



# ANNOUNCEMENT

## 2012 Skate Canada Manitoba STARSkate Winnipeg Regional Competition

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**Date:** Saturday January 14<sup>th</sup>, 2012

**Location:** Winnipeg, MB

**Hosted by:** Winnipeg Region

**Sanctioned by:** Skate Canada

**Held in Conjunction with:** Skate Canada Manitoba

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## **GENERAL INFORMATION**

The 2012 Skate Canada Manitoba Regional STARSkate Championships will be conducted in accordance with the regulations as set forth in the Skate Canada Rule Book. If not specifically stated otherwise in this document, the normal regulations governing skating will apply as indicated in Section 4000 and 7000 of the Skate Canada Rulebook, the Technical and Event Management Handbooks, the Policies and Procedures Manual and the CPC Rulebook.

### **CONTACT INFORMATION**

**Name:** Emma Slagerman & Rowan Smith-McCandless

**Phone:** (204)467-8560

**Email:** [eslager@prairie.ca](mailto:eslager@prairie.ca)

### **ARENA TO BE USED**

**Arena Name:** Terry Sawchuk Memorial Arena  
**Address:** 901 Kimberley Ave Winnipeg, MB

**Ice Surface Size:**  
85' x 200'

### **REGISTRATION**

#### **(1) SKATERS**

Skaters must register by completing the application form attached to this announcement and returning it to the address below by **Thursday December 8<sup>th</sup>, 2011**. The acceptance of late entries is at the discretion of the host committee in consultation with the Technical Representative.

Return application forms to:

**Winnipeg Region**  
**c/o Rowan Smith-McCandless**  
**84 Coralberry Ave**  
**Winnipeg, MB R2V 2P3**

All skaters and coaches must register on-site at the Terry Sawchuk Memorial Arena.

#### **(2) REGISTRATION FEES**

**First Event – \$50.00**

**Additional Events – \$20.00/event**

**Team Event - \$40.00**

All cheques and money orders should be made payable to: Skate Canada Winnipeg Region

### (3) COACHES ACCREDITATION

Coaches must be NCCP Primary STARSkate or Level 1 certified or working on the Primary STARSkate practical assignment, must hold a valid First Aid Certificate, and must be registered professional coaching members in good standing with Skate Canada. Coaches must carry a valid Coach Photo ID card to be permitted to coach at any event. Coaches failing to provide the proper Coach Photo ID will not be permitted into any restricted or designated coaching areas.

### MUSIC

**CD's will be the only format used at Manitoba Competitions for the 2012 season**

- (1) **REGISTRATION OF MUSIC:** Music must be turned in at the time of registration. CD's and their cases must have the competitor's name and event clearly printed on them. The music information as required on the Entry Form must be completed in detail (as applicable).

All music used must be in the public domain or covered by the performing rights societies.

Competitors who have music composed especially for their program either wholly or in part, shall be responsible for obtaining a written release from the composer for the use of such music on radio or television or appropriate clearance from the performing rights society.

- (2) **DANCE MUSIC:** For the information of Dance competitors, 2001 Skate Canada Series 8 music (or ISU music when applicable) will be used for all compulsory dance events.
- (3) **MUSIC REQUIREMENTS:** Each entry must provide 2 CD's for the Competition upon registration. One for competition (marked "Master") and one for back-up (marked "copy"). It is recommended that a backup CD be carried by the skater. Please place phonetic spelling of first and last name on the CD cases to aid the announcer with pronunciation.

### Standard Specifications

1. Only one (1) program (using one track only) shall be recorded on each CD.
2. Music shall be recorded onto the CD so that it starts within no less than 0.5 seconds and not more than 2 seconds after the play button is pressed on the CD player.
3. CD recording level shall be normal consistent listening level. Music shall be recorded at equal levels on both left and right channels in **stereo**.

### **Each Compact Disc shall:**

- ❖ Be on a standard CR-R and enclosed in a single transparent plastic case. **Do not use CD-RW**
- ❖ Have the music recorded in Compact disc audio (**CDA**) or **WAV** format. (**Not MP3, iTunes or DVD format**)
- ❖ Be in good clean playable condition.

### **Labeling**

Skater's name, category name, total music time (not skating time) and Home Club shall be clearly printed on:

1. Label on the CD case back insert only. The CD must be visible in front of case.
2. Identify CD by writing on the front of the CD using a fine or medium Sharpie type marker. Do not use a ballpoint pen.
3. Do not apply stick on labels to the CD
4. Label disc with Master or Backup copy clearly on the front.

### **AWARDS**

Medals will be presented to the top three finalists of each discipline except the STARSkate Short Programs/Compulsory Elements events where each skater will receive a certificate.

### **COSTUMING**

The clothing for all competitors must be modest, dignified and appropriate for athletic competition – not garish or theatrical in design. Accessories and props are not permitted.

### **ACCIDENTS / LIABILITY**

Skate Canada, the host Section/Club and the Local Volunteer Team undertake no responsibility for damages or injuries suffered by skaters. As a condition of and in consideration of their entries in these Championships, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by or connected with, the conduct and management of the competitions and to release any and all claims they may have against the officials, the Association, the Section, the Volunteer Team and against their officers and their entries shall be accepted only on these conditions.

