



2011 CanSkate Development and Delivery Clinician Bio's

All Bio's are in alphabetical order

If you have any questions or require further information please contact the Section
Office at 204-925-5709 or email at skate.pc@sportmanitoba.ca

Michelle Andres
Steinbach, MB.
Email: cmandres@twinairview.ca
Phone: (204) 320-9663

I LOVE CanSkate! I love being a part of the process that sees a child go from tentatively taking steps across the ice to flying as fast as they can.

I began skating when I was 5 and continued until I was 18. I was a member of the Beausejour, Stonewall and Warren skating clubs over my career. I was a PA in the Stonewall FSC for 7 years.

I began my professional coaching career in Steinbach, and am currently coaching in Grunthal as well. I coach CanSkate, Jr. Star and STARSkate programs. I am NCCP Level 1 certified, have completed both my 'Respect in Sport' and 'Making Ethical Decisions' online courses, and have achieved a Gold status in the most recent CEP cycle.

In 2010, I attended Skate Canada's Best of the Best CanSkate coaches program. It was a great experience and one I want to share with coaches and clubs any way I can!

Off the ice, I am the Eastman Region Coaches rep and coach's rep for both my clubs. I have a Bachelor of Science in Agriculture and operate a 110 cow dairy with my husband and children.

Nicole Gawthrop
Stony Mountain, MB
Email: nicolegawthrop@hotmail.com
Phone: (204) 782-6176

As a past skater, and now coach I hope that I can share my positive experiences and excitement about CanSkate with as many people as possible! I think it is important for all children to have the opportunity to experience the joy of skating. Skaters may chose to take their skating careers to figure skating, hockey, ringette, speed skating or as a recreational activity – what better program to start in then CANSKATE! CanSkate is truly the foundation of all ice sports and is why I think it is sooo important!

Professional Qualifications

I have been professionally coaching for 4 years, currently I am NCCP level 1 certified (Primary STARSkate), and have also begun the process of becoming NCCP level 2 certified (ISPC). I have completed Respect in Sport, Making Ethical Decisions and First Aid certifications, and currently hold a gold CEP status. Also, I will soon be graduating from the University of Manitoba with a Bachelor of Human Nutritional Sciences.

Coaching Experience

I have been coaching the CanSkate program at Skate Interlake Club for 2 years. I believe this is the most important program that we offer. But not only do I think it is important – it is a lot of FUN! There may just be the next Olympic skater, coach, official or volunteer skating among us. I also have several years' experience coaching the Junior Star Program, and many Entry-level to Junior Bronze skaters in our STARSkate program at both the Skate Interlake Club and Stony Mountain Skating Club.

I truly enjoy the opportunities to attend seminars were I learn and share ideas as well as meet new people. I regularly attend regional and provincial seminars including, CanSkate Live and the Standards seminar. I was also one of the selected candidates to attend the 2011 CanSkate Coach University Program. These positive experiences are invaluable.

Volunteer Experience & Awards

Currently I volunteer as the Coaches Representative for the Interlake Region (1 season and counting). I also volunteer on many club level committees. I was the recipient for the Ian Carmichael Award for both 2009 and 2010.

Dana McKee
Winnipeg, MB.
Email: marrinsmom@yahoo.ca
Phone: (204) 896-9104

I am a professional coach who is currently involved with coaching Skate Canada Programs including CanSkate, STARSkate, CompetitiveSKATE and AdultSKATE. I love to work with CanSkaters because of their desire to just learn to move on the ice, they bring with them the ability to turn any session into a fun journey where they experience and acquire skating new skills through continuous movement. I have been coaching CanSkate for the past 15 seasons, I have seen the program improve and evolve in that time, I have had to change and grow as a coach in order to provide the best sessions possible.

It was an honour to be selected to attend CanSkate University in Prince Edward Island this past spring where I had a chance to work with and learn from some of the most motivated and experienced CanSkate Coaches. CanSkate is the foundation of all skating in Canada, and is the most important program our Clubs offer, which is why I have always maintained an active role as a CanSkate Coach. I want to know that skaters are getting the best start possible so that they will stay active in the sport for life.

