



2012 MANITOBA OPEN
Free Skate Competition
February 17th - 19th, 2012
Stonewall, MB

Hosted by Stonewall Skating Club
Veterans Memorial Sports Complex (VMSC)
Stonewall, MB
Sanctioned by Skate Canada and USFSA



SKATECANADA

ANNOUNCEMENT

2012 Manitoba Open Free Skate Competition

Dates, Host and Locations:

Host: Stonewall Skating Club

Dates: February 17th – 19th, 2012

Arena: Veterans Memorial Sports Complex

Location: Stonewall, MB

Sanctioned by: Skate Canada and USFSA

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RULES

Competitions will be conducted in accordance with regulations as outlined by Skate Canada.

ELIGIBILITY TO COMPETE

Competitors must be eligible skaters as defined in Section 2100 of the Skate Canada Rule Book and be Associate Members in good standing of the Association.

OR

Competitors must be members in good standing of the United States Figure Skating Association.

Be Associate members in good standing of the Association (Rule 5401).

COACHES ELIGIBILITY

Coaches must be NCCP Level 1 or Primary STARSkate certified or working on the Practical portion of their certification, must hold a valid First Aid Certificate, and must be registered professional coaching members in good standing with Skate Canada. Canadian coaches must carry a valid Coach Photo ID card to be permitted to coach at any event. Coaches failing to provide the proper Coach Photo ID will not be permitted into any restricted or designated coaching areas. US coaches must be a member in good standing of the USFSA.

Coaches MUST be fully NCCP ISPC or Level 2 certified for skaters entered in Competitive Events.

MUSIC REQUIREMENTS

CD's will be the only format used at Manitoba Competitions for the 2012 season

- (1) **REGISTRATION OF MUSIC:** Music must be turned in at the time of registration. CD's and their cases must have the competitor's name and event clearly printed on them. The music information as required on the Entry Form must be completed in detail (as applicable).

All music used must be in the public domain or covered by the performing rights societies.

Competitors who have music composed especially for their program either wholly or in part, shall be responsible for obtaining a written release from the composer for the use of such music on radio or television or appropriate clearance from the performing rights society.

- (2) **DANCE MUSIC:** For the information of Dance competitors, 2001 Skate Canada Series 8 music (or ISU music when applicable) will be used for all compulsory dance events.

- (3) **MUSIC REQUIREMENTS:** Each entry must provide 2 CD's for the Competition upon registration. One for competition (marked "Master") and one for back-up (marked "copy"). It is recommended that a backup CD be carried by the skater. Please place phonetic spelling of first and last name on the CD cases to aid the announcer with pronunciation.

Standard Specifications

1. Only one (1) program (using one track only) shall be recorded on each CD.
2. Music shall be recorded onto the CD so that it starts within no less than 0.5 seconds and not more than 2 seconds after the play button is pressed on the CD player.
3. CD recording level shall be normal consistent listening level. Music shall be recorded at equal levels on both left and right channels in **stereo**.

Each Compact Disc shall:

- ❖ Be on a standard CR-R and enclosed in a single transparent plastic case. **Do not use CD-RW**
- ❖ Have the music recorded in Compact disc audio (**CDA**) or **WAV** format. (**Not MP3, iTunes or DVD format**)
- ❖ Be in good clean playable condition.

Labeling

Skater's name, category name, total music time (not skating time) and Home Club shall be clearly printed on:

1. Label on the CD case back insert only. The CD must be visible in front of case.
2. Identify CD by writing on the front of the CD using a fine or medium Sharpie type marker. Do not use a ballpoint pen.
3. Do not apply stick on labels to the CD
4. Label disc with Master or Backup copy clearly on the front.

ACCIDENTS/LIABILITY

Skate Canada, the host Section/Club and the Local Volunteer Team undertake no responsibility for damages or injuries suffered by skaters. As a condition of and in consideration of their entries in these Championships, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by or connected with, the conduct and management of the competitions and to release any and all claims they may have against the officials, the Association, the Section, the Volunteer Team and against their officers and their entries shall be accepted only on these conditions.

COMPETITION HOST COMMITTEE

Gina Doyle
Phone: (204)467-2395
Email: tgildoyle@mts.net

Irene Pawlow
Phone: (204)467-2201
Email: irene-erin@mymts.net

COMPETITION ARENA

Veterans Memorial Sports Complex
500 Main Street
Stonewall, MB
Phone: (204)467-7975

Ice Surface Dimensions:
85' x 200'

QUALIFICATIONS FOR ENTRY

(1) COMPETITIVE SKATERS: Skaters registered to compete in any event at the Novice or higher level at a Sectional or Sectional qualifying competition, do not qualify to compete in the STARSkate Events in any category at any level. Skaters registered to compete in the Juvenile and Pre-Novice level at a Sectional or Sectional qualifying competition may register to compete in event categories at the STARSkate level other than those competed in at a Sectional or Sectional qualifying competition. Please see the table below for the qualifications for entry.

