

# Coaches Newsletter

September 2008

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## ARE YOU REGISTERED??

All Skate Canada Coaches are required to be registered for the 2008-09 season **before** they start coaching any Skate Canada programs. Coaches can register on-line on the Skate Canada website, [www.skatecanada.ca](http://www.skatecanada.ca), members log-in. All new coaches are required to complete the BackCheck Police Clearance check and submit Skate Canada coaches registration forms by mail. The registration procedures and forms can be found on the Skate Canada website in the members log in under the coaches section. Once a coach registers they should provide their club with documentation of proof for membership for the 2008-09 skating season.

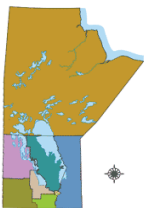
### BackCheck

Police Clearance and Position of Trust checks are valid for three (3) years. Please check your expiry date of your current police clearance check. BackCheck is offering a new online service which does not require a notarized form. You must have a credit card issued in your name in order to use the online service. Paper forms can be found on-line in the Skate Canada – Members Only area.

## REGIONAL COACHES REPS 2008-09

Remember – for any coaching issues, concerns or questions, your first point of contact should be with your Regional Coaches' Representative.

If the Coaches Rep has changed in your region for the upcoming season, please let Mary Ann Penner and Darcy Routledge know the updated information.



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## GREETINGS FROM THE SECTION COACHES REP – MARY ANN PENNER

Well now that we are sadly counting down the days until summer's end, I know you are all deeply immersed in planning the new season.

I have attended the Skate Canada ACGM in Regina and found a renewed excitement for the coming year. It was great to have seen the following coaches take part in this annual event when it was relatively close to home: Shelley Bonchuk – Foxwarren, Meaghan Shewchuk – Killarney, Tammy Fournier – Brandon, Megan Svistovski – Brandon, Patty Hole – Virden, Carlyne Lucas – Winnipeg (now living in Brandon), Gail Langlais – Winnipeg, Marilyn Partick (when not entertaining Grandkids!) - Brandon. We learned lots from some very interesting speakers and presentations. Some sessions we had to think and some we just sat back and enjoyed, but both were beneficial to our souls!! Next year's ACGM is in Edmonton, so hopefully you can add that to your plans!



I have been named the Western Canada Coaches Rep and look forward to the assignment on the National Club and Recreation Coach Subcommittee again this year.

As you may know, I have my Coaching Core Committee represented on each committee of the Manitoba Section. These coaches are working hard to ensure our voice and knowledge is being brought to all areas. The Core Committee members are: Tammy Fournier, Marilyn Partrick, Pam Parker, Melody Collo, Sue Sutherland, Karen Landers and Lynda Sumner.

Most of our Regional Coaching Rep positions are filled once again and remember they are your first point of contact. I would like to Thank each of them in advance for the upcoming year. List of Regional Coaches Rep can be found on page 1 of the Newsletter.

Summer has been busy getting all the new and revised rules straightened out. Please make sure you check and double check the Skate Canada website – [www.skatecanada.ca](http://www.skatecanada.ca) for all the updates. A good rule of thumbs is “what might have worked last year, may not work this year” - so stay up to date and collaborate with others in your area. New issues arise all the time and please feel free to use Melody Collo (Hovrisko) for any technical specialist questions. If she doesn't know she will find out!! Especially with the induction of the CPC in STARSkate, some coaches may not have experienced the CPC yet and may be in need of some clarification.

No question is a bad question – so ask away!!

As we quickly approach the 2008-09 season, I wish you all the best knowledge and decisions for your skaters and clubs.

Coaches Meetings ~ once again this year there are opportunities for you to attend a coaches meeting: Regional Seminars, Regional Competitions, Sectionals, MB Open, Provincial STARSkate, and Skate Canada Manitoba Section Coaches AGM. I have been very impressed with the turn out, as each year we see more attending. Please make every effort to attend, this is the time to share your voice too!

See you in the rink!

*Mary Ann*

## **SIMULATION 2008/09**

The Altona Figure Skating Club will be host to the 2008/09 Simulations. This years Simulations event will take place on Saturday, September 20 & Sunday, September 21 at the **Morden Arena in Morden, Manitoba**. All skaters who are planning to compete at the 2009 BMO Skate Canada Manitoba Sectional Championships will be participating in this event.

## **STANDARDS SEMINAR**

All coaches and judges are invited to attend the Standards Seminar taking place on September 13, 2008 at the Keystone Centre in Brandon. The seminar will be covering the test standards for CPC STARSkate and Competitive. The seminar fee is \$30 and the deadline for registration is **September 6**. This is a seminar you don't want to miss!