### **EVENT SCHEDULE**

A finalized schedule of events will be provided to each skater by the host region.

## **ADMISSIONS**

Adults: \$5.00

Seniors: \$3.00

Students: \$3.00

Children under 5: FREE

## **SKATE CANADA MANITOBA CAMERA POLICY**

Flash photography is not permitted. Skate Canada Manitoba restricts the use of cameras and video equipment during Skate Canada sanctioned events out of respect for the safety and to protect the privacy of competing athletes.

Spectators are permitted to use cameras at the event for personal use only and are subject to the following conditions. Anyone who does not abide by these rules risks having their camera confiscated by authorized personnel.

- No flash photography is allowed
- Camera lens must not be larger than 200mm in order to avoid obstructing the view of other spectators
- Any resale of photography or posting photos on websites is strictly prohibited
- Video camera's can only be used by the parent(s) of their own skater during their performance

Coaches are only permitted to video tape their own skater from the boards during that skater's practice or performance. Coaches cannot video tape from the spectator area

Images by PW will be the on-site photographer.

## GENERAL REGULATIONS

### ELIGIBILITY TO COMPETE (From Skate Canada Rule 5401)

- (1) Be eligible person(s) as defined in Skate Canada Rule Book Section 2100 (Rule 5401).
- (2) Be Associate member(s) in good standing of the Association (Rule 5401).
- (3) For eligibility in a Sectional STARSkate competition, please note the following restrictions:  
**COMPETITIVE SKATERS:** Skaters registered<sup>Ⓢ</sup> to compete in any event at the Novice or higher level at a Sectional or Sectional qualifying competition, do not qualify to compete in the Sectional STARSkate Championships in any category at any level. Skaters registered to compete in the Juvenile and Pre-Novice level at a Sectional or Sectional qualifying competition may register to compete in event categories at the STARSkate level other than those competed in at a Sectional or Sectional qualifying competition. Please see the table below for the qualifications for entry.

*For purposes of interpretation of this regulation, registration for a Sectional or qualifying event is defined as the submission of a registration form for such event.*

Competitive Category (registered for at Sectionals or Sectional qualifying event)	Events that may be entered at the Sectional STARSkate Championships (or qualifying event)
Novice and higher in Singles, Pairs and Dance	No events
Juvenile / Pre-Novice Competitive Dance	Free Skate, Pairs, Interpretive, Skating Skills, Triathlon
Juvenile / Pre-Novice Competitive Singles	Pairs, Dance, Interpretive, Biathlon, Skating Skills
Juvenile/Pre-Novice Competitive Pairs	Free Skate, Dance, Interpretive, Skating Skills, Biathlon, Triathlon
Competitive Synchronized Skater	All events

- (4) **WINNER OF A PREVIOUS QUALIFYING EVENT LEADING TO THE SECTIONAL STARSKATE CHAMPIONSHIPS:** A previous winner of a qualifying event for the Sectional STARSkate Championships is eligible to re-enter the same

qualifying event provided that the competitor is still eligible to enter the corresponding category.

- (5) **TEST AND AGE PREREQUISITES:** Competitors wishing to enter the 2012 **Manitoba** STARSkate Championships and events leading to it shall meet the test requirements to compete before **November 15<sup>th</sup>** preceding the competition. Age requirements shall be met before **October 1<sup>st</sup>** preceding the competition.

- (6) **COMPETITIVE SINGLES TEST EQUIVALENCIES IN THE STARSkate PROGRAM:** As regulation 4000 –E – 3.1 states, skaters passing free skating tests in the competitive test system are granted equivalencies for regular free skating tests as follows:

Juvenile competitive singles test = Junior Silver Free skating test

Pre-Novice competitive singles test = Senior Silver free skating test

Novice competitive singles test = Gold free skating test

Junior or Senior competitive singles test = Gold free skating test

Skaters who have passed any of the competitive test equivalencies must enter the STARSkate Championships at the level corresponding to their highest STARSkate test passed or at the level which they received the equivalency in the STARSkate Program, whichever is higher.

**Please note:** The above equivalences are for tests passed after July 1, 2011. If a skater passed the competitive test in question prior to July 1, 2011, they will be granted the test equivalences that were used in the 2010/2011 skating season. Please refer to Members Only for more information.

- (7) Skaters may participate in either the 2012 **Manitoba** STARSkate Championships or the 2012 Adult Figure Skating Championships, but not both.
- (8) In the case where the test requirements deadline for the event is **November 15<sup>th</sup>** skaters may skate up in the free skate categories if desired. Skating up is not permitted in the Triathlon, Biathlon, Skating Skills and Interpretive events.
- (9) Entrants in the Triathlon events must register to compete in the highest level that their test qualification qualifies them for. For example, a skater who has passed the Senior Silver Skating Skill, Bronze Interpretive and Senior Silver Free Skate must compete in Silver Triathlon and cannot skate in Bronze Triathlon.

- (10) Should a Free Skate, Interpretive or Skating Skills event have only one entry, the skater will be given the option to skate at the next level or skate an exhibition. In the case of a dance category with only one entry, there will be no option to skate at the next level. An exhibition may be done.

