input type="checkbox"/> PRELIMINARY <input type="checkbox"/> JUNIOR BRONZE <input type="checkbox"/> SENIOR BRONZE <input type="checkbox"/> INTERMEDIATE	<p align="center"><u>SPINS</u></p> <input type="checkbox"/> PRE-PRELIMINARY <input type="checkbox"/> PRELIMINARY <input type="checkbox"/> JUNIOR BRONZE <input type="checkbox"/> SENIOR BRONZE <input type="checkbox"/> JUNIOR SILVER
<p align="center"><u>IMPROV</u></p> <input type="checkbox"/> PRE-PRELIMINARY <input type="checkbox"/> PRELIMINARY <input type="checkbox"/> JUNIOR BRONZE <input type="checkbox"/> SENIOR BRONZE <input type="checkbox"/> INTERMEDIATE	<p align="center"><u>OPEN FREE SKATE</u></p> <input type="checkbox"/> PRE-PRELIMINARY <input type="checkbox"/> PRELIMINARY <input type="checkbox"/> JUNIOR BRONZE <input type="checkbox"/> SENIOR BRONZE <input type="checkbox"/> INTERMEDIATE	<p align="center"><u>INTERPRETIVE</u></p> <input type="checkbox"/> PRE-INTRODUCTORY <input type="checkbox"/> INTRODUCTORY <input type="checkbox"/> BRONZE <input type="checkbox"/> SILVER <input type="checkbox"/> GOLD Statement (MANDATORY) _____ _____

Permission is granted for my son/daughter to participate in the Stony Mountain On Ice. I understand that competitors waive all claims for injury and liabilities for damage or loss.

Signature: _____ Date: _____

Signature of parent or guardian if skater is under 18.

Coach Signature: _____

As a Professional Coach I acknowledge all the information presented and the event(s) entered are correct.