Competitive Category (competed in at Sectionals or Sectional qualifying event)	Events that may be competed in at the <i>Skate Canada Manitoba</i> STARSkate Championships
Novice and higher in Singles, Pairs and Dance	No events
Juvenile / Pre-Novice Competitive Dance	Free Skate, Pairs, Interpretive, Skating Skills, Triathlon
Juvenile / Pre-Novice Competitive Singles	Pairs, Dance, Interpretive, Biathlon, Skating Skills
Juvenile/Pre-Novice Competitive Pairs	Free Skate, Dance, Interpretive, Skating Skills, Biathlon, Triathlon
Competitive Synchronized Skater	All events

- *The Pre-Juvenile category is not considered a competitive qualifying event nationally. Skaters competing in these events can register and compete in the STARSkate Events.*

(2) TEST AND AGE PREREQUISITES: Competitors wishing to enter the 2012 Manitoba Open Free Skate Competition shall meet the **test requirements as of November 15** and **age requirements are as of October 1, preceding the competition** for STARSkate Events. Competitive Skaters shall meet the **test requirements as of October 1** and **age requirements are as of July 1, preceding the competition**.

(3) COMPETITIVE SINGLES TEST EQUIVALENCIES IN THE STARSkate PROGRAM: As regulation 4000 –E – 3.1 states, skaters passing Free Skating tests in the competitive test system are granted equivalencies for regular free skating tests as follows:

Juvenile Competitive Singles Test = Junior Silver Free Skating Test
Pre-Novice Competitive Singles Test = Senior Silver Free Skating Test
Novice Competitive Singles Test = Gold Free Skating Test
Junior Competitive Singles Test = Gold Free Skating Test

Skaters who have passed any of the competitive test equivalencies must enter the STARSkate Championships at the level corresponding to their highest STARSkate test passed or at the level which they received the equivalency in the STARSkate Program, whichever is higher.

Please note: The above equivalences are for tests passed after July 1, 2011. If a skater passed the competitive test in question prior to July 1, 2011, they will be granted the test equivalences that were used in the 2010/2011 skating season. Please refer to Members Only for more information.

LARGE ENTRY EVENTS

- 1) Entry level skaters will be grouped if there are more than 12 entries in the event.
- 2) STARSkate events will be grouped by age when event registration exceeds 16 entries.
- 3) There will be no final rounds for any events.

COSTUMING

The clothing for all competitors must be modest, dignified and appropriate for athletic competition – not garish or theatrical in design. Accessories and props are not permitted.

MARKING

Competitive Free Skates, Competitive Short Programs, Creative Skills, and Junior Bronze and Up Free Skate events, will be judged using the CPC Scoring System. Skaters must turn in a Planned Program Content Form for these events at the time of Registration at the competition. The Jump Event will follow Skate Canada's LTAD Jump Event Technical Package. Closed Marking (OBO system) will be used for all other events.

RESULTS CALCULATION (OBO method)

EVENT MARKING CRITERIA, TIE BREAKING AND FACTORS

EVENT	MARKING CRITERIA	FACTOR	%	TIE BREAKER
Free Skate	Technical Merit, Presentation	1.0	100	2 nd mark
Pairs	Technical Merit, Presentation	1.0	100	2 nd mark
Dance				
• Compulsory 1	Technique, Timing/Expression	0.5	50	1 st mark
• Compulsory 2	Technique, Timing/Expression	0.5	50	1 st mark
Interpretive	Skating, Performance	1.0	100	2 nd mark

***Note:** For Interpretive events, ties are broken based on the individual component scores in priority according to the order listed.

AWARDS

- Awards will be presented to the first, second and third place competitor in each event.

ARTISTIC AWARDS

Junior Artistic Award

The Junior Artistic Award will be presented to a skater at the Juvenile/Senior Bronze level or lower who best demonstrates both crowd appeal and special artistic skating values (based on free skating events).

Senior Artistic Award

The Senior Artistic Award will be presented to a skater at the Pre-Novice/Junior Silver level or higher who best demonstrates both crowd appeal and special artistic skating values (based on free skating events).

Bursary

A Bursary of up to \$1000.00 will be established for an event at a Manitoba Competition. The funds (maximum of \$500.00 per event) will be allocated from club raffle funds, under guidelines by the Championships Committee in consultation with the Skating Programs Committee.

The bursary will be awarded to **Manitoba** skaters who place 1st, 2nd, or 3rd in the Juvenile Singles free skate singles events.

The bursary amounts are as follows:

First	\$250.00
Second	\$150.00
Third	\$100.00

REGISTRATION

Skaters

Skaters must register at least **one hour prior to the scheduled start time** of their first event but no earlier than 45 minutes before the first event of the day. Music must be handed in at time of registration. Competitive and Junior Bronze and up skaters must submit a Planned Program Content Sheet **at least 1 hour prior to the start of their event.**

Coaches

Canadian Coaches must show their valid Coach Photo ID tag. Any Coaches failing to register will not be allowed access to areas restricted to skaters and coaches only. Coaches are required to wear their Coach Photo ID tag at all times during the competition.