## EVENT SPECIFICATIONS

- (1) **EVENT COMPOSITION:** In normal circumstances, each category at the competition must be held for men and women separately. It is permissible for events that do not progress skaters on to a subsequent level of STARSkate Interclub competition to combine events as follows:
- (a) Combine two or more categories in the same event when each category has fewer than three entries;
  - (b) Combine two or more categories in the same event when one category has insufficient entries to hold the event;

The decision to combine events is at the discretion of the Technical Representative and the host committee.

In any of the above cases, categories may be combined – only with full prior knowledge and agreement of all competitors affected.

- (2) **GROUPING SKATERS BY AGE:** The following guideline is suggested for grouping skaters:
- (a) For events that require grouping because of a large number of entries, the following procedure may be used:
    - (i) In a category that does not progress skaters on to a final round, skaters may be divided and grouped according to age.
    - (ii) In an event that progresses skaters on to a final round, skaters in the same category must be divided and grouped by random draw.
- (3) **GROUPING SKATERS BY TEST LEVEL:** Due to a large number of entries in the Pre-Introductory Interpretive, skaters may be divided and grouped according to Free Skate test level. Entry level skaters will be grouped if there are more than 12 entries in the event. STARSkate events will be grouped by age when event registration exceeds 16 entries.
- (4) **COMPOSITION OF PARTNERS:** Couples for dance events may be comprised of two women (one performing the man's steps), one woman and one man or two men. Similar and mixed couples may compete against each other. Dance couples must represent one section.

## RESULTS CALCULATION

### (1) OBO

Please note that the "OBO" (one-by-one) results calculation method will be used for all events.

### 2) EVENT MARKING CRITERIA, TIE BREAKING AND FACTORS

#### OBO:

EVENT	MARKING CRITERIA	FACTOR	%	TIE BREAKER
<b>Free Skate</b> (Pre-Preliminary and Preliminary)	Technical Merit, Presentation	1.0	100	2 <sup>nd</sup> mark
<b>Dance</b> (Preliminary) <ul style="list-style-type: none"><li>• Compulsory 1</li></ul>	Technique, Timing/Expression	0.5	50	1 <sup>st</sup> mark
<ul style="list-style-type: none"><li>• Compulsory 2</li></ul>	Technique, Timing/Expression	0.5	50	1 <sup>st</sup> mark
<b>Skating Skills</b> <ul style="list-style-type: none"><li>• Exercise 1</li></ul>	Technique, Performance	0.5	50	1 <sup>st</sup> mark
<ul style="list-style-type: none"><li>• Exercise 2</li></ul>	Technique, Performance	0.5	50	1 <sup>st</sup> mark

### 3) MARKING SYSTEM – Closed marking will be used for all events.

## EVENTS TO BE HELD

Any skater registered in the following events may register for the 2012 Skate Canada Manitoba STARSkate Championships being held on March 2<sup>nd</sup> – 4<sup>th</sup>, 2012 in Winkler.

- ❖ Free Skate – Pre-Preliminary, Preliminary, Junior Bronze, Senior Bronze, Junior Silver, Senior Silver and Gold.
- ❖ Pairs – Open Pairs
- ❖ Dance – Preliminary, Junior Bronze, Senior Bronze, Junior Silver, Senior Silver and Gold.

### (1) **FREE SKATE EVENTS**

Well Balanced Criteria can be found on the Skate Canada Members Only Website

#### (a) **PRE-PRELIMINARY FREE SKATE 8 & UNDER AND PRE-PRELIMINARY 9 & OVER**

- (i) **TEST:** Must not have passed the complete Preliminary Free Skate test
- (ii) **SPECIFICATIONS FOR EVENT:** One free program of 1.5 minutes in length (+ / - 10 seconds)

#### (b) **PRELIMINARY FREE SKATE 9 & UNDER AND PRELIMINARY 10 & OVER**

- (i) **TEST:** May have passed the Preliminary free skate test but no higher complete free skate test
- (ii) **SPECIFICATIONS FOR EVENT:** One free skate program of 1.5 minutes in length (+/- 10 seconds)

#### (c) **JUNIOR BRONZE FREE SKATE 10 & UNDER AND JUNIOR BRONZE FREE SKATE 11 & OVER**

- (i) **TEST:** May have passed the Jr. Bronze free skate test but no higher complete free skate test
- (ii) **SPECIFICATIONS FOR EVENT:** One free skate program of 2.0 minutes in length (+/- 10 seconds)

- (d) **SENIOR BRONZE FREE SKATE**
  - (i) **TEST:** May have passed the Sr. Bronze free skate test but no higher complete free skate test
  - (ii) **SPECIFICATIONS FOR EVENT:** One free skate program of 2.5 minutes in length (+/- 10 seconds)
  
- (e) **JUNIOR SILVER FREE SKATE**
  - (i) **TEST:** May have passed the Jr. Silver free skate test but no higher complete free skate test
  - (ii) **SPECIFICATIONS FOR EVENT:** One free skate program of 3.0 minutes in length (+/- 10 seconds)
  
- (f) **SENIOR SILVER FREE SKATE**
  - (i) **TEST:** May have passed the Sr. Silver free skate test but no higher complete free skate test
  - (ii) **SPECIFICATIONS FOR EVENT:** One free skate program of 3.0 minutes in length (+/- 10 seconds)
  
- (g) **GOLD FREE SKATE**
  - (i) **TEST:** May have passed the Gold free skate test
  - (ii) **SPECIFICATIONS FOR EVENT:** One free skate program of 3.5 (women) or 4.0 (men) minutes in length (+/- 10 seconds)

**(2) COMPULSORY SHORT PROGRAMS**

**IMPORTANT NOTE:** For Compulsory Elements/Short Programs, there will be no medals given out. Each participant that competes in these events will receive a certificate of participation. These events will be judged on a performance based system which follows Skate Canada's Long Term Athlete Development (LTAD) model.

