



Skate Canada Saskatchewan –and Skate Canada – Manitoba
are proud to present the *Technical Package* for the

8th Annual

2010 Prairie Skate

Competition

August 6th, 7th & 8th, 2010

in

SASKATOON, SK

at the

A.C.T. ARENA

107 – 105th Street. E.

SASKATOON

Come for some summer fun in Saskatoon!



2010 Prairie Skate

August 6th, 7th, 8th 2010

A.C.T. Skating Centre – 107 – 105th Street, E. Saskatoon, SK

General Information

Skate Canada Saskatchewan and Skate Canada Manitoba are once again proud to offer the 8th annual Prairie Skate Competition. Competitive tests are being offered.

Contact Information

Host Committee – Skater Development Committee – Skate Canada Saskatchewan

Coordinators

Name: Dale Hazell - 306-975-0838 – saskskatercoach@shaw.ca

Name: Danielle Shaw – 306-780-9245 – sk.skate@sasktel.net

Technical Representative

Name: Kathy Piller

Email: pkpiller@sasktel.net

Rink to be Used

Name	A.C.T. Arena	Ice Surface Size:	Figure Skating Rink – 190'x90'	Hockey Rink – 185'x85'
Address	107-105 th Street East, Saskatoon, SK			
Phone	306-373-4466			

Rules

The Prairie Skate Competition will be conducted in accordance with regulations as outlined by Skate Canada and is sanctioned by Skate Canada and the United States Figure Skating Association.

Eligibility to Compete

Competitors must be eligible skaters as defined in Section 2100 of the Skate Canada Rule Book and be Associate Members in good standing of the Association.

Competitors must be members in good standing of the United States Figure Skating Association.

Coaches Eligibility

Canadian coaches must be NCCP Level 1 certified, hold a valid First Aid Certificate, and must be registered professional coaching members in good standing with Skate Canada. Canadian Coaches must carry a valid Coach Photo ID card to be permitted to coach at any event. US coaches must be members in good standing with the USFSA.

Coach Photo ID cards are available for Manitoba and Saskatchewan coaches by contacting their Section offices. All Coach Photo ID requests must be submitted no later than 14 days prior to the start of the event.

Qualifications for Entry

1. Competitors shall meet the test and age qualifications as of July 1, 2010. For those events where proof of age is necessary, applicants should be able to provide their birth certificate (or other proof) if requested at registration.
2. **Competitors may skate up one level.** Skaters may compete at one level only in any event, but may compete at two different levels in the Free Skate and Short Program/Compulsory Events.

Technical Notes

1. **Any amendments at the ISU congress or technical changes made by Skate Canada before the competition will be in affect for the competition.**
2. All technical requirements for Skate Canada and USFSA skaters will be as per competition technical package.
3. **Well Balanced Program content requirements for all free skating programs will be in place for this competition.** Coaches and skaters can obtain the criteria for the Well Balanced Program from the Skate Canada website: www.skatecanada.ca – under members only. Planned program content forms can be found at www.mbskates.ca or www.skatecanadasaskatchewan.com .

Large Entry Events

A flight system will be used when there are a large number of entries in an event. There will be no final rounds for any event.

Single Entries

If only one entry is received for an event, the Host committee will inform the competitor of cancellation and the entry fee will be refunded. The skater may request to skate for judges comments. A final decision will be made in conjunction with the Host Committee and Technical Representative. If permitted the entry fee will not be refunded.

Music Requirements

All music used must be in the public domain or covered by the performing rights societies.

Each entry must provide 2 CDs upon registration. One for competition (marked “Master”) and one for back-up (marked “copy”). It is recommended that a cassette backup be carried by the skater. Skate Canada Manitoba and Skate Canada Saskatchewan will accept no responsibility against damage, but will take every precaution to safeguard each CD/ Cassette. Please put any phonetic spelling of names on tape to aid in pronunciation.

Standard Specifications for CDs

1. Only one (1) program shall be recorded on each cassette or CD.
2. The start of the music shall be recorded on the tape or CD at least 3 seconds following the head leader and not more than 5 seconds.
3. Music shall be recorded at equal levels on both left and right channels in stereo.
4. Competitor’s name followed by music time (not skating time) shall be clearly printed the CD.
5. Music recording levels shall be a maximum of OVU and a minimum of –8VU.
6. CDs must be marked with the skater’s name, event and total music time and enclosed in their integral container, also marked accordingly.
7. Each CD shall be enclosed in its own plastic container.

Marking

Competitive Freeskate and Short Program events will be judged using the CPC scoring System. Skaters must turn in a Planned Program Content Form for all competitive events at the time of Registration at the competition. Closed Marking (OBO system) will be used for all other events including the competitive jump event.

