



ANNOUNCEMENT

2012 Skate Canada Manitoba STARSkate Eastman Regional Competition

Date: Sunday January 15th, 2012

Location: Ile des Chenes, MB

Hosted by: Lorette Figure Skating Club

Sanctioned by: Skate Canada

Held in Conjunction with: Skate Canada Manitoba

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GENERAL INFORMATION

The 2012 Skate Canada Manitoba Regional STARSkate Championships will be conducted in accordance with the regulations as set forth in the Skate Canada Rule Book. If not specifically stated otherwise in this document, the normal regulations governing skating will apply as indicated in Section 4000 and 7000 of the Skate Canada Rulebook, the Technical and Event Management Handbooks, the Policies and Procedures Manual and the CPC Rulebook.

CONTACT INFORMATION

Name: Lisa Jennings/Valerie Jennings

Phone: (204)878-2370

Email: loretteskatingclub@hotmail.com

ARENA TO BE USED

Arena Name: Ile des Chenes Arena
Address: 630 Rivard St Ile des Chenes, MB
Phone: (204)878-3104

Ice Surface Size:
85' x 185'

ACCOMMODATION(S)

Canad Inn-Windsor Park

Address: 1034 Elizabeth Rd Winnipeg, MB
Phone: 1-888-332-2623

Rates:
\$129.00-\$149.00

Note: Rates are subject to change. You are responsible for making your own reservations.

REGISTRATION

(1) SKATERS

Skaters must register by completing the application form attached to this announcement and returning it to the address below by **Friday December 16th, 2011**. The acceptance of late entries is at the discretion of the host committee in consultation with the Technical Representative.

Return application forms to:

Lorette Figure Skating Club Box 222 Lorette, MB R0A 0Y0

All skaters and coaches must register on-site at the Ile des Chenes Arena.

(2) REGISTRATION FEES

First Event – \$35.00

Additional Events – \$10.00/event

Team Event - \$40.00

All cheques and money orders should be made payable to The Lorette Figure Skating Club

(3) COACHES ACCREDITATION

Coaches must be NCCP Primary STARSkate or Level 1 certified or working on the Primary STARSkate practical assignment, must hold a valid First Aid Certificate, and must be registered professional coaching members in good standing with Skate Canada. Coaches must carry a valid Coach Photo ID card to be permitted to coach at any event. Coaches failing to provide the proper Coach Photo ID will not be permitted into any restricted or designated coaching areas.

MUSIC

CD's will be the only format used at Manitoba Competitions for the 2012 season

- (1) **REGISTRATION OF MUSIC:** Music must be turned in at the time of registration. CD's and their cases must have the competitor's name and event clearly printed on them. The music information as required on the Entry Form must be completed in detail (as applicable).

All music used must be in the public domain or covered by the performing rights societies.

Competitors who have music composed especially for their program either wholly or in part, shall be responsible for obtaining a written release from the composer for the use of such music on radio or television or appropriate clearance from the performing rights society.

- (2) **DANCE MUSIC:** For the information of Dance competitors, 2001 Skate Canada Series 8 music (or ISU music when applicable) will be used for all compulsory dance events.

- (3) **MUSIC REQUIREMENTS:** Each entry must provide 2 CD's for the Competition upon registration. One for competition (marked "Master") and one for back-up (marked "copy"). It is recommended that a backup CD be carried by the skater. Please place phonetic spelling of first and last name on the CD cases to aid the announcer with pronunciation.

Standard Specifications

1. Only one (1) program (using one track only) shall be recorded on each CD.
2. Music shall be recorded onto the CD so that it starts within no less than 0.5 seconds and not more than 2 seconds after the play button is pressed on the CD player.
3. CD recording level shall be normal consistent listening level. Music shall be recorded at equal levels on both left and right channels in **stereo**.

Each Compact Disc shall:

- ❖ Be on a standard CR-R and enclosed in a single transparent plastic case. **Do not use CD-RW**
- ❖ Have the music recorded in Compact disc audio (**CDA**) or **WAV** format. (**Not MP3, iTunes or DVD format**)
- ❖ Be in good clean playable condition.

Labeling

Skater's name, category name, total music time (not skating time) and Home Club shall be clearly printed on:

1. Label on the CD case back insert only. The CD must be visible in front of case.
2. Identify CD by writing on the front of the CD using a fine or medium Sharpie type marker. Do not use a ballpoint pen.
3. Do not apply stick on labels to the CD
4. Label disc with Master or Backup copy clearly on the front.

AWARDS

Medals will be presented to the top three finalists of each discipline except the STARSkate Short Programs/Compulsory Elements events where each skater will receive a certificate.

COSTUMING

The clothing for all competitors must be modest, dignified and appropriate for athletic competition – not garish or theatrical in design. Accessories and props are not permitted.