## **SASK SKATE 2008/09**

The 2008 SGI Sask Skate Open and Invitation Competition will be taking place September 10-12, 2008 in Saskatoon at the Jemini 4 Arenas. Skate Canada Manitoba will be selecting a group of skaters in the Pre-Juvenile, Juvenile, Pre-Novice, Novice and Junior categories to represent Manitoba at the SGI Sask Skate Invitational Competition. We wish all skaters the best of luck at this competition!

# **NEW NCCP REQUIRES FOR SEPTEMBER 2009 – IMPORTANT**

### **Making Ethical Decisions**

New membership requirement for the 2009-10 skating season. Making Ethical Decisions (MED): The CAC has mandated all partner sports to ensure that their coaches have completed the MED on-line evaluation for the 2009-2010 season. In preparation for your completion of the MED on-line module, reference material is available in Members Only at [www.skatecanada.ca](http://www.skatecanada.ca) under the Coaching Main Menu. Effective September 1, 2009 – as a condition of membership, all coaches will have to complete the Making Ethical Decisions on-line evaluation to become a registered Skate Canada Professional Coach. Log on to [www.coach.ca](http://www.coach.ca) for further information and to complete the MED module.

### **New NCCP CanSkate Coach Certification**

As of **September 1, 2009** the new NCCP CanSkate Coach Certification will be in effect. Overall, registered CanSkate coaches with a trained status will be required to become CanSkate Coach Certified or complete their Primary STARSkate Coach training (phase 2 and Phase 3) from within two years from the date of completion of the CanSkate Coach training and assignment (Phase 1). The necessary resources regarding the NCCP CanSkate Coach certification are posted on Members' Only. The pathway to this information is:

<http://members.skatecanada.ca/memberreg/logon.cfm>  
Coaching  
NCCP

If you are a coach or know a coach that have completed the Phase 1 Course and have not completed the process any further in the NCCP system, please be aware of this new requirement effective September 2009.

## **STARSKATE**

Watch for Skate Canada communications regarding the Well Balanced Program criteria.

- ◆ Test requirements – as of November 15
- ◆ Age requirements – as of October 1
- ◆ Age categories splits have changed for competitions:
- ◇ Pre-Preliminary – 8 & Under and 9 & Over

**Triathlon and Biathlon events will be taking place at the Manitoba Open Competition this year instead of the Manitoba STARSkate Championship Competition to take advantage of the CPC marking system.**



## 2008-2009 COACHES CALENDAR OF EVENTS

Below you will find a calendar that will pertain to your coaching activities for the 2008-2009 season. Please mark your agenda, daytimer, blackberry, palm or whatever keeps you organized!!

### Summer 08

July 1	Competitive Age "as of" deadline
July 18	Back Check available on-line
August 5	Skate Canada Registration Package available on-line
August 8-10	Prairie Skate, Regina
August 22-24	Phase 1 CanSkate Course – Brandon

### September 08

September 1	Skate Canada Registration DUE!
September 13	Standards Seminar – Brandon TBD
September 20-21	Competition Simulations – Morden
September 27-28	CanPowerSkate Clinic – Winnipeg

### October 08

October 1	Competitive Tests deadline
October 1	STARSkate Age "as of" deadline
October 10-12	SIGI Sask Skate Open & Invitational Competition
October 25	Synchro's a Scream – Brandon

### November 08

November 5	MaryAnn's 25th Wedding Anniversary, yes Kelly has learnt to deal with skating!!!
November 7-8	Sectionals in Altona & Provincial Coaches Meeting
November 15	Tests deadline for STARSkate skaters
November 28-30	Winnipeg Super Skate Competition – Terry Shawchuk, Winnipeg

### December 08

December 3-7	Western Challenge in Mississauga, Ontario
December 20	All Male Seminar – St. Adolphe, Manitoba
December 25	Merry Christmas!!
<i>October-December – Regional Seminars, Regional Coaches Meetings and PA Motivational Clinics.</i>	

### January 09

<b>Happy New Year! Make those resolutions AGAIN!!</b>	
January 2-3	Viriden Fun Skate
January 14-18	BMO National Championships – Saskatoon, Saskatchewan

STARSkate Regional Competition season!!

### February 09

January 31 – February 1	Western Festival – Regina, Saskatchewan
February 8	Synchro Sectionals in Winnipeg
February 11-14	BMO Junior Nationals – Calgary, Alberta
February 13-15	Manitoba Open – Dauphin, Manitoba
February 26 to March 1	BMO National Synchro Championships – Oshawa, Ontario

## 2008-2009 COACHES CALENDAR OF EVENTS – continued

### March 09

March 5-6	Provincial STARSkate Championships in Carberry & Provincial Coaches Meeting
March 22	Crocus Synchro Competition in Stonewall
March (TBD)	Stony Mountain on Ice

**Spring Break** – go somewhere that only has ice in a tall frosted glass with an umbrella!!

### April 09

April	STARSkate Nationals
April	Regional AGM season, contact your Regional Coaches Rep for more details
April 18	Grassroots Bursary Ice Show & Dinner
April 25-26	Skate Canada Manitoba AGM in Winnipeg – Victoria Inn
April 25-26	Provincial Team Seminar in Winnipeg

### May 09

May (TBD)	Highlander Competition
May 28-30	Skate Canada ACGM in Edmonton, AB

### Summer 09

**Time to regroup and rejuvenate, revised rules will surely come!!**

Please take advantage of the Coaching Meetings at your Regional and Provincial events.

