

Coaches Newsletter

January 2011



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Skate Canada will be implementing a National Coach ID Card starting in the 2011-2012 membership year.

This card will contain information such as: name, registration year, Skate Canada number, Coaching Association of Canada number, photo, NCCP certification level, first aid expiry, police clearance check expiry, and Continuous Education Program (CEP) status.

Skate Canada is also looking into adding additional features to the card.

More information will be provided as we receive it. Make sure to keep yourself updated on the Skate Canada 'Members Only' website!



SECTION COACHES REP

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Remember—for any coaching issues, concerns or questions, your first point of contact should be with your Regional Coaches' Representative!!

If the Coaches Rep has changed in your region for the upcoming season, please let Mary Ann Penner and the Section Office know the updated information.

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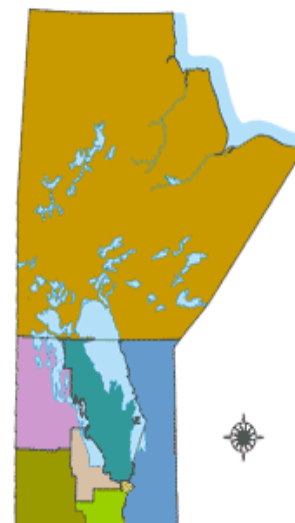
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A word from the Section's Coaches Representative — Mary Ann Penner



Welcome to 2011!

It has been a very busy fall and the New Year should be just as busy as we get our STARSkaters ready for Regionals and Provincial STARSkate.

I would like to congratulate those Competitive Coaches who had success at Sectionals and took skaters to Challenge in December. I was there as a Team Leader along with Partrick Wong and Kendra Thomson and enjoyed our team greatly. Coaches attending were: Tammy McKay, Karen Landers, Pam Parker, Margo Russell, Patty Hole, Lori Charbonneau, Robert Tebby, and Scott Rachuk.

Coaches going on to Canadians with Manitoba Skaters are Lori Charbonneau and Robert Tebby with Kate

Charbonneau and David Islam with Martin Nickel and Alexa Arrotta. We wish them Good Luck and Great Skates as they continue to represent Manitoba with pride.

Congrats to Patty Hole for her teams success at Skate Canada International. Paige and Rudi placed 3rd!!! Way to Go!

I would also like to congratulate the following Coaches who have had skaters chosen for Canada Winter Games: Karen Landers, Tammy McKay and Pam Parker.

Team TOBA leaves Feb 19! Good Luck skaters and Coaches as you prepare for this awesome experience! Let's not forget about the Special O skaters as well, what an experience of a lifetime for these athletes as well!

Over the next few months we will be busy not only with competitions but test days as well. I encourage you to continue to teach your skaters proper etiquette and appreciation of our offi-

cial. These volunteers sometimes have to leave their day job to come out for our skaters. We often overlook the sacrifices they make for our sport. Please thank them the next time you come across one! Who knows it could even be my MOM! (If you don't know she is Susan Craig!)

All the best to you, your skaters, and of course your family in this New Year. They know how much time you spend on skating, and how we appreciate those dinners at home with them when we can!

We look forward to the continued implementation of our new Team TOBA Structure! It is great to see the new logos on the different Team Jackets that the skaters are donning!

See you at the Rink!
MaryAnn Penner
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2010-2011 Skate Canada Manitoba Competitions

- Skate Canada-Manitoba Sectionals: November 5 & 6 - Steinbach
- Skate Canada-Manitoba Synchronized Skating Championships : January 8-East St. Paul
- Manitoba Open: February 18-20 - Neepawa
- Skate Canada Manitoba STARSkate Championships: March 4-6—Portage
- Crocus Invitational: March 19—Morris
- Parkland: January 23—Dauphin
- Central Plains/Pembina Valley: January 29—Morden

Regional Competitions

- Interlake: January 9—Selkirk
- Winnipeg: January 15—Winnipeg
- N & S Westman: January 15—Killarney
- Eastman: January 16—Hazelridge
- Norman: January 22—Gillam





Canada Winter Games

Skate Canada Manitoba had a very strong Canada Winter Games Selection Team. The skaters were kept busy this year with camps, seminars, competitions, and of course lots of fun! The Canada Winter Games Selection Committee selected the team after Western Challenge. We have a very strong team headed into the Games and all of our skaters are extremely enthusiastic and excited to travel to Halifax to soak up this once in a lifetime experience. Our Canada Winter Games coaches are MaryAnn Penner, Tammy McKay, and Colleen Lowdon-Bula. Patrick Wong is our Team Manager. The team members are:

Novice Women— Stacey Woods and Mercedes McLean Alternate: Jaime Wong

Pre-Novice Men—Justin Wong and Jeremy Ploughman

Pre-Novice Women— Madison McCallum and Brooklyn Parker Alternate: Claudia Ingram

Special Olympics— Madison Scott and Katie Colomb-Fedak

A Canada Winter Games Staging Camp was held in Brandon on January 3rd and 4th. The focus of the camp was team building and what to expect at the Games. Sport Manitoba provided clinicians who gave informative presentations on Drug Awareness and the overall Games Experience. A media session was also held and our skaters were provided with the opportunity to practice interviews. Overall, it was a great camp!