### **Components of a compulsory short program:**

- A program consisting of required elements
- Programs are to be performed with music
- Full ice surface
- Elements may be skated in any order using connecting steps, strong edges and flow
- Deductions will be taken for any added or repeated elements

#### **(a) JUNIOR SILVER, SENIOR SILVER & GOLD SHORT PROGRAM**

Skating time: 2 minutes & 30 seconds – maximum.

Follows Novice Short Program Requirements

1. Single or Double Axel jump
2. One double jump immediately preceded by connecting steps and/or other comparable free skating movements or triple jump (connecting steps not required). Double axel may not be repeated
3. Jump combination – two double jumps or one double jump and one triple jump or two triple jumps\*  
\*The jump combination may consist of the same jump or another double or triple jump. The jumps included must be different than the solo jump.
4. Women - Layback or sideways leaning spin (minimum of 6 revolutions) Men – Sit or camel spin with change of foot (min 5 revolutions on each foot, no flying entry)
5. Combination spin (minimum of 5 revolutions on each foot – 1 change of foot allowed (minimum of 2 basic positions)

#### **\*No flying entry on any spin**

6. Step Sequence (maximum of one step sequence – any pattern)

#### **(b) SENIOR BRONZE SHORT PROGRAM**

Skating time: 2 minutes & 30 seconds – maximum.

Follows Pre-Novice Short Program Requirements

1. Single or Double Axel jump
2. Any double or triple jump
3. Jump combination (two double jumps or one double and one triple jump)  
Note: The 2A may be repeated, but if it is repeated one must be in combination.  
Note: Other than the 2A, no jump can be repeated unless as the first and second jump in the combination

\*\* Only one triple jump may be included in the program.

4. Women - Layback or sideways leaning spin (minimum of 5 revolutions) Men – Camel spin with only one change of foot (min. 4 revolutions on each foot)
5. Combination spin (minimum of 4 revolutions on each foot – 1 change of foot allowed minimum of 2 basic positions)

#### **\*No flying entry on any spin**

6. Step Sequence (maximum one step sequence – any pattern)

### **(3) COMPULSORY ELEMENTS**

Junior Bronze and Preliminary will use full ice.

Entry and Pre-Preliminary will use ½ ice surface.

No music will be used.

Eligibility for Events is the same as for Free Skating Events.

The program consists of required elements and may be skated in any order.

Programs must have an opening and ending pose.

Connecting steps are permitted to link elements.

Deductions will be taken for any added or repeated elements.

#### **(a) JUNIOR BRONZE ELEMENT PROGRAM (Skating time 1:30 minutes - maximum)**

1. Single Axel jump
2. Double Salchow jump
3. Single Flip/single Toe Loop jump combination
4. Change combination spin (Minimum 2 rotations in each position)
5. Flying camel or flying sit spin (minimum of 3 rotations)

#### **(b) PRELIMINARY ELEMENT PROGRAM (Skating time 1:15 minute - maximum)**

1. Single Flip Jump
2. Single Lutz Jump
3. Single Loop/Single Loop Combination
4. Forward camel spin (minimum of 3 revolutions)
5. Change sit spin (minimum of 2 rotations on each foot)

#### **(c) PRE-PRELIMINARY ELEMENTS PROGRAM (Skating time 1:15 minute - maximum)**

1. Single Loop jump
2. Single Flip jump
3. Single Salchow/single Toe Loop jump combination
4. Sit spin (minimum of 2 revolutions)
5. Change Upright spin (minimum of 2 rotations on each foot)

#### **(d) ENTRY ELEMENT PROGRAM (Skating time 1:15 minute – maximum)**

Must not have passed any portion of the Preliminary Free Skate test or any Skating Skills test

1. Waltz jump
2. Single Toe Loop jump
3. Single Salchow jump
4. 1 Foot Upright spin (minimum of 2 rotations)
5. 1 Foot Backspin (minimum of 2 rotations)

#### **(4) INTERPRETIVE EVENTS**

Note: For full information on Interpretive Events, please refer to Skate Canada's 'Members Only' website.