Awards

Medals will be awarded for the top three placements in each event or flight.

Registration

Skaters - Skaters must register at least one hour prior to the scheduled start time of their first event but no earlier than 45 minutes before the first event of the day. Music must be handed in at time of registration. Planned Program Content Forms must be submitted for Competitive Events at time of registration.

Coaches - Coaches must show their valid Coach Photo ID tag at Registration. Any Coaches failing to register will not be allowed access to areas restricted to skaters and coaches only.

Entry Fees

Singles Events

STARSkate Events	\$60.00 for Freeskate Event
Competitive Events	\$70.00 for Freeskate Event \$35.00 for Short Program Event
Dance Events	\$60.00 per couple
All Other Events	\$15 for each additional event (Elements, Spin, Jump, Interpretive)

Competitive Test \$30.00

Competitive Singles Tests will be offered in conjunction with the competition. Testing will be conducted during the competition; therefore it is important that skaters wishing to test **register to compete in the level they intend to test**. For example, a skater wishing to test their Novice Competitive Singles Test must register to compete in the Novice Competitive Free Skate Event. **Prior to taking a competitive test skaters will require a letter from their Home Club giving them permission to take the test at the competition. This letter is to be turned in at registration.**

Practice Ice \$ 10.00 per 30 minute session – Payable at registration

* Practice times will depend on ice availability after events have been scheduled. Practices will be scheduled according to skater's first event. Individual program music will not be played during practice times. Please indicate on the Entry Form if you would like a practice session and how many. Once the schedule has been finalized your practice time (s) will be sent with your confirmation and posted on the Skate Canada Saskatchewan and Manitoba web sites. Fees will be collected at registration.

All above Fees may be paid by cheque, money order or credit card (M/C, VISA,) Cheques and money orders should be made payable to: **Skate Canada - Saskatchewan**

Entries - Entry forms must be signed by the skater's professional coach. If the coach is unavailable to sign the entry form then a club official must sign the form. Completed forms and entry fees (Canadian Funds Only) are to be returned and mailed to:

**Skate Canada – Saskatchewan
C/O Prairie Skate Competition
2205 Victoria Ave
Regina, SK S4P 0S4 FAX # - 306-780-9242**

**** NOTE: Late or incomplete entry forms or post-dated cheques will not be accepted.**

**** NOTE: Only credit card entries may be faxed. All other entry forms must have payment when received.**

Closing Date of Entry

Entries must be received by the Skate Canada-Saskatchewan office no later than 12:00 noon on **Monday July 12, 2010**. Confirmations with schedule and final details of the competition will be posted on the Skate Canada Saskatchewan and Manitoba web sites as soon as possible after the closing date of entries. If time permits confirmations will be emailed to skaters, coaches and summer schools.

Refunds

No refunds for any reason after the entry deadline of Monday July 12, 2010. All refunds prior to the deadline will be subject to a 15% processing charge.

Admission Fee- FREE

Accidents

Skate Canada, Skate Canada – Saskatchewan, Skate Canada - Manitoba and the Host Committee undertake no responsibility for damages or injuries suffered by skaters. As a condition of, and in consideration of entry into the Prairie Skate Competition, all competitors and their parents or guardians shall be deemed to agree to assume all risk of injury to the competitor's person or property resulting from, or caused by, or connected with the conduct and management of the competition. An agreement must also be deemed to release any and all claims they may have against the officials, Skate Canada, Skate Canada – Saskatchewan, Skate Canada – Manitoba and the Host committee. Entries shall be accepted only on these conditions.

Judges and Referees (From Rule 7504)

1. **SELECTION OF OFFICIALS:** Judges, referees and data specialists shall be selected from the official Association judges and data specialists list. Judges and referees must be eligible persons. A panel of at least five judges is recommended for all events.
2. **COMPOSITION OF THE PANELS:** For Interclub or Invitational events of the type listed in Rule 7302, Primary judges may be used for any event requiring no more than a Preliminary test as a prerequisite for entry. For all other events, Juvenile or higher judges must be used and must be qualified at the applicable level of the event (i.e. Juvenile or higher judges for Juvenile/Senior Bronze test or lower events; Pre-Novice judges or higher for Pre-Novice/Junior Silver - Gold test events, etc).
3. **INTERCLUB JUDGES:** "Interclub Judges" are qualified to judge all Gold and lower events at Interclub or Invitational competitions.

Accommodations

OFFICIAL HOTEL

SASKATOON DELTA BESSBOROUGH

601 Spadina Crescent East

SKATE CANADA SASKATCHEWAN RATE - \$ 115.00

(Depends on availability – Book as soon as possible)

Phone (306) 244-5521

Ask for in-house reservations - Ask for Skate Canada Saskatchewan Rate

THIS ANNOUNCEMENT IS SUBJECT TO CHANGE

Skate Canada Saskatchewan Camera Policy

Effective date: January 1, 2009

Flash photography is not permitted. Skate Canada Saskatchewan restricts the use of cameras and video equipment during Skate Canada sanctioned events out of respect for the safety and to protect the privacy of competing athletes.