The following information can be found on the Skate Canada Manitoba website:

- ◆ Test Day – dates and locations
- ◆ Full Competition – dates and locations

## BITS & BITES

- ◆ **ISU Communications**– many important ISU updates can be found on the Skate Canada website, members log in. Please keep yourself current!!!
- ◆ **Competition Registration** – ALL coaches are reminded the proper procedure for registering their skaters for a competition:
  1. Have skater complete registration with personal information leaving the events blank.
  2. Discuss with your skater the events and categories the skater is qualified to compete in.
  3. Have skater complete the registration for the events as per discussion with coach .
  4. Coach to sign registration form
  5. Have club test chair review and sign the completed registration form to verify information
- ◆ A reminder to all coaches that to keep your new Skate Canada Coach membership valid throughout the season, you **MUST** have a current First Aid. If your first aid expires through the skating season, you must re-certify prior to the expiry date otherwise your coach membership becomes invalid.
- ◆ **Professionalism** – All Skate Canada Professional Coaches are reminded to conduct themselves in a professional manner both on and off the ice.
- ◆ **Approaching Officials** – Coaches are welcome to approach an official after a test session to ask questions regarding a test with discretion.
- ◆ **On-ice Supervision**– As stipulated in the Skate Canada skating programs delivery standards, a certified and registered coach must be present on the ice at all times when a Skate Canada program is taking place. In cases where a coach can not be present due to certain circumstances (i.e. illness, bad weather, coaches away at competition), an Executive Club Member with a valid first aid should be assigned by the club (well in advance) to monitor STARSkate and Competitive sessions by the boards (not on the ice) and provide first aid services if needed.
- ◆ **New Students** – When taking on new students, Coaches are encouraged to research new student's history including: tests, birthdate, program length.

We're on the web!  
Skate Canada Manitoba  
www.mbskates.ca  
Skate Canada  
www.skatecanada.ca

## NCCP COURSES

- ◆ Phase 1 and Phase 3 Course will be offered in the spring of 2009.
- ◆ If you know of any coaches you are in desperate need of the Phase 3 Course and are available to attend a course in December, please have them contact me as soon as possible.
- ◆ CanPowerSkate Course—September 27 & 28 in Winnipeg. Course registration form on the website
- ◆ ISPC Course will be offered in the Spring of 2009. If you are interested, you must complete the ISPC Homestudy workbook prior to attending the courses. Contact the Section Office to purchase a workbook.
- ◆ Level 3 Course—if you are interested in taking the Level 3 course, please contact the Section Office to be placed on a list of interested coaches. Once there are a sufficient amount of coaches, a course will be organized.

## RESPECT IN SPORT

Respect in Sport helps Sport Manitoba promote those values through a simple and convenient on-line training course for coaches and sport leaders. It is designed as a tool to assist coaches in identifying and dealing with abuse, neglect, harassment, and bullying in sport. Respect in Sport enables coaches to deal with legal and moral responsibilities, making them less vulnerable and more confident in dealing with sensitive issues.

As of March 2008, Skate Canada Manitoba had 142 registered coaches. Out of those 142 coaches, 130 are in the Respect in Sport system. We are happy to announce that out of the 130 in the RIS system, 123 coaches have completed the course and are certified. That is 85% of Manitoba Registered Skate Canada Coaches!! Great job coaches! We need to make it 100%, so please complete the course prior to the start of the skating season. All new coaches are required to complete the RIS course prior to starting to coach at any Manitoba Skate Canada Club.

## JUNIOR DEVELOPMENT PROGRAM

Skate Canada Manitoba will be continuing with the Junior Development program for this coming season. The program is designed to assist skaters in understanding how to advance into the competitive stream. The Committee is finalizing the criteria and details of this year's seminar. The information will be posted on the Skate Canada Manitoba website and emailed to the registered coaches.

**TEAM TOBA – Together On Blades Achieving**

### Contact Information

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Check out our website at  
[www.mbskates.ca](http://www.mbskates.ca)  
for all the latest new and  
information.

If there is something that you would  
like to see included in the next  
Newsletter,  
please let us know at  
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**NEXT ISSUE: JANUARY 2009**