##### **(a) PRE- INTRODUCTORY INTERPRETIVE**

- (i) **TEST:** Must not have passed any Skate Canada interpretive skating test
- (ii) **SPECIFICATIONS FOR EVENT:** One Interpretive program of 2:00 to 3:00 minutes in length (+/- 10 seconds)

##### **(b) INTRODUCTORY INTERPRETIVE**

- (i) **TEST:** Must have passed the Introductory interpretive test but no higher Interpretive test
- (ii) **SPECIFICATIONS FOR EVENT:** One Interpretive program of 2:00 to 3:00 minutes in length (+/- 10 seconds)

##### **(c) BRONZE INTERPRETIVE**

- (i) **TEST:** Must have passed the Bronze interpretive test but no higher Interpretive test
- (ii) **SPECIFICATIONS FOR EVENT:** One Interpretive program of 2:00 to 3:00 minutes in length (+/- 10 seconds)

##### **(d) SILVER INTERPRETIVE**

- (i) **TEST:** Must have passed the Silver interpretive test but no higher Interpretive test
- (ii) **SPECIFICATIONS FOR EVENT:** One Interpretive program of 2:00 to 3:00 minutes in length (+/- 10 seconds)

##### **(e) GOLD INTERPRETIVE**

- (i) **TEST:** Must have passed the Gold interpretive test
- (ii) **SPECIFICATIONS FOR EVENT:** One Interpretive program of 2:00 to 3:00 minutes in length (+/- 10 seconds)

## **(5) CREATIVE SKATING SKILLS PROGRAMS**

Duration: not to exceed 2 minutes

Music Tempo: minimum 112 beats per minute

Music: Skater's choice

- Can be vocal
- Can be a selection from the Skating Skills Program music
- Music should have a rhythmic beat
- Two or three selections of music may be used

### **(A) BASIC GUIDELINES TO REQUIRED CONTENT**

- Three step sequences are required: straight line, circular, and serpentine. More than one example of each shape may be included provided that the music time does not exceed two minutes; however only the first executed of each shape that meets the requirements will receive point value. All others will be considered in the technical transitions score.
- May include one stop not exceeding 5 seconds.
- Inclusion of recognizable skating skills exercise components (rockers, counters, hip twists, loops, etc) will be rewarded. Changes of edge, multi directional skating, rockers, choctaws and other such steps and turns will be rewarded.
- Speed should match the type of element or step. Difficulty of steps + speed + control of execution is the most important combination of skills demonstrated.
- Small hops, toe steps and small jumps of no more than half rotation are permitted.
- Spinning movements of more than two rotations are not permitted.
- Excessive skating on two feet is considered as an inability to skate and should be penalized.
- Spirals/ moves in the field sequence (circular or serpentine): Each position must be held for at least two seconds to be counted and there must be at least three different positions in the sequence.
- Serpentine shape must have at least two bold curves of not less than one half the width of the ice surface and must go from end to end.
- Straight line shape commences at any place of the short barrier and goes to any place of the opposite short barrier keeping the approximate shape of the straight line.
- Circular shape can be oval or circular but must cover the width of the ice.

**Note:** The minimum requirements for a step sequence to be identified are as follows:

- The step sequence must cover at least  $\frac{3}{4}$  of the ice surface in the designated pattern. Step sequences that are too short or barely visible will not be identified or receive points or receive a 0.4 deduction in 6.0.
- Straight line must go from one end of the ice to the other (length) in a direct manner (without bold curves)
- Serpentine must have at least two bold curves of not less than  $\frac{1}{2}$  the width of the ice, moving from one end of the ice to the other (length)
- Circle may be circle or oval in shape but must cover the width of the ice

(B) **EVENTS**

**(a) BRONZE CREATIVE SKILL**

(i) SPECIFICATIONS FOR EVENT: **One Creative Skating Skills Program (Maximum 2.0 minutes in length)**

(ii) **WELL BALANCED CRITERIA:**

Straight Line Step

Program must include one (1) straight-line step sequence

This step sequence must include a series of three or more loops

Circle & Serpentine Step

Program must include one (1) circular step sequence and one (1) serpentine step sequence

The skater must choose one of the circular or serpentine step sequences to be predominantly field moves

The other of the circular or serpentine (that which is not field moves) must have a series of required turns as follows: Multiple three-turns and brackets

Other turns may be included. Clean edges and turns will be rewarded

**(b) SILVER CREATIVE SKILL**

(i) SPECIFICATIONS FOR EVENT: **One Creative Skating Skills Program (Maximum 2.0 minutes in length)**

(ii) WELL BALANCED CRITERIA:

**Straight Line Step**

Program must include one (1) straight-line step sequence

This step sequence must include two twizzles on one foot with up to one step in between, no stop(s) allowed before and/or between twizzles

**Circle & Serpentine Step**

Program must include one (1) circular step sequence and one (1) serpentine step sequence

The skater must choose one of the circular or serpentine step sequences to be predominantly field moves

The other of the circular or serpentine (that which is not field moves) must have a series of required turns as follows:

- Counter and Rocker turns
- Other turns may be included. Clean edges and turns will be rewarded

**(c) GOLD CREATIVE SKILL**

(i) SPECIFICATIONS FOR EVENT: **One Creative Skating Skills Program (Maximum 2.0 minutes in length)**

(ii) WELL BALANCED CRITERIA:

**Straight Line Step**

- Program must include one (1) straight-line step sequence

- This step sequence must include two twizzles on one foot with up to one step in between, no stop(s) allowed before and/or between twizzles

**Circle & Serpentine Step**

Program must include one (1) circular step sequence and one (1) serpentine step sequence

- The skater must choose one of the circular or serpentine step sequences to be predominantly field moves

The other of the circular or serpentine (that which is not field moves) must have a series of required turns as follows:

- Counter and Rocker turns
- Other turns may be included. Clean edges and turns will be rewarded

**(6) DANCE EVENTS**

**Note:** Dances are to be skated in the order listed. The number of dance patterns to be skated shall be the same as for Evaluated Tests. Please refer to the Skate Canada Technical Handbook Figure Skating Terms Defined – 3.15 (2).