Spectators are permitted to use cameras at the event for personal use only and are subject to the following conditions. Anyone who does not abide by these rules risks having their camera confiscated by authorized personal.

- No flash photography is allowed
- Camera lens must not be larger than 200mm in order to avoid obstructing the view of other spectators
- Any resale of photography or posting photos on websites is strictly prohibited
- Video camera's can only be used by the parent(s) of their own skater during their performance

Coaches are only permitted to videotape their own skater from the boards during that skater's practice or performance. Coaches can not videotape from the spectator area

Skate Canada Saskatchewan may have an Official Photographer at events that will have skater photos available to purchase on site.

COMPOSITION OF EVENTS

SKATERS MAY SKATE UP ONE LEVEL IN ANY ONE EVENT

Skate Canada rule 5301, Competitive Program length, Skate Canada rule 4304, STARSkate Program length.

Singles – Competitive Free Skate Events

Senior Event	May have passed the Skate Canada Senior Competitive Singles Test or the USFSA Senior Free Skating Test. Women 4.0 minutes (+ or – 10 seconds) to music Men 4.5 minutes (+ or – 10 seconds) to music
Junior Event	May have passed the Skate Canada Junior Competitive Singles Test or the USFSA Junior Free Skating Test. Junior singles competitors must not have reached the age of 19 before midnight June 30 th preceding the competition. Women 3.5 minutes (+ or – 10 seconds) to music Men 4.0 minutes (+ or – 10 seconds) to music
Novice Event	May have passed the Skate Canada Novice Competitive Singles Test or the USFSA Novice Free Skating Test Women 3.0 minutes (+ or – 10 seconds) to music Men 3.5 minutes (+ or – 10 seconds) to music
Pre-Novice Event	May have passed the Skate Canada Pre-Novice Competitive Singles Test or the USFSA Intermediate Free Skating Test but no higher complete USFSA test. Women / Men 3.0 minutes (+ or – 10 seconds) to music
Juvenile Event	May have passed the Skate Canada Juvenile Competitive Singles Test or the USFSA Juvenile Free Skating Test but no higher complete USFSA test. Competitors shall be under the age of 12 (Women) and 13 (men) before midnight June 30 th preceding the event. Women/Men 2.5 minutes (+ or – 10 seconds) to music
Pre- Juvenile Event	May have passed the complete Junior Bronze Free Skating Test and no higher or equivalent USFSA Pre-Juvenile Free Skating test but no higher complete USFSA test. Competitors shall be under the age of 11 for Women and under the age of 12 for Men before midnight June 30 th preceding the event Women/Men 2.5 minutes (+ or – 10 seconds) to music

Competitive Short Program Events

A short program to music containing the required elements for 2010/11 as outlined in the Members Login section as posted on the Skate Canada website.

Senior	May have passed the Skate Canada Senior Competitive Test or the USFSA equivalent. Women / Men: A short program to music which shall not exceed 2 minutes 50 seconds.
Junior	May have passed the Skate Canada Junior Competitive Test or the USFSA equivalent. Junior competitors must not have reached the age of 19 by midnight June 30 th preceding the competition. Women / Men: A short program to music which shall not exceed 2 minutes 50 seconds.
Novice	May have passed the Skate Canada Novice Competitive Test or the USFSA equivalent. Women / Men: A short program to music which shall not exceed 2 minutes 30 seconds.
Pre-Novice	May have passed the Skate Canada Pre-Novice Competitive Test or the USFSA equivalent. Women / Men: A short program to music which shall not exceed 2 minutes 30 seconds.

Singles – STARSkate Free Skate Events

Well Balance Program Criteria can be found on the Skate Canada Members Only website.

