

Dressing Rooms

Change rooms are assigned for skaters to use as an area to prepare for competition. Coaches should be allowed to retrieve skaters from a change room, but are **not** allowed to remain in the change room for any length of time. Parents or any other unauthorized persons are **not** allowed in the change rooms or in the general area.

An emergency kit should be located in each change room or at a central convenient location close to the entrance and exit area to the ice. The emergency kit should contain the following:

- ❑ Safety pins
- ❑ Needle and thread
- ❑ Skate laces
- ❑ Screw driver
- ❑ J-cloths
- ❑ Band-aids
- ❑ Kleenex
- ❑ Mirror (preferably a full length mirror)