We all wish our skaters the best of luck as they compete in Halifax in February!!!

2011 Skate Canada Western & Eastern Challenge

Skate Canada Manitoba sent a team of 14 skaters to represent Manitoba at the 2011 BMO Skate Canada Western & Eastern Challenge, December 5-9, 2010 in Mississauga. Our two Team Leaders were MaryAnn Penner and Patrick Wong. Kendra Thomson also provided sport psychology services. Unfortunately, two of our entries had to withdraw prior to the event due to injury. Janelle Langlais withdrew from Junior Women and Alexa-Marie Arrotta and Martin Nickel withdrew from the Senior Dance Event.

Thank you to MaryAnn, Patrick and Kendra for all of your hard work! Everyone had a great experience at this event! **Congratulations**, to all the coaches who attended Challenge with their skaters. Kate and Alexa-Marie and Martin qualified for and competed at the 2011 BMO Skate Canada Nationals in Victoria, BC this past week. Kate placed 9th and Alexa-Marie and Martin placed 7th respectively. Congratulations!!

CHALLENGE RESULTS:

Senior Women

Kate Charbonneau—5th

Pre-Novice Women

Madison McCallum—15th

Claudia Ingram—45th

Brooklyn Parker — 41st

Kirsten Gutenberg—49th

Novice Women

Stacey Woods—36th

Mercedes McLean—43rd

Jaime Wong—40th

Sarah Slagerman—44th

Pre-Novice Men

Justin Wong—37th

Jeremy Ploughman—38th

Junior Women

Deidre Russell—30th

Lindsay Penner—37th

Kaleigh Hole—26th





BITS & BITES

- ◆ Skate Canada Manitoba is considering holding an NCCP ISPC Course this year . If you are interested in attending this course, please email your interest to skate.pc@sportmanitoba.ca. Please note that we require at least 7 coaches to attend for Skate Canada Manitoba to run the course.
- ◆ Skate Canada Manitoba's AGM will be held in Brandon on April 30th , 2011 at the Royal Oak Inn
- ◆ Photo ID holders are available at the Section Office for a price of \$2.50 (previously \$8.00)!!!

Upcoming NCCP Courses

Please check the Skate Canada Manitoba website for complete details.

Phase 1 CanSkate Course

April 22nd—23rd: Brandon—Keystone Centre

Phase 3 Primary STARSkate Course

May 6th—8th: Winnipeg & Morris—Sport For Life Centre & Morris Arena

Phase 1 CanSkate Course

August 26th—28th: Winnipeg—Winnipeg Winter Club

Phase 3 Primary STARSkate Course

August 26th-28th: Brandon—Keystone Centre

A Note From The Recreation Coaches Community

The Recreation coaches have been off to a busy start this season. We have formed an email group, in order to share ideas, brainstorm solutions and answer any and as many questions as we can about our Recreation skating programs. These programs include CanSkate, pre CanSkate, bridging and CanPowerSkate. If you are a coach and would like to join this group, please email Megan at megansvis@hotmail.com.

I would also like to extend a thank-you to those clubs who have chosen to be part of the first year of our CanSkate Development & Delivery Clinics. We have had 6 clinics so far, covering 9 clubs! At the end of the season, feedback will be provided to gather information from those clubs about how to improve upon what was delivered and see what clubs would like in the future. Please stay tuned!

Currently, we are looking for some helpful and enthusiastic volunteers to join the Recreation sub-committee of Skate Canada Manitoba. The sub-committee is quite informal and would work mainly through email. There is a HUGE need for people to invest time and effort into our Recreation programs in our Section. We are looking for people who are ready to learn or have some knowledge about the off-ice work involved in our recreation programs. Think about the volunteers you have in your clubs (with children in the CanSkate, CanPowerSkate and bridging programs) and talk to them about volunteering!

- Megan Svistovski



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Check out our website at

www.mbskates.ca

for all the latest

information.

If there is something that you would

like to see included in the next

Newsletter,

please let us know at

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Or (204) 925-5709