ACCIDENTS / LIABILITY

Skate Canada, the host Section/Club and the Local Volunteer Team undertake no responsibility for damages or injuries suffered by skaters. As a condition of and in consideration of their entries in these Championships, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by or connected with, the conduct and

management of the competitions and to release any and all claims they may have against the officials, the Association, the Section, the Volunteer Team and against their officers and their entries shall be accepted only on these conditions.

EVENT SCHEDULE

A finalized schedule of events will be provided to each skater by the host region.

ADMISSIONS

Adult: \$3.00

Seniors: \$2.00

Students: \$2.00

Children under 6: FREE

SKATE CANADA MANITOBA CAMERA POLICY

Flash photography is not permitted. Skate Canada Manitoba restricts the use of cameras and video equipment during Skate Canada sanctioned events out of respect for the safety and to protect the privacy of competing athletes.

Spectators are permitted to use cameras at the event for personal use only and are subject to the following conditions. Anyone who does not abide by these rules risks having their camera confiscated by authorized personnel.

- No flash photography is allowed
- Camera lens must not be larger than 200mm in order to avoid obstructing the view of other spectators
- Any resale of photography or posting photos on websites is strictly prohibited
- Video camera's can only be used by the parent(s) of their own skater during their performance

Coaches are only permitted to video tape their own skater from the boards during that skater's practice or performance. Coaches cannot video tape from the spectator area

Images by PW will be the on-site photographer.

GENERAL REGULATIONS

ELIGIBILITY TO COMPETE (From Skate Canada Rule 5401)

- (1) Be eligible person(s) as defined in Skate Canada Rule Book Section 2100 (Rule 5401).
- (2) Be Associate member(s) in good standing of the Association (Rule 5401).
- (3) For eligibility in a Sectional STARSkate competition, please note the following restrictions:
COMPETITIVE SKATERS: Skaters registered[Ⓢ] to compete in any event at the Novice or higher level at a Sectional or Sectional qualifying competition, do not qualify to compete in the Sectional STARSkate Championships in any category at any level. Skaters registered to compete in the Juvenile and Pre-Novice level at a Sectional or Sectional qualifying competition may register to compete in event categories at the STARSkate level other than those competed in at a Sectional or Sectional qualifying competition. Please see the table below for the qualifications for entry.

For purposes of interpretation of this regulation, registration for a Sectional or qualifying event is defined as the submission of a registration form for such event.

| Competitive Category (registered for at Sectionals or Sectional qualifying event) | Events that may be entered at the Sectional STARSkate Championships (or qualifying event) |
|---|---|
| Novice and higher in Singles, Pairs and Dance | No events |
| Juvenile / Pre-Novice Competitive Dance | Free Skate, Pairs, Interpretive, Skating Skills, Triathlon |
| Juvenile / Pre-Novice Competitive Singles | Pairs, Dance, Interpretive, Biathlon, Skating Skills |
| Juvenile/Pre-Novice Competitive Pairs | Free Skate, Dance, Interpretive, Skating Skills, Biathlon, Triathlon |
| Competitive Synchronized Skater | All events |

- (4) **WINNER OF A PREVIOUS QUALIFYING EVENT LEADING TO THE SECTIONAL STARSKATE CHAMPIONSHIPS:** A previous winner of a qualifying event for the Sectional STARSkate Championships is eligible to re-enter the same

qualifying event provided that the competitor is still eligible to enter the corresponding category.

- (5) **TEST AND AGE PREREQUISITES:** Competitors wishing to enter the 2012 **Manitoba** STARSkate Championships and events leading to it shall meet the test requirements to compete before **November 15th, 2011** preceding the competition. Age requirements shall be met before **October 1st, 2011** preceding the competition.

- (6) **COMPETITIVE SINGLES TEST EQUIVALENCIES IN THE STARSkate PROGRAM:** As regulation 4000 –E – 3.1 states, skaters passing free skating tests in the competitive test system are granted equivalencies for regular free skating tests as follows:

Juvenile competitive singles test = Junior Silver Free skating test
Pre-Novice competitive singles test = Senior Silver free skating test
Novice competitive singles test = Gold free skating test
Junior or Senior competitive singles test = Gold free skating test

Skaters who have passed any of the competitive test equivalencies must enter the STARSkate Championships at the level corresponding to their highest STARSkate test passed or at the level which they received the equivalency in the STARSkate Program, whichever is higher.

Please note: The above equivalences are for tests passed after July 1, 2011. If a skater passed the competitive test in question prior to July 1, 2011, they will be granted the test equivalences that were used in the 2010/2011 skating season. Please refer to Members Only for more information.

- (7) Skaters may participate in either the 2012 **Manitoba** STARSkate Championships or the 2012 Adult Figure Skating Championships, but not both.
- (8) In the case where the test requirements deadline for the event is **November 15th** skaters may skate up in the free skate categories if desired. Skating up is not permitted in the Triathlon, Biathlon, Skating Skills and Interpretive events.
- (9) Entrants in the Triathlon events must register to compete in the highest level that their test qualification qualifies them for. For example, a skater who has passed the Senior Silver Skating Skill, Bronze Interpretive and Senior Silver Free Skate must compete in Silver Triathlon and cannot skate in Bronze Triathlon.