ENTRY FEES

Entry, Pre-Preliminary & Preliminary	\$40.00 for the first event entered \$10.00 for each subsequent event
Junior Bronze & up	\$60.00 for the first event entered \$15.00 for each subsequent event
Pre-Juvenile & Juvenile	\$65.00 for the first event entered \$15.00 for each subsequent event
Pre-Novice & up	\$100 for the first event entered \$15 for each subsequent event

ENTRIES

Entry forms must be signed by a responsible Club Official and the skater's Professional Coach where applicable. The competition registration forms are attached. Completed forms and entry fees (funds must be in Canadian dollars) must be returned together and mailed to:

Skate Canada Manitoba
C/o Manitoba Open
145 Pacific Ave
Winnipeg, Manitoba
R3B 2Z6
Fax number: (204)925-5924

**** NOTE: Late or Incomplete entry forms or post-dated cheques will not be accepted. Faxed entries will ONLY be accepted if paying by credit card.**

CLOSING DATE OF ENTRIES

Entries must be received no later than **4:00pm January 2nd, 2012.**

REFUNDS

No refunds after the entry deadline of Monday, January 2nd, 2012. No medical refunds at any time after the deadline. All refunds prior to January 2nd, 2012 will be subject to a 15% processing charge.

For single entry events, the skater may request to skate for judges' comments if time permits. If allowed, the host committee shall retain the entry fee.

ADMISSION FEES

Adults - \$5.00/day
Seniors - \$3.00/day
Students - \$3.00/day
Children - FREE

ACCOMMODATIONS

Victoria Inn

1808 Wellington Ave
Winnipeg, MB
Phone: (204)786-4801

Country Inn & Suites

730 King Edward St.
Winnipeg, MB
Phone: (204)783-6900
Rates: \$128.00(standard room + tax)

Greenwood Inn

1715 Wellington Ave
Winnipeg, MB
Phone: (204)775-9889
Rates: \$129.00 (standard room + tax)

NOTE: RATES ARE SUBJECT TO CHANGE. YOU ARE RESPONSIBLE FOR MAKING YOUR OWN RESERVATIONS

TECHNICAL INFORMATION

Qualifications for Entry

Singles

- Competitors may skate up one level for Manitoba Open. Skaters may compete at one level only in any skating event but may compete at two different levels in the Free Skate and Short Program (Compulsory) events.

Competitive Tests

- Competitive tests will be offered during the Competitive Free Skate events of the Manitoba Open Free Skate Competition. Registration for tests must be completed.

Technical Notes

1. Upcoming amendments at the ACGM and the ISU congress may change some of the technical requirements. Please keep updated by checking Skate Canada's Website (Member's Only). Contact Skate Canada Manitoba or check the website www.mbskates.ca for further information.
2. Where technical requirements between Skate Canada and USFSA events differ, USFSA skaters will be accommodated.
3. Well Balanced Program criteria will be in place for all competitive programs and Junior Bronze, Senior Bronze, Junior Silver and Gold STARSkate events. It is strongly recommended for Pre-Preliminary and Preliminary STARSkate events. Coaches and skaters can obtain the criteria for the Well Balanced Program from the Skate Canada web site www.skatecanada.ca under Members Only.

JUDGES AND REFEREES (FROM RULE 7504)

1. **SELECTION OF OFFICIALS:** Judges, referees and data specialists shall be selected from the official Association judges and accountants list. Judges and referees must be eligible persons. A panel of at least five judges is recommended for all events.
2. **COMPOSITION OF THE PANELS:** For Interclub or Invitational events of the type listed in Rule 7302, Primary judges may be used for any event requiring no more than a Preliminary test as a prerequisite for entry. For all other events, Juvenile or higher judges must be used and must be qualified at the applicable level of the event (i.e. Juvenile or higher judges for Juvenile/Senior Bronze test or lower events; Pre-Novice judges or higher for Pre-Novice/Junior Silver - Gold test events, etc).

EVENT SCHEDULE

A finalized schedule of events will be posted on the Skate Canada Manitoba website (www.mbskates.ca). NO information will be mailed or emailed out to skaters.

EVENTS TO BE HELD

Skaters may skate up one category level.

(1) COMPETITIVE FREE SKATE EVENTS

The Well Balanced Program Criteria can be found in the Members Login section of the Skate Canada website.

- (a) **Senior** May have passed the Senior competitive singles test or the USFSA Senior free skating test.
- | | |
|-------|--|
| Women | 4.0 minutes (+ or – 10 seconds) to music |
| Men | 4.5 minutes (+ or – 10 seconds) to music |
- (b) **Junior** May have passed the Junior competitive singles test or the USFSA Junior free skating test. Junior singles competitors must not have reached the age of 19 before July 1st preceding the competition.
- | | |
|-------|--|
| Women | 3.5 minutes (+ or – 10 seconds) to music |
| Men | 4.0 minutes (+ or – 10 seconds) to music |
- (c) **Novice** May have passed the Novice competitive singles test or the USFSA Novice free skating test.
- | | |
|-------|--|
| Women | 3.0 minutes (+ or – 10 seconds) to music |
| Men | 3.5 minutes (+ or – 10 seconds) to music |
- (d) **Pre-Novice** May have passed the Pre-Novice competitive singles test or the USFSA Intermediate free skating test but no higher complete USFSA test.
- | | |
|-----------|--|
| Women/Men | 3.0 minutes (+ or – 10 seconds) to music |
|-----------|--|

- (e) **Juvenile** May have passed the Juvenile competitive singles test or the USFSA Juvenile free skating test but no higher complete USFSA test. Juvenile Singles competitors shall be under the age of 12 (women) and 13 (men) before July 1st preceding the event.