**(a) PRELIMINARY DANCE**

(i) **TEST:** At least one partner must have passed the complete Preliminary dance test and not the complete Junior Bronze dance test

(ii) **SPECIFICATIONS FOR EVENT:**

- Dutch Waltz and Baby Blues

**(b) JUNIOR BRONZE DANCE**

(i) **TEST:** At least one partner must have passed the complete Junior Bronze dance test and not the complete Senior Bronze dance test

(ii) **SPECIFICATIONS FOR EVENT:**

- Swing and Fiesta Tango

**(c) SENIOR BRONZE DANCE**

(i) **TEST:** At least one partner must have passed the complete Senior Bronze dance test and not the complete Junior Silver dance test

(ii) **SPECIFICATIONS FOR EVENT:**

- Ten Fox and Fourteenstep

**(d) JUNIOR SILVER DANCE**

(i) **TEST:** At least one partner must have passed the complete Junior Silver dance test and not the complete Senior Silver dance test

(ii) **SPECIFICATIONS FOR EVENT:**

- Harris Tango and Rocker Foxtrot

**(e) SENIOR SILVER DANCE**

(i) **TEST:** At least one partner must have passed the complete Senior Silver dance test and not the complete Gold dance test

(ii) **SPECIFICATIONS FOR EVENT:**

- Starlight Waltz and Kilian

(f) **GOLD DANCE**

- (i) **TEST:** At least one partner must have passed the complete Gold dance test and not the complete Diamond dance test
- (ii) **SPECIFICATIONS FOR EVENT:**
  - Blues and Quickstep

(7) **PAIR EVENTS**

(a) **OPEN PAIR**

- (i) **TEST:** Each partner must have passed at least the Preliminary free skate test
- (ii) **SPECIFICATIONS FOR EVENT:** One free program of 2.0 minutes in length

Note: For more information on Pair events, please refer to Skate Canada's 'Members Only' website.

Compositions of Partners: The pair must be composed of a man and a woman.

**OPTIONAL EVENTS**

(8) **TEAM MANEUVERS**

- Eligibility is by test level and is the same as listed for the Free Skating Events.
- Each team will consist of four (4) skaters (male, female or a combination thereof).
- All four skaters on a team must not have passed any Free Skating Test higher than listed for the event, but may have passed a lower Free Skating Test.
- Teams may consist of members from different home clubs.
- Substitution of a team member after the closing date of entries may be done for medical reasons only.
- A skater may participate in one Team Event only.
- Skaters will have only one attempt at their element.

(a) **ENTRY / PRE-PRELIMINARY**

1. Bunny Hop
2. Forward one foot spin
3. Jump combination – Salchow/Toe Loop
4. Forward Spiral into drag, no change of foot

**(b) PRELIMINARY/JUNIOR BRONZE**

1. Axel
2. Combination jump – Flip/Loop
3. Sit spin
4. Combination of 2 field moves

**(c) SENIOR BRONZE / JUNIOR SILVER**

1. Axel
2. Double jump of skaters choice
3. Flying Camel
4. Straight line step sequence

**(d) SENIOR SILVER / GOLD**

1. Axel
2. Double – double jump combination of skaters choice
3. Flying Camel
4. Circular step sequence

**(9) ADULT EVENTS**

Skaters competing in adult events must be 18 years of age as of July 1 of the preceding year.

**(A) ADULT FREE SKATE EVENTS**

- Adult Free Skating programs have no minimum program time assigned. The maximum program time has been placed at the equivalent STARSkate test level. This will allow the Adult skaters to meet their various goals for the season whether that is to pass a STARSkate test, compete at an ISU or USFS event, or compete at the Skate Canada Adult Figure Skating Championships. Officials are not to penalize or award skaters for varying program times.
- Well Balanced Program Requirements. Maximum jump and spin requirements have been established. Note that these are identified as maximum requirements, but there are no minimum requirements.

**(a) ADULT BRONZE FREE SKATING**

- (i)** TEST: Must not have passed the complete Junior Bronze Free Skate test
- (ii)** SPECIFICATIONS FOR EVENT: One Free program of a maximum time of 2 minutes 40 seconds. Program time may be shorter.
- (iii)** WELL BALANCED CRITERIA:
  - Refer to Skate Canada Website – Members Only

**(b) ADULT SILVER FREE SKATING**

- (i) TEST: Must have passed the complete Junior Bronze Free Skate test, but not the complete Senior Bronze Free Skate test
- (ii) SPECIFICATIONS FOR EVENT: One Free program of a maximum time of 3 minutes 10 seconds. Program time may be shorter.
- (iii) WELL BALANCED CRITERIA:
  - Refer to Skate Canada website – Members Only