- (10) Should a Free Skate, Interpretive or Skating Skills event have only one entry, the skater will be given the option to skate at the next level or skate an exhibition. In the case of a dance category with only one entry, there will be no option to skate at the next level. An exhibition may be done.

EVENT SPECIFICATIONS

- (1) **EVENT COMPOSITION:** In normal circumstances, each category at the competition must be held for men and women separately. It is permissible for events that do not progress skaters on to a subsequent level of STARSkate Interclub competition to combine events as follows:
- (a) Combine two or more categories in the same event when each category has fewer than three entries;
 - (b) Combine two or more categories in the same event when one category has insufficient entries to hold the event;

The decision to combine events is at the discretion of the Technical Representative and the host committee.

In any of the above cases, categories may be combined – only with full prior knowledge and agreement of all competitors affected.

- (2) **GROUPING SKATERS BY AGE:** The following guideline is suggested for grouping skaters:
- (a) For events that require grouping because of a large number of entries, the following procedure may be used:
 - (i) In a category that does not progress skaters on to a final round, skaters may be divided and grouped according to age.
 - (ii) In an event that progresses skaters on to a final round, skaters in the same category must be divided and grouped by random draw.
- (3) **GROUPING SKATERS BY TEST LEVEL:** Due to a large number of entries in the Pre-Introductory Interpretive, skaters may be divided and grouped according to Free Skate test level. Entry level skaters will be grouped if there are more than 12 entries in the event. STARSkate events will be grouped by age when event registration exceeds 16 entries.
- (4) **COMPOSITION OF PARTNERS:** Couples for Dance and Biathlon events may be comprised of two women (one performing the man's steps), one woman and one man or two men. Similar and mixed couples may compete against each other. Dance couples must represent one section.

RESULTS CALCULATION

(1) OBO

Please note that the “OBO” (one-by-one) results calculation method will be used for all events.

2) EVENT MARKING CRITERIA, TIE BREAKING AND FACTORS

OBO:

| EVENT | MARKING CRITERIA | FACTOR | % | TIE BREAKER |
|--|----------------------------------|--------|-----|----------------------|
| Free Skate (Pre-Preliminary and Preliminary) | Technical Merit, Presentation | 1.0 | 100 | 2 nd mark |
| Dance (Preliminary) • Compulsory 1 | Technique, Timing/Expression | 0.5 | 50 | 1 st mark |
| • Compulsory 2 | Technique, Timing/Expression | 0.5 | 50 | 1 st mark |
| Skating Skills • Exercise 1 | Technique, Performance | 0.5 | 50 | 1 st mark |
| • Exercise 2 | Technique, Performance | 0.5 | 50 | 1 st mark |

3) MARKING SYSTEM – Closed marking will be used for all events.

EVENTS TO BE HELD

Any skater registered in the following events may register for the 2012 Skate Canada Manitoba STARSkate Championships being held on March 2nd – 4th, 2012 in Winkler:

- ❖ Free Skate – Pre-Preliminary, Preliminary, Junior Bronze, Senior Bronze, Junior Silver, Senior Silver and Gold.
- ❖ Pairs – Open Pairs
- ❖ Dance – Preliminary, Junior Bronze, Senior Bronze, Junior Silver, Senior Silver and Gold.

(1) FREE SKATE EVENTS

Well Balanced Criteria can be found on the Skate Canada Members Only Website

(a) **PRE-PRELIMINARY FREE SKATE 8 & UNDER AND PRE-PRELIMINARY 9 & OVER**

- (i) **TEST:** Must not have passed the complete Preliminary Free Skate test
- (ii) **SPECIFICATIONS FOR EVENT:** One free program of 1.5 minutes in length (+ / - 10 seconds)

(b) **PRELIMINARY FREE SKATE 9 & UNDER AND PRELIMINARY 10 & OVER**

- (i) **TEST:** May have passed the Preliminary free skate test but no higher complete free skate test
- (ii) **SPECIFICATIONS FOR EVENT:** One free skate program of 1.5 minutes in length (+/- 10 seconds)

(c) **JUNIOR BRONZE FREE SKATE 10 & UNDER AND JUNIOR BRONZE FREE SKATE 11 & OVER**

- (i) **TEST:** May have passed the Jr. Bronze free skate test but no higher complete free skate test
- (ii) **SPECIFICATIONS FOR EVENT:** One free skate program of 2.0 minutes in length (+/- 10 seconds)

(d) **SENIOR BRONZE FREE SKATE**

- (i) **TEST:** May have passed the Sr. Bronze free skate test but no higher complete free skate test
- (ii) **SPECIFICATIONS FOR EVENT:** One free skate program of 2.5 minutes in length (+/- 10 seconds)