Women/Men 2.5 minutes (+ or – 10 seconds) to music

- (f) **Pre-Juvenile** May have passed the Junior Bronze free skate test and no higher or equivalent USFSA Pre-Juvenile free skating test but no higher complete USFSA test. Competitors shall be under the age of 11 for Women and under the age of 12 for Men before July 1st preceding the event.

Women/Men 2.5 minutes (+ or – 10 seconds) to music

(2) **COMPETITIVE SHORT PROGRAM EVENTS**

A short program to music containing the required elements as outlined in the Members Login section of the Skate Canada website.

- (a) **Senior** May have passed the Skate Canada Senior competitive test or the USFSA Equivalent.

Women / Men: A short program to music which shall not exceed 2 minutes 50 seconds

- (b) **Junior** May have passed the Skate Canada Junior competitive test or the USFSA equivalent. Junior competitors must not have reached the age of 19 before July 1st preceding the competition.

Women / Men: A short program to music which shall not exceed 2 minutes 50 seconds

- (c) **Novice** May have passed the Skate Canada Novice competitive test or the USFSA equivalent.

Women / Men: A short program to music which shall not exceed 2 minutes 30 seconds

- (d) **Pre-Novice** May have passed the Skate Canada Pre-Novice competitive test or the USFSA equivalent.

Women / Men: A short program to music which shall not exceed 2 minutes 30 seconds

(3) **STARSkate FREE SKATE EVENTS**

Well Balance Program Criteria can be found on the Skate Canada Members Only website.

- (a) **Gold** May have passed the Skate Canada Gold free skate test or the USFSA Senior free skate test.

Women 3.5 minutes (+ or – 10 seconds) to music

Men 4.0 minutes (+ or – 10 seconds) to music

- (b) **Senior Silver** May have passed the Skate Canada Senior Silver free skate test or the USFSA Junior free skating test but no higher complete USFSA test.
Women/Men 3.0 minutes (+ or – 10 seconds) to music
- (c) **Junior Silver** May have passed the Skate Canada Junior Silver free skating test or the USFSA Novice free skating test but no higher complete USFSA test.
Women/Men 3.0 minutes (+ or – 10 seconds) to music
- (d) **Senior Bronze** May have passed the Skate Canada Senior Bronze free skating test or the USFSA Juvenile free skating test but no higher complete USFSA test.
Women/Men 2.5 minutes (+ or – 10 seconds) to music
- (e) **Jr. Bronze 11 & Over** May have passed the Skate Canada Junior Bronze free skating test or the USFSA Pre-Juvenile free skating test but no higher complete USFSA test.
Women/Men 2.0 minutes (+ or – 10 seconds) to music
- (f) **Jr. Bronze 10 & Under** May have passed the Skate Canada Junior Bronze free skating test or the USFSA Pre-Juvenile free skating test but no higher complete USFSA test.
Women/Men 2.0 minutes (+ or – 10 seconds) to music
- (g) **Prelim 10 & Over** May have passed the Skate Canada Preliminary free skating test or the USFSA Preliminary free skating test but no higher complete USFSA test.
Women/Men 1.5 minutes (+ or – 10 seconds) to music
- (h) **Prelim 9 & under** May have passed the Skate Canada Preliminary free skating test or the USFSA Preliminary free skating test but no higher complete USFSA test.
Women/Men 1.5 minutes (+ or – 10 seconds) to music
- (i) **Pre-Prelim 9 & Over** Must not have passed the complete Skate Canada Preliminary free skating test or must have passed the USFSA Pre-Preliminary free skating test but no higher complete USFSA test.
Women/Men 1.5 minutes (+ or – 10 seconds) to music
- (j) **Pre-Prelim 8 & Under** Must not have passed the complete Skate Canada Preliminary free skating test or must have passed the USFSA Pre-Preliminary free skating test but no higher complete USFSA test.
Women/Men 1.5 minutes (+ or – 10 seconds) to music

(4) COMPULSORY ELEMENTS

IMPORTANT NOTE: For Compulsory Elements/Short Programs, there will be no medals given out. Each participant that competes in these events will receive a certificate of participation. These events will be judged on a performance based system which follows Skate Canada's Long Term Athlete Development (LTAD) model.

Junior Bronze and Preliminary will use full ice.

Entry and Pre-Preliminary will use ½ ice surface.

No music will be used.

Eligibility for Events is the same as for Free Skating Events.

The program consists of required elements and may be skated in any order.