**(c) ADULT GOLD FREE SKATING**

- (i) TEST: Must have passed the complete Senior Bronze Free Skate test, but not the complete Junior Silver Free Skate test
- (ii) SPECIFICATIONS FOR EVENT: One Free program of a maximum time of 3 minutes 40 seconds. Program time may be shorter.
- (iii) WELL BALANCED CRITERIA:
  - Refer to Skate Canada website – Members Only

**(d) ADULT MASTERS FREE SKATING**

- (i) TEST: Must have passed the complete Junior Silver Free Skate test or higher but no Competitive singles test.
- (ii) SPECIFICATIONS FOR EVENT: One Free program of a maximum time of 4 minutes 10 seconds. Program time may be shorter.
- (iii) WELL BALANCED CRITERIA:
  - Refer to Skate Canada website – Members Only

**(B) ADULT INTERPRETATIVE EVENTS**

**(a) PRE - INTRODUCTORY ADULT INTERPRETIVE**

- (i) TEST: Must not have passed any Skate Canada Interpretive Skating test.
- (ii) SPECIFICATIONS FOR EVENT: One Interpretive program of 2.0 to 3.0 minutes (+/- 10 seconds) in length. No penalty will be given if program time is shorter than 2.0 minutes.

**(b) INTRODUCTORY ADULT INTERPRETIVE**

- (i) TEST: Must have passed the Introductory Interpretive Skating test but no higher.
- (ii) SPECIFICATIONS FOR EVENT: One Interpretive program of 2.0 to 3.0 minutes (+/- 10 seconds) in length. No penalty will be given if program time is shorter than 2.0 minutes.

**(c) BRONZE ADULT INTERPRETIVE**

- (i) TEST: Must have passed the Bronze Interpretive Skating test but no higher.
- (ii) SPECIFICATIONS FOR EVENT: One Interpretive program of 2.0 to 3.0 minutes (+/- 10 seconds) in length. No penalty will be given if program time is shorter than 2.0 minutes.

**(d) SILVER ADULT INTERPRETIVE**

- (i) TEST: Must have passed the Silver Interpretive Skating test but no higher.
- (ii) SPECIFICATIONS FOR EVENT: One Interpretive program of 2.0 to 3.0 minutes (+/- 10 seconds) in length. No penalty will be given if program time is shorter than 2.0 minutes.

**(e) GOLD ADULT INTERPRETATIVE**

- (i) TEST: Must have passed the Gold Interpretive test.
- (ii) SPECIFICATIONS FOR EVENT: One Interpretive program of 2.0 to 3.0 minutes (+/- 10 seconds) in length. No penalty will be given if program time is shorter than 2.0 minutes.

**(10) SPECIAL OLYMPICS – SINGLES COMPETITION**

**(a) LEVEL 1**

Eligibility: A Skater competing in Level 1 must have passed Can Skate Stage 1 but no higher than Stage 3

- (i) **LEVEL 1 ELEMENTS IN ISOLATION:** Skaters shall skate all of the following elements in isolation. After one skater has completed all their elements the next skater will begin. The skater has one opportunity to perform the elements.

- Forward skating across the width of the ice surface using alternating feet
- Forward glide on left foot (skaters choice of entry)
- Forward glide on right foot (skaters choice of entry)
- Forward half snowplow stop - right foot
- Forward half snowplow stop - left foot
- Backward skating any form – equivalent to the width of the ice surface

(ii) **LEVEL 1 FREESKATE PROGRAM:** The freeskate program will not exceed a time limit of one minute plus or minus 10 seconds. The music will be instrumental.

The program must be well balanced and include:

- Four (4) out of Six (6) Can Skate fundamental movements from Stage 1 through Stage 3
- Maximum of 2 jumps
- Maximum of 2 spins

No Fundamental Movements above Stage 3 or Challenge Skills from any Stage are to be included in the program. Points will be awarded only for Stage 1-3 Fundamental Movements.

### **(b) LEVEL 2 SINGLES**

Eligibility: A Skater competing in Level 2 must have passed Can Skate Stage 4 but no higher than Stage 5

(i) **LEVEL 2 ELEMENTS IN ISOLATION:** Skaters shall skate all elements of either option one or two in isolation. After one skater has completed all their elements the next skater will begin. The skater has one opportunity to perform the elements. The option will be drawn for the group.

Option 1

- Right forward outside glide on a curve for 6 counts – (R-L- Right glide)
- Left forward inside glide on a curve for 6 counts – (L-R-Left glide)
- Forward 2 foot turn into circle – counter clockwise (maximum 2 push entry)
- 3 Backwards pushes from standstill and glide on left foot on a curve (any form)

Option 2

- Left forward outside glide on a curve for 6 counts – (L-R-Left glide)
- Right forward inside glide on a curve for 6 counts – (R-L-Right glide)
- Forward 2 foot turn into circle – clockwise (maximum 2 push entry)

- 3 Backwards pushes from standstill and glide on right foot on a curve (any form)

- (ii) **LEVEL 2 FREE SKATE PROGRAM:** The Level 2 Free skate program will not exceed a time limit of 1 minute 30 seconds plus or minus 10 seconds. The music will be instrumental.