(e) **JUNIOR SILVER FREE SKATE**

- (i) **TEST:** May have passed the Jr. Silver free skate test but no higher complete free skate test
- (ii) **SPECIFICATIONS FOR EVENT:** One free skate program of 3.0 minutes in length (+/- 10 seconds)

(f) **SENIOR SILVER FREE SKATE**

- (i) **TEST:** May have passed the Sr. Silver free skate test but no higher complete free skate test
- (ii) **SPECIFICATIONS FOR EVENT:** One free skate program of 3.0 minutes in length (+/- 10 seconds)

(g) **GOLD FREE SKATE**

- (i) **TEST:** May have passed the Gold free skate test
- (ii) **SPECIFICATIONS FOR EVENT:** One free skate program of 3.5 (women) or 4.0 (men) minutes in length (+/- 10 seconds)

(2) **COMPULSORY SHORT PROGRAMS**

IMPORTANT NOTE: For Compulsory Elements/Short Programs, there will be no medals given out. Each participant that competes in these events will receive a certificate of participation. These events will be judged on a performance based system which follows Skate Canada's Long Term Athlete Development (LTAD) model.

Components of a compulsory short program:

- A program consisting of required elements
- Programs are to be performed with music
- Full ice surface
- Elements may be skated in any order using connecting steps, strong edges and flow
- Deductions will be taken for any added or repeated elements

(a) JUNIOR SILVER, SENIOR SILVER & GOLD SHORT PROGRAM

Skating time: 2 minutes & 30 seconds – maximum.

Follows Novice Short Program Requirements

1. Single or Double Axel jump
2. One double jump immediately preceded by connecting steps and/or other comparable free skating movements or triple jump (connecting steps not required). Double axel may not be repeated
3. Jump combination – two double jumps or one double jump and one triple jump or two triple jumps*
*The jump combination may consist of the same jump or another double or triple jump. The jumps included must be different than the solo jump.
4. Women - Layback or sideways leaning spin (minimum of 6 revolutions) Men – Sit or camel spin with change of foot (min 5 revolutions on each foot, no flying entry)
5. Combination spin (minimum of 5 revolutions on each foot – 1 change of foot allowed (minimum of 2 basic positions)

***No flying entry on any spin**

6. Step Sequence (maximum of one step sequence – any pattern)

(b) SENIOR BRONZE SHORT PROGRAM

Skating time: 2 minutes & 30 seconds – maximum.

Follows Pre-Novice Short Program Requirements

1. Single or Double Axel jump
2. Any double or triple jump
3. Jump combination (two double jumps or one double and one triple jump)
Note: The 2A may be repeated, but if it is repeated one must be in combination.
Note: Other than the 2A, no jump can be repeated unless as the first and second jump in the combination

** Only one triple jump may be included in the program.

4. Women - Layback or sideways leaning spin (minimum of 5 revolutions) Men – Camel spin with only one change of foot (min. 4 revolutions on each foot)
5. Combination spin (minimum of 4 revolutions on each foot – 1 change of foot allowed minimum of 2 basic positions)

***No flying entry on any spin**

6. Step Sequence (maximum one step sequence – any pattern)

(3) COMPULSORY ELEMENTS

Junior Bronze and Preliminary will use full ice.

Entry and Pre-Preliminary will use ½ ice surface.

No music will be used.

Eligibility for Events is the same as for Free Skating Events.

The program consists of required elements and may be skated in any order.

Programs must have an opening and ending pose.

Connecting steps are permitted to link elements.

Deductions will be taken for any added or repeated elements.

(a) JUNIOR BRONZE ELEMENT PROGRAM (Skating time 1:30 minutes - maximum)

1. Single Axel jump
2. Double Salchow jump
3. Single Flip/single Toe Loop jump combination
4. Change combination spin (Minimum 2 rotations in each position)
5. Flying camel or flying sit spin (minimum of 3 rotations)

(b) PRELIMINARY ELEMENT PROGRAM (Skating time 1:15 minute - maximum)

1. Single Flip Jump
2. Single Lutz Jump
3. Single Loop/Single Loop Combination
4. Forward camel spin (minimum of 3 revolutions)
5. Change sit spin (minimum of 2 rotations on each foot)

(c) PRE-PRELIMINARY ELEMENTS PROGRAM (Skating time 1:15 minute - maximum)

1. Single Loop jump
2. Single Flip jump
3. Single Salchow/single Toe Loop jump combination
4. Sit spin (minimum of 2 revolutions)
5. Change Upright spin (minimum of 2 rotations on each foot)

(d) ENTRY ELEMENT PROGRAM (Skating time 1:15 minute – maximum)

Must not have passed any portion of the Preliminary Free Skate test or any Skating Skills test

1. Waltz jump
2. Single Toe Loop jump
3. Single Salchow jump
4. 1 Foot Upright spin (minimum of 2 rotations)
5. 1 Foot Backspin (minimum of 2 rotations)

(4) INTERPRETIVE EVENTS

Note: For full information on Interpretive events, please refer to Skate Canada's Members Only website.