Programs must have an opening and ending pose.

Connecting steps are permitted to link elements.

Deductions will be taken for any added or repeated elements.

(a) JUNIOR BRONZE ELEMENT PROGRAM (Skating time 1:30 minutes - maximum)

1. Single Axel jump
2. Double Salchow jump
3. Single Flip/single Toe Loop jump combination
4. Change combination spin (Minimum 2 rotations in each position)
5. Flying camel or flying sit spin (minimum of 3 rotations)

(b) PRELIMINARY ELEMENT PROGRAM (Skating time 1:15 minute - maximum)

1. Single Flip Jump
2. Single Lutz Jump
3. Single Loop/Single Loop Combination
4. Forward camel spin (minimum of 3 revolutions)
5. Change sit spin (minimum of 2 rotations on each foot)

(c) PRE-PRELIMINARY ELEMENTS PROGRAM (Skating time 1:15 minute - maximum)

1. Single Loop jump
2. Single Flip jump
3. Single Salchow/single Toe Loop jump combination
4. Sit spin (minimum of 2 revolutions)
5. Change Upright spin (minimum of 2 rotations on each foot)

(d) ENTRY ELEMENT PROGRAM (Skating time 1:15 minute – maximum)

Must not have passed any portion of the Preliminary Free Skate test or any Skating Skills test

1. Waltz jump
2. Single Toe Loop jump
3. Single Salchow jump
4. 1 Foot Upright spin (minimum of 2 rotations)
5. 1 Foot Backspin (minimum of 2 rotations)

(5) COMPULSORY SHORT PROGRAMS

Components of a compulsory short program:

- A program consisting of required elements
- Programs are to be performed with music
- Full ice surface
- Elements may be skated in any order using connecting steps, strong edges and flow
- Deductions will be taken for any added or repeated elements

(a) JUNIOR SILVER, SENIOR SILVER & GOLD SHORT PROGRAM

Skating time: 2 minutes & 30 seconds – maximum.

Follows Novice Short Program Requirements

1. Single or Double Axel jump
2. One double jump immediately preceded by connecting steps and/or other comparable free skating movements or triple jump (connecting steps not required). Double axel may not be repeated
3. Jump combination – two double jumps or one double jump and one triple jump or two triple jumps*
*The jump combination may consist of the same jump or another double or triple jump. The jumps included must be different than the solo jump.
4. Women - Layback or sideways leaning spin (minimum of 6 revolutions) Men – Sit or camel spin with change of foot (min 5 revolutions on each foot, no flying entry)
5. Combination spin (minimum of 5 revolutions on each foot – 1 change of foot allowed (minimum of 2 basic positions)

***No flying entry on any spin**

6. Step Sequence (maximum of one step sequence – any pattern)

(a) SENIOR BRONZE SHORT PROGRAM

Skating time: 2 minutes & 30 seconds – maximum.

Follows Pre-Novice Short Program Requirements

1. Single or Double Axel jump
2. Any double or triple jump
3. Jump combination (two double jumps or one double and one triple jump)

Note: The 2A may be repeated, but if it is repeated one must be in combination.

Note: Other than the 2A, no jump can be repeated unless as the first and second jump in the combination

** Only one triple jump may be included in the program.

4. Women - Layback or sideways leaning spin (minimum of 5 revolutions) Men – Camel spin with only one change of foot (min. 4 revolutions on each foot)
5. Combination spin (minimum of 4 revolutions on each foot – 1 change of foot allowed minimum of 2 basic positions)

***No flying entry on any spin**

6. Step Sequence (maximum one step sequence – any pattern)

(6) JUMP EVENT

Category E: All skaters who have passed the Junior or Senior Singles test. Category E may be split into EI (Junior) and EII (Senior) where appropriate.

Category D: All skaters who have passed the Gold Free Skating test OR passed Novice Singles test but no higher than the Junior Singles test.

Category C: All skaters who have passed the complete Senior Silver Free Skating test (but no higher complete free skating test) OR passed the Pre-Novice Singles test but no higher than the Novice Singles test.

Category B: All skaters who have passed the complete Junior Silver Free Skating test (but no higher complete free skating test) OR passed the Juvenile Singles test but no higher than the Pre-Novice Singles test.

Category A: All skaters who have passed the complete Senior Bronze Free Skating test, but no higher than the complete Junior Silver Free Skating test. Skaters must not have passed a Competitive Singles test.

NOTE: skaters cannot compete in a category lower than the level competed in the immediately preceding Sectional championships where Category B = Juvenile, Category C = Pre-Novice, Category D = Novice

Technical Information:

The participants will complete jumps according to their category. Each category will complete two rounds. Category C will include a challenge round. Within each round, skaters will execute each required jump (in isolation) three times consecutively.

The jump rounds are defined as follows:

Round 1: Single Axel, Double Toe Loop, Double Salchow

Round 2: Double Loop, Double Flip, Double Lutz

Round 3: Double Axel, Triple Toe Loop, Triple Salchow

Round 4: Triple Loop, Triple Flip, Triple Lutz

Each category event will be completed when the skaters complete a combination round. For the combination round, skaters execute a two jump combination of their choice (including one jump from round indicated and one double jump). The combination jump is attempted three times. All three attempts must be of the same combination jump.