Professional Qualifications:

- 15 years professional coaching experience
- NCCP Level 2 certified
- NCCP Level 3 Technical (singles)
- Respect in Sport Certified
- Making Ethical Decisions Certified
- First Aid Certified
- CEP Gold Status (Two Cycles)

Additional Education:

- Bachelor of Education, University of Manitoba (Elementary Stream)

Amateur Skating Qualifications:

- Gold dances. Sr. Silver Free skate, 5th figure test
- Competed in singles at Regional and Provincial Championships

Coaching Experience:

- Currently coaching club programs including CanSkate/Parent and Tot, STARSkate (skills, dance, free skate, interpretive) and Competitive Skate.

- Preliminary to Gold tests in Free skate, Dance, Skating Skills and Silver Interpretive
- Juvenile, Pre-Novice and Novice Competitive Tests
- Competitions including, Open Events, Regionals, STARSkate Provincial Championships, Star Skate National Championships, MB Winter Games, Sectionals and Divisionals/Western Challenge
- Clinician for Jr. Toba Development Team 2010
- Regional Seminar Clinician
- Regular attendance at many Seminars including Provincial Team Seminars

Volunteer Experience:

- SCR Core Committee (4 seasons)
- Regional Coaching Representative Interlake Region (5 seasons)
- Current Club Coaching Representative as well as serving on several Club level committees
- Skate Canada Manitoba Volunteer Coach Award 2009-2010
- Skate Canada Manitoba Club and Recreation Coach Award of Excellence 2004-2005

Sharon Maki
Thompson, MB.
Email: sharon.maki09@gmail.com
Phone: (204) 677-8568

Hello from the North!

Let me introduce myself. I started skating at age 3. I finished my Gold tests, as well as, my Junior Competitive test. I competed at the provincial level in singles and at the National level with "black ice" synchronized skating team.

I originally moved to the province to further my career in aviation. I hold an Airline Transport Pilot License and flew for 7 years. I rediscovered my love of skating when a coaching opportunity presented itself in Thompson.

I'm Primary STARSkate Certified and currently run the Pre-School, CanSkate and bridge program at Skate Thompson.

CanSkate is the fantastic! We are given the chance in this program to build a strong skating foundation and we get to make it fun! It is a wonderful to have the opportunity to share my love of skating with these up and coming skaters!

Megan Svistovski

Brandon, MB.

Email: megansvis@hotmail.com

Phone: (204) 761-5073

My name is Megan Svistovski, and I LOVE coaching in the CanSkate program! I know that the skaters we see wobbling on the ice today are the same skaters we will see on the Olympic podium in years to come. Whether it is figure skating, hockey, ringette, or speed skating, there are future champions walking into our rinks every week! As a CanSkate coach, it is my job to begin their career.

I began skating with the Souris Figure Skating Club when I was four years old. I continued there until I was 17, as a dedicated member of the club's Synchro program. I tested levels in Skills, Dance and Freeskate as well. As part of SFSC's CanSkate program, I was a PA for seven years, and was an assistant coach with two of the three Synchro teams.

I began my professional coaching career in Treherne MB in 2003, coaching their CanSkate and Synchro programs. Since then, I have coached in Holland, Souris, Brandon and most recently in Boissevain MB. I currently coach in Brandon and Boissevain doing the CanSkate, CanPowerSkate, Rising Stars, and Synchronized skating programs. I am NCCP Level 1 certified, and ISPC Trained in all 5 disciplines, including certification as a CanPowerSkate coach, have completed both my 'Respect in Sport' and 'Making Ethical Decisions' online courses, and have achieved a Gold status in the past two CEP cycles.

In 2009, I was a recipient of the Skate Canada Best of the Best CanSkate Coaches Award. And in 2011, the recipient of the Skate Canada Manitoba Club and Recreation Coach Award of Excellence, was a nominee for a Sport Manitoba Coaching Award of Excellence in the Developmental category, and

Off the ice, I sit on the SCR Core Committee as the Recreation Rep, am part of sub-committees for the Skate Brandon Board of Directors, and have been a PA Motivational Clinician since 2007. In 2005, I graduated from Brandon University with my Bachelor of Arts, and am the Fundraising Coordinator and Brandon Office Manager with the Canadian Cancer Society – Manitoba Division. In 2010, I was lucky enough to be hired as a volunteer in Athlete's Village for the 2010 Winter Olympic Games in Vancouver! After spending two and a half WONDERFUL months in Vancouver, I am currently living and loving life in Brandon MB!