(a) PRE- INTRODUCTORY INTERPRETIVE

- (i) **TEST:** Must not have passed any Skate Canada interpretive skating test
- (ii) **SPECIFICATIONS FOR EVENT:** One Interpretive program of 2:00 to 3:00 minutes in length (+/- 10 seconds)

(b) INTRODUCTORY INTERPRETIVE

- (i) **TEST:** Must have passed the Introductory interpretive test but no higher Interpretive test
- (ii) **SPECIFICATIONS FOR EVENT:** One Interpretive program of 2:00 to 3:00 minutes in length (+/- 10 seconds)

(c) BRONZE INTERPRETIVE

- (i) **TEST:** Must have passed the Bronze interpretive test but no higher Interpretive test
- (ii) **SPECIFICATIONS FOR EVENT:** One Interpretive program of 2:00 to 3:00 minutes in length (+/- 10 seconds)

(d) SILVER INTERPRETIVE

- (i) **TEST:** Must have passed the Silver interpretive test but no higher Interpretive test
- (ii) **SPECIFICATIONS FOR EVENT:** One Interpretive program of 2:00 to 3:00 minutes in length (+/- 10 seconds)

(e) GOLD INTERPRETIVE

- (i) **TEST:** Must have passed the Gold interpretive test
- (ii) **SPECIFICATIONS FOR EVENT:** One Interpretive program of 2:00 to 3:00 minutes in length (+/- 10 seconds)

(5) CREATIVE SKATING SKILLS PROGRAMS

Duration: not to exceed 2 minutes

Music Tempo: minimum 112 beats per minute

Music: Skater's choice

- Can be vocal
- Can be a selection from the Skating Skills Program music
- Music should have a rhythmic beat
- Two or three selections of music may be used

(A) BASIC GUIDELINES TO REQUIRED CONTENT

- Three step sequences are required: straight line, circular, and serpentine. More than one example of each shape may be included provided that the music time does not exceed two minutes; however only the first executed of each shape that meets the requirements will receive point value. All others will be considered in the technical transitions score.
- May include one stop not exceeding 5 seconds.
- Inclusion of recognizable skating skills exercise components (rockers, counters, hip twists, loops, etc) will be rewarded. Changes of edge, multi directional skating, rockers, choctaws and other such steps and turns will be rewarded.
- Speed should match the type of element or step. Difficulty of steps + speed + control of execution is the most important combination of skills demonstrated.
- Small hops, toe steps and small jumps of no more than half rotation are permitted.
- Spinning movements of more than two rotations are not permitted.
- Excessive skating on two feet is considered as an inability to skate and should be penalized.
- Spirals/ moves in the field sequence (circular or serpentine): Each position must be held for at least two seconds to be counted and there must be at least three different positions in the sequence.
- Serpentine shape must have at least two bold curves of not less than one half the width of the ice surface and must go from end to end.
- Straight line shape commences at any place of the short barrier and goes to any place of the opposite short barrier keeping the approximate shape of the straight line.
- Circular shape can be oval or circular but must cover the width of the ice.

Note: The minimum requirements for a step sequence to be identified are as follows:

- The step sequence must cover at least $\frac{3}{4}$ of the ice surface in the designated pattern. Step sequences that are too short or barely visible will not be identified or receive points or receive a 0.4 deduction in 6.0.
- Straight line must go from one end of the ice to the other (length) in a direct manner (without bold curves)
- Serpentine must have at least two bold curves of not less than $\frac{1}{2}$ the width of the ice, moving from one end of the ice to the other (length)
- Circle may be circle or oval in shape but must cover the width of the ice

(B) **EVENTS**

(a) BRONZE CREATIVE SKILL

(i) SPECIFICATIONS FOR EVENT: **One Creative Skating Skills Program (Maximum 2.0 minutes in length)**

(ii) **WELL BALANCED CRITERIA:**

Straight Line Step

Program must include one (1) straight-line step sequence

This step sequence must include a series of three or more loops

Circle & Serpentine Step

Program must include one (1) circular step sequence and one (1) serpentine step sequence

The skater must choose one of the circular or serpentine step sequences to be predominantly field moves

The other of the circular or serpentine (that which is not field moves) must have a series of required turns as follows: Multiple three-turns and brackets

Other turns may be included. Clean edges and turns will be rewarded

(b) SILVER CREATIVE SKILL

(i) SPECIFICATIONS FOR EVENT: **One Creative Skating Skills Program (Maximum 2.0 minutes in length)**

(ii) WELL BALANCED CRITERIA:

Straight Line Step

Program must include one (1) straight-line step sequence

This step sequence must include two twizzles on one foot with up to one step in between, no stop(s) allowed before and/or between twizzles

Circle & Serpentine Step

Program must include one (1) circular step sequence and one (1) serpentine step sequence