The program must be well balanced and include

- Fundamental Movements from Can Skate Stage 1 through 5
- Must include 4 of 6 Fundamental Movements from Can Skate Stage 4 and 5.
- Choice of Challenge skills from Stages 1 through 3 may also be included.
- Maximum of 3 jumps
- Maximum of 2 spins
- 1 jump sequence or combination can be included and will be counted as one of the allowable jumps

No Fundamental Movements above Stage 5 or Challenge Skills above Stage 3 are to be included in the program. Points will be awarded only for Stage 1-5 Fundamental Movements and Challenge Skills 1 – 3.

### (c) LEVEL 3 SINGLES

Eligibility: A Skater competing in Level 3 must have passed Can Skate Stage 6 but no higher than Stage 7

- (i) **LEVEL 3 ELEMENTS IN ISOLATION:** Skaters shall skate all elements of either option one or two in isolation. After one skater has completed all their elements the next skater will begin. The skater has one opportunity to perform the elements. The option will be drawn for the group.

#### Option 1

- Left Forward outside preliminary circle
- Right forward inside preliminary circle
- Backward outside edges width of ice, may use line
- Left forward outside 3 turn
- Right forward inside mohawk

## Option 2

- Right forward outside preliminary circle
  - Left forward inside preliminary circle
  - Backward outside edges width of ice may use line
  - Right forward outside 3 turn
  - Left forward inside Mohawk
- (ii) **LEVEL 3 FREE SKATE PROGRAM:** The Level 3 Free skate program will not exceed the time limit of 1 minute 30 seconds plus or minus 10 seconds. The music will be instrumental.

The program must be well balanced and include:

- Fundamental Movements from Can Skate Stages 1 through 7
- Must include 4 out of the 6 Fundamental Movements from Can Skate Stages 6 and 7
- Choice of Challenge skills from Stages 1 through 5
- Maximum of 5 jump elements which may include one combination or sequence
- Maximum of 2 spins
- 1 step sequence

No Fundamental Movements above Stage 7 or Challenge Skills above Stage 5 are to be included in the program. Points will be awarded only for Stage 1-7 Fundamental Movements and Challenge Skills 1 – 5.

**THIS ANNOUNCEMENT IS SUBJECT TO CHANGE**

# 2012 TEAM TOBA JUNIOR SEMINAR



## Together On Blades Achieving

March 11<sup>th</sup>, 2012– Morden, MB

### Junior TOBA Team Vision

Junior TOBA Team is a Skate Canada Manitoba Junior Development program which identifies and gives opportunity to skaters who meet the set criteria and is crucial in the process in which a skater advances to the competitive stream.

### Criteria for the 2012 Team TOBA Junior Seminar

**STARSkate events** - Skaters must be registered at their 2012 STARSkate Regional Competition in one of the following events:

- Pre Preliminary - 8 and under
- Preliminary - 9 and under
- Jr. Bronze - 10 and under
- All boys in the above categories
- Age as of October 1<sup>st</sup> preceding the competition

**Competitive events** - Skaters must be registered at the 2012 Skate Canada Manitoba Sectional Championships in the following events:

- Pre Juvenile Women - under the age of 11
- Pre Juvenile Men - under the age of 12
- Age as of July 1<sup>st</sup> preceding the competition

### Registration Deadline

Application forms for the 2012 Junior Development program must be received by Skate Canada Manitoba by January 6, 2012. Registration forms are available on the Skate Canada Manitoba website at [www.mbskates.ca](http://www.mbskates.ca).



## 2012 Team TOBA Junior Seminar

Junior TOBA Team  
Application Form

<b>Name:</b>	<b>Home Phone:</b>						
<b>Address:</b> (Street, Box, City/Town, Prov./State, Postal/Zip code)	<b>Email:</b>						
<b>Age (as of Oct 1, 2011):</b> Birthday: M      D      Y Gender: M ___ F ___	<b>Parents Name:</b>						
<b>Home Club:</b>	<b>Work Phone:</b>						
<b>Club Number:</b>	<b>Skate Canada Number:</b>						
<b>Coach Name:</b>	<b>Phone:</b>						
<b>Address:</b>	<b>Email:</b>						
<b>T-shirt Size: Please circle one:</b>							
<table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">Youth Small</td> <td style="width: 50%;">Adult Small</td> </tr> <tr> <td>Youth Medium</td> <td>Adult Medium</td> </tr> <tr> <td>Youth Large</td> <td>Adult Large</td> </tr> </table>	Youth Small	Adult Small	Youth Medium	Adult Medium	Youth Large	Adult Large	<b>Highest Test Passed (as of November 15, 2011):</b>
Youth Small	Adult Small						
Youth Medium	Adult Medium						
Youth Large	Adult Large						
<b>Fee: \$60.00</b>							
<input type="checkbox"/> Cheque <input type="checkbox"/> Credit Card    ___ Visa ___ MC ___ AMEX    CC# _____    Exp _____							
<b>Name that appears on credit card</b> _____ <b>Signature</b> _____							
*Only Credit Card entries may be faxed							

**Registration Deadline Date: January 6, 2012**

**Return to:**

Skate Canada Manitoba  
145 Pacific Ave  
Winnipeg, MB R3B 2Z6  
Fax (204) 925-5924