The rounds are assigned to the categories as follows:

Category A: Round 1 & Round 2 + one combination jump from Round 1

Category B: Round 1 & Round 2+ one combination jump from Round 1

Category C: Round 1 & Round 2 + Challenge: one jump from Round 3 + one combination jump from Round 2

Category D: Round 2 & Round 3 + one combination jump from Round 2

Category E: Round 3 & Round 4 + one combination jump from Round 3

*Note: for the Category C challenge round: the jump to be executed is the choice of the skater – however all three attempts must be of the same jump. The choice must be communicated to the referee at the start of the Challenge round.

(7) SPECIAL OLYMPICS – SINGLES COMPETITION

(a) LEVEL 1

Eligibility: A skater competing in Level 1 must have passed Can Skate Stage 1 but no higher than Stage 3

- (i) **LEVEL 1 ELEMENTS IN ISOLATION:** Skaters shall skate all of the following elements in isolation. After one skater has completed all their elements the next skater will begin. The skater has one opportunity to perform the elements.
- Forward skating across the width of the ice surface using alternating feet
 - Forward glide on one foot (left foot or right foot)
 - Forward half snowplow stop (right or left foot)
 - Backward skating any form – equivalent to ½ the width of the ice surface
- (ii) **LEVEL 1 FREESKATE PROGRAM:** The free skate program will not exceed a time limit of one minute plus or minus 10 seconds. The music will be instrumental.

The program must be well balanced and include:

- Four (4) out of Six (6) Can Skate fundamental movements from Stage 1 through Stage 3
- Maximum of 2 jumps
- Maximum of 2 spins
- Field Moves (element in the field) are allowed i.e. spread eagles, lunges/draggs and pivots.

No Fundamental Movements above Stage 3 or Challenge Skills from any Stage are to be included in the program. Points will be awarded only for Stage 1-3 Fundamental Movements.

(b) LEVEL 2 SINGLES

Eligibility: A skater competing in Level 2 must be working on Can Skate Stage 4 and/or Stage 5

- (i) **LEVEL 2 ELEMENTS IN ISOLATION:** Skaters shall skate all elements of either option one or two in isolation. After one skater has completed all their elements the next skater will begin. The skater has one opportunity to perform the elements. The option will be drawn for the group.

Option 1

- Right forward outside glide on a curve for 6 counts – (R-L- Right glide)
- Left forward inside glide on a curve for 6 counts – (L-R-Left glide)
- Forward 2 foot turn into circle – counterclockwise (maximum 2 push entry)
- 3 Backwards pushes from standstill and glide on left foot on a curve (any form)

Option 2

- Left forward outside glide on a curve for 6 counts – (L-R-Left glide)
- Right forward inside glide on a curve for 6 counts – (R-L-Right glide)
- Forward 2 foot turn into circle – clockwise (maximum 2 push entry)
- 3 Backwards pushes from standstill and glide on right foot on a curve (any form)

- (ii) **LEVEL 2 FREE SKATE PROGRAM:** The Level 2 free skate program will not exceed a time limit of 1 minute 30 seconds plus or minus 10 seconds. The music will be instrumental.

The program must be well balanced and include

- Fundamental Movements from Can Skate Stage 1 through 5
- Must include 4 of 6 Fundamental Movements from Can Skate Stage 4 and 5.
- Choice of Challenge skills from Stages 1 through 3 may also be included.
- Maximum of 3 jumps
- Maximum of 2 spins (starting only from a front entry)
- 1 jump sequence or combination can be included and will be counted as one of the allowable jumps. Variations on the forward spiral are allowed.

No Fundamental Movements above Stage 5 or Challenge Skills above Stage 3 are to be included in the program. Points will be awarded only for Stage 1-5 Fundamental Movements and Challenge Skills 1 – 3.

(c) LEVEL 3 SINGLES

Eligibility: A skater competing in Level 3 must have passed Can Skate Stage 6 and/or Stage 7

- (i) **LEVEL 3 ELEMENTS IN ISOLATION:** Skaters shall skate all elements of either option one or two in isolation. After one skater has completed all their elements the next skater will begin. The skater has one opportunity to perform the elements. The option will be drawn for the group.

Option 1

- Left forward outside preliminary circle
- Right forward inside preliminary circle
- Backward outside edges width of ice, may use line
- Left forward outside 3 turn
- Right forward inside mohawk

Option 2

- Right forward outside preliminary circle
- Left forward inside preliminary circle
- Backward outside edges width of ice may use line
- Right forward outside 3 turn
- Left forward inside Mohawk

- (ii) **LEVEL 3 FREE SKATE PROGRAM:** The Level 3 free skate program will not exceed the time limit of 1 minute 30 seconds plus or minus 10 seconds. The music will be instrumental.