The skater must choose one of the circular or serpentine step sequences to be predominantly field moves

The other of the circular or serpentine (that which is not field moves) must have a series of required turns as follows:

- Counter and Rocker turns
- Other turns may be included. Clean edges and turns will be rewarded

(c) GOLD CREATIVE SKILL

(i) SPECIFICATIONS FOR EVENT: **One Creative Skating Skills Program (Maximum 2.0 minutes in length)**

(ii) WELL BALANCED CRITERIA:

Straight Line Step

- Program must include one (1) straight-line step sequence

- This step sequence must include two twizzles on one foot with up to one step in between, no stop(s) allowed before and/or between twizzles

Circle & Serpentine Step

Program must include one (1) circular step sequence and one (1) serpentine step sequence

- The skater must choose one of the circular or serpentine step sequences to be predominantly field moves

The other of the circular or serpentine (that which is not field moves) must have a series of required turns as follows:

- Counter and Rocker turns
- Other turns may be included. Clean edges and turns will be rewarded

(6) DANCE EVENTS

Note: Dances are to be skated in the order listed. The number of dance patterns to be skated shall be the same as for Evaluated Tests. Please refer to the Skate Canada Technical Handbook Figure Skating Terms Defined – 3.15 (2).

(a) PRELIMINARY DANCE

(i) **TEST:** At least one partner must have passed the complete Preliminary dance test and not the complete Junior Bronze dance test

(ii) **SPECIFICATIONS FOR EVENT:**

- Dutch Waltz and Baby Blues

(b) JUNIOR BRONZE DANCE

(i) **TEST:** At least one partner must have passed the complete Junior Bronze dance test and not the complete Senior Bronze dance test

(ii) **SPECIFICATIONS FOR EVENT:**

- Swing and Fiesta Tango

(c) SENIOR BRONZE DANCE

(i) **TEST:** At least one partner must have passed the complete Senior Bronze dance test and not the complete Junior Silver dance test

(ii) **SPECIFICATIONS FOR EVENT:**

- Ten Fox and Fourteenstep

(d) JUNIOR SILVER DANCE

(i) **TEST:** At least one partner must have passed the complete Junior Silver dance test and not the complete Senior Silver dance test

(ii) **SPECIFICATIONS FOR EVENT:**

- Harris Tango and Rocker Foxtrot

(e) SENIOR SILVER DANCE

(i) **TEST:** At least one partner must have passed the complete Senior Silver dance test and not the complete Gold dance test

(ii) **SPECIFICATIONS FOR EVENT:**

- Starlight Waltz and Kilian

(f) **GOLD DANCE**

- (i) **TEST:** At least one partner must have passed the complete Gold dance test and not the complete Diamond dance test
- (ii) **SPECIFICATIONS FOR EVENT:**
 - Blues and Quickstep

(7) **PAIR EVENTS**

(a) **OPEN PAIR**

- (i) **TEST:** Each partner must have passed at least the Preliminary free skate test
- (ii) **SPECIFICATIONS FOR EVENT:** One free program of 2.0 minutes in length

Note: For more information on Pair events, please refer to Skate Canada's 'Members Only' website.

Compositions of Partners: The pair must be composed of a man and a woman.

OPTIONAL EVENTS

(8) **TEAM MANEUVERS**

- Eligibility is by test level and is the same as listed for the Free Skating Events.
- Each team will consist of four (4) skaters (male, female or a combination thereof).
- All four skaters on a team must not have passed any Free Skating Test higher than listed for the event, but may have passed a lower Free Skating Test.
- Teams may consist of members from different home clubs.
- Substitution of a team member after the closing date of entries may be done for medical reasons only.
- A skater may participate in one Team Event only.
- Skaters will have only one attempt at their element.

(a) **ENTRY/PRE-PRELIMINARY**

1. Bunny Hop
2. Forward one foot spin
3. Jump combination – Salchow/Toe Loop
4. Forward Spiral into drag, no change of foot

(b) PRELIMINARY/JUNIOR BRONZE

1. Axel
2. Combination jump – Flip/Loop
3. Sit spin
4. Combination of 2 field moves

(c) SENIOR BRONZE / JUNIOR SILVER

1. Axel
2. Double jump of skaters choice
3. Flying Camel
4. Straight line step sequence

(d) SENIOR SILVER / GOLD

1. Axel
2. Double – double jump combination of skaters choice
3. Flying Camel
4. Circular step sequence

(9) SPIN EVENTS

- Spins shall be skated in a simple program with no extra or repeated elements. Connecting moves may include short sequences of footwork such as threes, brackets, rockers, etc. and/or spirals, spread eagles, Ina Bauers. Connecting moves are for the sole purpose of maneuvering between spins and will not be judged.
- All levels will use half of the ice surface.
- Skating time for all levels will be 1.5 minutes.
- No music allowed.
- Eligibility is the same as for free skating events.

