



National  
Coaching  
Certification  
Program

## NCCP Instruction Intermediate - Primary STARSkate Coach

### **Entry Pre-Requisites:**

- Must have achieved the CanSkate Coach status or higher
- Completed all three Junior Bronze STARSkate tests

### **Training Requirements:**

1. Completed Primary STARSkate Coach Home Study successfully
2. 3-day Figure Skating course successfully
3. Hold a valid First Aid certificate (every three years)
4. Teach one 15-min lesson in front of a mentor coach (at the 3-day course)
5. Complete (three) daily assignments successfully (at the 3-day course)

### **Pre-Requisite for Evaluation:**

- Complete a minimum of 50 hours of practice coaching (minimum of 40 hours on-ice) in Skate Canada member clubs immediately following the completion of the 3-day course.

### **Certification Requirements for certified status:**

**Pre-requisite:** Must be registered as a Skate Canada Professional Coach and;

1. Submit three different 15-minute video lessons at the primary (preliminary or junior bronze) STARSkate level. The video that is one VHS tape or one DVD only must include the following lessons:
  - One 15-minute mandatory stroking or skating skills lesson and;
  - Two additional 15-minute lessons based on the following selection: Jump, Spin, Interpretive Skating, Dance, Synchronized Skating, Pairs

**Coach Title:** Primary STARSkate Coach (trained and certified)

For course information details, contact your [Section Course Administrator](#).