The program must be well balanced and include:

- Fundamental Movements from Can Skate Stages 1 through 7
- Must include 4 out of the 6 Fundamental Movements from Can Skate Stages 6 and 7
- Choice of Challenge skills from Stages 1 through 5
- Maximum of 5 jump elements which may include one combination or sequence
- Maximum of 2 spins
- 1 step sequence
- Variations on the backward spiral are allowed
- Field Moves (elements in the field) are allowed i.e. spread eagles, lunges/draggs, and pivots.

Note:

- A two (2) foot jump back and forth with no step in between would be considered a combination jump (1 element), if a step is put in between it would be considered two (2) jumps.
- A single Bunny Hop is a jump. Bunny Hop – Bunny Hop is considered a combination jump

No fundamental movements above Stage 7 or challenge skills above Stage 5 are to be included in the program. Points will be awarded only for Stage 1-7 fundamental movements and challenge skills 1 – 5.

(8) ADULT EVENTS

Skaters competing in adult events must be 18 years of age as of July 1 of the preceding year.

(A) ADULT FREE SKATE EVENTS

- Adult Free Skating programs have no minimum program time assigned. The maximum program time has been placed at the equivalent STARSkate test level. This will allow the Adult skaters to meet their various goals for the season whether that is to pass a STARSkate test, compete at an ISU or USFS event, or compete at the Skate Canada Adult Figure Skating Championships. Officials are not to penalize or award skaters for varying program times.
- Well Balanced Program Requirements. Maximum jump and spin requirements have been established. Note that these are identified as maximum requirements, but there are no minimum requirements.

(a) ADULT BRONZE FREE SKATING

- (i) **TEST:** Must not have passed the complete Junior Bronze Free Skate test
- (ii) **SPECIFICATIONS FOR EVENT:** One Free program of a maximum time of 2 minutes 40 seconds. Program time may be shorter.
- (iii) **WELL BALANCED CRITERIA:**
 - Refer to Skate Canada Website – Members Only

(b) ADULT SILVER FREE SKATING

- (i) TEST: Must have passed the complete Junior Bronze Free Skate test, but not the complete Senior Bronze Free Skate test
- (ii) SPECIFICATIONS FOR EVENT: One Free program of a maximum time of 3 minutes 10 seconds. Program time may be shorter.
- (iii) WELL BALANCED CRITERIA:
 - Refer to Skate Canada website – Members Only

(c) ADULT GOLD FREE SKATING

- (i) TEST: Must have passed the complete Senior Bronze Free Skate test, but not the complete Junior Silver Free Skate test
- (ii) SPECIFICATIONS FOR EVENT: One Free program of a maximum time of 3 minutes 40 seconds. Program time may be shorter.
- (iii) WELL BALANCED CRITERIA:
 - Refer to Skate Canada website – Members Only

(d) ADULT MASTERS FREE SKATING

- (i) TEST: Must have passed the complete Junior Silver Free Skate test or higher but no Competitive singles test.
- (ii) SPECIFICATIONS FOR EVENT: One Free program of a maximum time of 4 minutes 10 seconds. Program time may be shorter.
- (iii) WELL BALANCED CRITERIA:
 - Refer to Skate Canada website – Members Only

(B) ADULT INTERPRETATIVE EVENTS

a. PRE - INTRODUCTORY ADULT INTERPRETIVE

- i. TEST: Must not have passed any Skate Canada Interpretive Skating test.
- ii. SPECIFICATIONS FOR EVENT: One Interpretive program of 2.0 to 3.0 minutes (+/- 10 seconds) in length. No penalty will be given if program time is shorter than 2.0 minutes.

b. INTRODUCTORY ADULT INTERPRETIVE

- i. TEST: Must have passed the Introductory Interpretive Skating test but no higher.
- ii. SPECIFICATIONS FOR EVENT: One Interpretive program of 2.0 to 3.0 minutes (+/- 10 seconds) in length. No penalty will be given if program time is shorter than 2.0 minutes.

c. BRONZE ADULT INTERPRETIVE

- i. TEST: Must have passed the Bronze Interpretive Skating test but no higher.
- ii. SPECIFICATIONS FOR EVENT: One Interpretive program of 2.0 to 3.0 minutes (+/- 10 seconds) in length. No penalty will be given if program time is shorter than 2.0 minutes.

d. SILVER ADULT INTERPRETIVE

- i. TEST: Must have passed the Silver Interpretive Skating test but no higher.
- ii. SPECIFICATIONS FOR EVENT: One Interpretive program of 2.0 to 3.0 minutes (+/- 10 seconds) in length. No penalty will be given if program time is shorter than 2.0 minutes.

e. GOLD ADULT INTERPRETATIVE

- i. TEST: Must have passed the Gold Interpretive test.
- ii. SPECIFICATIONS FOR EVENT: One Interpretive program of 2.0 to 3.0 minutes (+/- 10 seconds) in length. No penalty will be given if program time is shorter than 2.0 minutes.