(a) PRE-PRELIMINARY SPINS

- Forward Upright Spin (minimum of 3 revolutions)
- Sit spin (minimum of 3 revolutions)
- Back upright spin (minimum of 3 revolutions)

(b) PRELIMINARY SPINS

- Sit spin (minimum of 3 rotations)
- Camel spin (minimum of 3 rotations)
- Combination spin (Change of foot optional. Must include all three positions)

(c) JUNIOR BRONZE SPINS

- Flying spin (one position with no change of foot. Minimum 4 revolutions)
- Combination spin (change of foot mandatory. Must include all three positions. Minimum of 4 revolutions on each foot)
- One position spin (Change of foot optional, no flying entry. Minimum of 4 revolutions)

(d) SENIOR BRONZE SPINS

- Flying spin (one position with no change of foot. Minimum of 5 revolutions)
- Combination spin (change of foot mandatory. Must include all three positions. Minimum of 5 revolutions on each foot)
- One position spin (Minimum of 5 revolutions, change of foot optional)

(e) JUNIOR SILVER SPINS

- Flying spin (one position with no change of foot. Minimum of 6 revolutions)
- Combination spin (change of foot mandatory. Must include all three positions. Minimum of 6 revolutions on each foot)
- One position spin (Minimum of 6 revolutions, change of foot optional)

(f) GOLD / SENIOR SILVER SPINS (COMBINED EVENT)

- Flying spin (one position with no change of foot. Minimum of 6 revolutions)
- Combination spin (change of foot mandatory. Must include all three positions. Minimum of 6 revolutions on each foot)
- One position spin (Minimum of 6 revolutions, change of foot optional)

(10) IMPROV EVENTS

- Music will be selected and custom edited by Skate Canada-Manitoba.
- Program need not include jumps or spins – but they may be used if they enhance the interpretation of the music.
- Music will be played three times in total for the skater entering this event. The skater will hear the music twice while they are on the ice with all the skaters participating in the event. Skaters are able to start creating an Improv program. All skaters will be clear the ice after the music has been played twice and directed into a room, which is out of sight and hearing of the ice area/music. Each competitor in turn will hear the music one final time (while skater ahead of them competes). After skating, the competitor may not re-enter the dressing room until the entire event has been completed.
- Coaches will not be allowed to be with skaters along the ice surface or allowed to coach skaters during their event.

(a) JUNIOR EVENT

- Open to all skaters' 10 years of age and under
- 45 to 60 second routine to music

(b) INTERMEDIATE EVENT

- Open to all skaters 11 to 14 years of age
- 1 minute to 1 minute 15 second routine to music

(c) SENIOR EVENT

- Open to all skaters' 15 years of age and over
- 1 minute 15 second to 1 minute 30 second routine to music

(11) ADULT EVENTS

Skaters competing in adult events must be 18 years of age as of July 1 of the preceding year.

(A) ADULT FREE SKATE EVENTS

- Adult Free Skating programs have no minimum program time assigned. The maximum program time has been placed at the equivalent STARSkate test level. This will allow the Adult skaters to meet their various goals for the season whether that is to pass a STARSkate test, compete at an ISU or USFS event, or compete at the Skate Canada Adult Figure Skating Championships. Officials are not to penalize or award skaters for varying program times.
- Well Balanced Program Requirements. Maximum jump and spin requirements have been established. Note that these are identified as maximum requirements, but there are no minimum requirements.

(a) ADULT BRONZE FREE SKATING

- (i)** TEST: Must not have passed the complete Junior Bronze Free Skate test
- (ii)** SPECIFICATIONS FOR EVENT: One Free program of a maximum time of 2 minutes 40 seconds. Program time may be shorter.
- (iii)** WELL BALANCED CRITERIA:
 - Refer to Skate Canada Website – Members Only

(b) ADULT SILVER FREE SKATING

- (i) TEST: Must have passed the complete Junior Bronze Free Skate test, but not the complete Senior Bronze Free Skate test
- (ii) SPECIFICATIONS FOR EVENT: One Free program of a maximum time of 3 minutes 10 seconds. Program time may be shorter.
- (iii) WELL BALANCED CRITERIA:
 - Refer to Skate Canada website – Members Only

(c) ADULT GOLD FREE SKATING

- (i) TEST: Must have passed the complete Senior Bronze Free Skate test, but not the complete Junior Silver Free Skate test
- (ii) SPECIFICATIONS FOR EVENT: One Free program of a maximum time of 3 minutes 40 seconds. Program time may be shorter.
- (iii) WELL BALANCED CRITERIA:
 - Refer to Skate Canada website – Members Only

(d) ADULT MASTERS FREE SKATING

- (i) TEST: Must have passed the complete Junior Silver Free Skate test or higher but no Competitive singles test.
- (ii) SPECIFICATIONS FOR EVENT: One Free program of a maximum time of 4 minutes 10 seconds. Program time may be shorter.
- (iii) WELL BALANCED CRITERIA:
 - Refer to Skate Canada website – Members Only

(B) ADULT INTERPRETATIVE EVENTS

(a) PRE - INTRODUCTORY ADULT INTERPRETIVE

- (i) TEST: Must not have passed any Skate Canada Interpretive Skating test.
- (ii) SPECIFICATIONS FOR EVENT: One Interpretive program of 2.0 to 3.0 minutes (+/- 10 seconds) in length. No penalty will be given if program time is shorter than 2.0 minutes.

(b) INTRODUCTORY ADULT INTERPRETIVE

- (i) TEST: Must have passed the Introductory Interpretive Skating test but no higher.
- (ii) SPECIFICATIONS FOR EVENT: One Interpretive program of 2.0 to 3.0 minutes (+/- 10 seconds) in length. No penalty will be given if program time is shorter than 2.0 minutes.

(c) BRONZE ADULT INTERPRETIVE

- (i) TEST: Must have passed the Bronze Interpretive Skating test but no higher.
- (ii) SPECIFICATIONS FOR EVENT: One Interpretive program of 2.0 to 3.0 minutes (+/- 10 seconds) in length. No penalty will be given if program time is shorter than 2.0 minutes.

(d) SILVER ADULT INTERPRETIVE

- (i) TEST: Must have passed the Silver Interpretive Skating test but no higher.
- (ii) SPECIFICATIONS FOR EVENT: One Interpretive program of 2.0 to 3.0 minutes (+/- 10 seconds) in length. No penalty will be given if program time is shorter than 2.0 minutes.

(e) GOLD ADULT INTERPRETATIVE

- (i) TEST: Must have passed the Gold Interpretive test.
- (ii) SPECIFICATIONS FOR EVENT: One Interpretive program of 2.0 to 3.0 minutes (+/- 10 seconds) in length. No penalty will be given if program time is shorter than 2.0 minutes.

THIS ANNOUNCEMENT IS SUBJECT TO CHANGE

2012 TEAM TOBA JUNIOR SEMINAR



Together On Blades Achieving

March 11th, 2012– Morden, MB

Junior TOBA Team Vision

Junior TOBA Team is a Skate Canada Manitoba Junior Development program which identifies and gives opportunity to skaters who meet the set criteria and is crucial in the process in which a skater advances to the competitive stream.

Criteria for the 2012 Team TOBA Junior Seminar

STARSkate events - Skaters must be registered at their 2012 STARSkate Regional Competition in one of the following events:

- Pre Preliminary - 8 and under
- Preliminary - 9 and under
- Jr. Bronze - 10 and under
- All boys in the above categories
- Age as of October 1st preceding the competition

Competitive events - Skaters must be registered at the 2012 Skate Canada Manitoba Sectional Championships in the following events:

- Pre Juvenile Women - under the age of 11
- Pre Juvenile Men - under the age of 12
- Age as of July 1st preceding the competition

Registration Deadline

Application forms for the 2012 Team TOBA Junior Seminar must be received by Skate Canada Manitoba by January 6, 2012. Registration forms are available on the Skate Canada Manitoba website at www.mbskates.ca.



2012 Team TOBA Junior Seminar

Junior TOBA Team
Application Form

| | | | | | | | |
|--|-----------------------------|-------------|-------------|--------------|--------------|-------------|-------------|
| Name: | Home Phone: | | | | | | |
| Address: (Street, Box, City/Town, Prov./State, Postal/Zip code) | Email: | | | | | | |
| Age (as of Oct 1, 2011): Birthday: M D Y Gender: M ___ F ___ | Parents Name: | | | | | | |
| Home Club: | Work Phone: | | | | | | |
| Club Number: | Skate Canada Number: | | | | | | |
| Coach Name: | Phone: | | | | | | |
| Address: | Email: | | | | | | |
| T-shirt Size: Please circle one: | | | | | | | |
| <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">Youth Small</td> <td style="width: 50%;">Adult Small</td> </tr> <tr> <td>Youth Medium</td> <td>Adult Medium</td> </tr> <tr> <td>Youth Large</td> <td>Adult Large</td> </tr> </table> | | Youth Small | Adult Small | Youth Medium | Adult Medium | Youth Large | Adult Large |
| Youth Small | Adult Small | | | | | | |
| Youth Medium | Adult Medium | | | | | | |
| Youth Large | Adult Large | | | | | | |
| Fee: \$60.00 | | | | | | | |
| <input type="checkbox"/> Cheque <input type="checkbox"/> Credit Card ___ Visa ___ MC ___ AMEX CC# _____ Exp _____ | | | | | | | |
| Name that appears on credit card _____ Signature _____ *Only Credit Card entries may be faxed | | | | | | | |

Registration Deadline Date: January 6, 2012

Return to:

Skate Canada Manitoba
145 Pacific Ave
Winnipeg, MB R3B 2Z6
Fax (204) 925-5924