(9) CREATIVE SKATING SKILLS PROGRAMS

Duration: not to exceed 2 minutes

Music Tempo: minimum 112 beats per minute

Music: Skater's choice

- Can be vocal
- Can be a selection from the Skating Skills Program music
- Music should have a rhythmic beat
- Two or three selections of music may be used

(A) BASIC GUIDELINES TO REQUIRED CONTENT

- Three step sequences are required: straight line, circular, and serpentine. More than one example of each shape may be included provided that the music time does not exceed two minutes; however only the first executed of each shape that meets the requirements will receive point value. All others will be considered in the technical transitions score.
- May include one stop not exceeding 5 seconds.
- Inclusion of recognizable skating skills exercise components (rockers, counters, hip twists, loops, etc.) will be rewarded. Changes of edge, multi directional skating, rockers, choctaws and other such steps and turns will be rewarded.
- Speed should match the type of element or step. Difficulty of steps + speed + control of execution is the most important combination of skills demonstrated.
- Small hops, toe steps and small jumps of no more than half rotation are permitted.

- Spinning movements of more than two rotations are not permitted.
- Excessive skating on two feet is considered as an inability to skate and should be penalized.
- Spirals/ moves in the field sequence (circular or serpentine): Each position must be held for at least two seconds to be counted and there must be at least three different positions in the sequence.
- Serpentine shape must have at least two bold curves of not less than one half the width of the ice surface and must go from end to end.
- Straight line shape commences at any place of the short barrier and goes to any place of the opposite short barrier keeping the approximate shape of the straight line.
- Circular shape can be oval or circular but must cover the width of the ice.

Note: The minimum requirements for a step sequence to be identified are as follows:

- The step sequence must cover at least $\frac{3}{4}$ of the ice surface in the designated pattern. Step sequences that are too short or barely visible will not be identified or receive points or receive a 0.4 deduction in 6.0.
- Straight line must go from one end of the ice to the other (length) in a direct manner (without bold curves)
- Serpentine must have at least two bold curves of not less than $\frac{1}{2}$ the width of the ice, moving from one end of the ice to the other (length)
- Circle may be circle or oval in shape but must cover the width of the ice

(B) EVENTS

(a) BRONZE CREATIVE SKILL

- (i) SPECIFICATIONS FOR EVENT: **One Creative Skating Skills Program (Maximum 2.0 minutes in length)**
- (ii) **WELL BALANCED CRITERIA:**

Straight Line Step

Program must include one (1) straight-line step sequence

This step sequence must include a series of three or more loops

Circle & Serpentine Step

Program must include one (1) circular step sequence and one (1) serpentine step sequence

The skater must choose one of the circular or serpentine step sequences to be predominantly field moves

The other of the circular or serpentine (that which is not field moves) must have a series of required turns as follows: Multiple three-turns and brackets

Other turns may be included. Clean edges and turns will be rewarded

(b) SILVER CREATIVE SKILL

(i) SPECIFICATIONS FOR EVENT: **One Creative Skating Skills Program (Maximum 2.0 minutes in length)**

(ii) WELL BALANCED CRITERIA:

Straight Line Step

Program must include one (1) straight-line step sequence

This step sequence must include two twizzles on one foot with up to one step in between, no stop(s) allowed before and/or between twizzles

Circle & Serpentine Step

Program must include one (1) circular step sequence and one (1) serpentine step sequence

The skater must choose one of the circular or serpentine step sequences to be predominantly field moves

The other of the circular or serpentine (that which is not field moves) must have a series of required turns as follows:

- Counter and Rocker turns
- Other turns may be included. Clean edges and turns will be rewarded

(c) GOLD CREATIVE SKILL

(i) SPECIFICATIONS FOR EVENT: **One Creative Skating Skills Program (Maximum 2.0 minutes in length)**

(ii) WELL BALANCED CRITERIA:

Straight Line Step

- Program must include one (1) straight-line step sequence
- This step sequence must include two twizzles on one foot with up to one step in between, no stop(s) allowed before and/or between twizzles

Circle & Serpentine Step

Program must include one (1) circular step sequence and one (1) serpentine step sequence

- The skater must choose one of the circular or serpentine step sequences to be predominantly field moves

The other of the circular or serpentine (that which is not field moves) must have a series of required turns as follows:

- Counter and Rocker turns
- Other turns may be included. Clean edges and turns will be rewarded

SKATE CANADA MANITOBA CAMERA POLICY

Flash photography is not permitted. Skate Canada Manitoba restricts the use of cameras and video equipment during Skate Canada sanctioned events out of respect for the safety and to protect the privacy of competing athletes.

Spectators are permitted to use cameras at the event for personal use only and are subject to the following conditions. Anyone who does not abide by these rules risks having their camera confiscated by authorized personnel.

- No flash photography is allowed
- Camera lens must not be larger than 200mm in order to avoid obstructing the view of other spectators
- Any resale of photography or posting photos on websites is strictly prohibited
- Video cameras can only be used by the parent(s) of their own skater during their performance

Coaches are only permitted to video tape their own skater from the boards during that skater's practice or performance. Coaches cannot video tape from the spectator area

THIS ANNOUNCEMENT IS SUBJECT TO CHANGE

Please keep yourself updated on the website