Gold Event	May have passed the Skate Canada Gold Free Skate Test or the USFSA Senior Free Skate Test. Women 3.5 or 4.0 minutes (+ or – 10 seconds) to music Men 4.0 or 4.5 minutes (+ or – 10 seconds) to music
Senior Silver Event	May have passed the Skate Canada Senior Silver Free Skate Test or the USFSA Junior Free Skate Test but no higher complete test. Women/Men 3.5 or 4.0 minutes (+ or – 10 seconds) to music
Junior Silver Event	May have passed the Skate Canada Junior Silver Free Skating Test or the USFSA Novice Free Skating Test but no higher complete test. Women/Men 3.0 or 3.5 minutes (+ or – 10 seconds) to music
Senior Bronze Event	May have passed the Skate Canada Senior Bronze Free Skating Test or the USFSA Juvenile Free Skating Test but no higher complete test. Women/Men 2.5 or 3.0 minutes (+ or – 10 seconds) to music
Junior Bronze Event	May have passed the Skate Canada Junior Bronze Free Skating Test or the USFSA Pre-Juvenile Free Skating Test but no higher complete test. Women/Men 2.0 or 2.5 minutes (+ or – 10 seconds) to music
Preliminary Event	May have passed the Skate Canada Preliminary Free Skating Test or the USFSA Preliminary Free Skating Test but no higher complete test. Women/Men 1.5 or 2.0 minutes (+ or – 10 seconds) to music
Pre-Preliminary Event	Must not have passed the complete Skate Canada Preliminary Free Skating Test or may have passed the USFSA Pre-Preliminary Free Skating Test but no higher complete test. Women/Men 1.5 or 2.0 minutes (+ or – 10 seconds) to music
Introductory Event	Must not have passed any portion of the Skate Canada Preliminary Free Skating Test or Skating Skills test. Must not have passed any USFSA Test. Jumps must be no higher than a loop jump (this means no flip, lutz or axel). Any attempt at these jumps will result in a deduction. Maximum five (5) jump elements. Women/Men 1.5 (+ or – 10 seconds) to Music

STARSkate Compulsory Short Program Events

Eligibility for Events is the same as for Free Skating Events. NOTE: Skaters who have passed any of the competitive test equivalencies must enter the Elements at the level corresponding to their highest STARSkate test passed or at the level which they received the equivalency in the STARSkate Program, whichever is higher.

Components of a compulsory short program:

- A program consisting of required elements
- **Programs are to be performed without music**
- Full ice surface
- Elements may be skated in any order using connecting steps, strong edges and flow
- Deductions will be taken for any added or repeated elements

Junior Silver, Senior Silver & Gold Short Program (Skating Time 2 minutes & 40 seconds maximum)

1. Axel Jump
2. Any double jump
3. Jump Combination – any single or double jump followed by a double jump
4. Any flying spin (minimum of 4 revolutions in the required position)
5. Combination Spin (minimum of 5 revolutions on each foot – 1 change of foot allowed (minimum of 2 changes of position and must not commence with a flying start)
6. Combination of 3 field moves in sequence (each position must be held for 3 seconds)
7. Footwork sequence (any pattern using the full ice surface)

Senior Bronze Short Program (Skating Time 2 minutes & 15 seconds - maximum)

1. Axel Jump
2. Any double jump
3. Jump Combination (2 jumps including at least one double jump)
4. Any flying spin (minimum of 3 revolutions in the required position)
5. Combination Spin (minimum of 3 revolutions on each foot – 1 change of foot allowed minimum of 2 changes of position and must not commence with a flying start)
6. Step sequence (any pattern using full ice surface OR Spiral Sequence (minimum 3 positions held minimum 3 sec. each positions))

Junior Bronze Short Program (Skating Time 2 minutes - maximum)

1. Single Axle Jump
2. Any Single or Double Jump (may not repeat axel)
3. Jump Combination – 2 single jumps or 1 double jump and 1 single. (Axel may be repeated)
4. Combination Spin – (only 2 positions with min. 2 rotations in each position. Change of foot optional)
5. One Position Spin – Minimum 3 rotations in basic position. May commence with a fly entry)
6. Straight line Step Sequence OR Spiral Sequence (minimum 3 positions held minimum of 3 seconds each)

STARSkate Compulsory Elements Events

Introductory, Pre-Preliminary and Preliminary will use ½ ice surface with no music.

Eligibility for Events is the same as for Free Skating Events.

The program consists of required elements and may be skated in any order. Programs must have an opening and ending pose. Connecting steps are permitted to link elements. Entry, Pre-Preliminary and Preliminary will use ½ ice surface with **no music**. Deductions will be taken for any added or repeated elements.

Preliminary Element Program (Skating Time 1:15 minute - maximum)

1. Any Single Jump
2. Jump Combination – Lutz Jump followed by either a single Loop or single Toe Loop.
3. Camel Spin (minimum of 2 revolutions. Change of foot optional. No variation in basic position.)
4. Sit Spin (minimum of 2 revolutions. Change of foot optional. No variation in basic position.)
5. Forward spiral on left & right foot (spirals must be held minimum of 3 sec. No variations of basic spiral position allowed)

Pre-Preliminary Element Program (Skating Time 1:15 minute - maximum)

1. Loop Jump **OR** Lutz Jump
2. Jump Combination – Flip/Toe Loop
3. Backward One Foot Spin (minimum 2 rotations in basic position. No variation of basic position.)
4. Sit Spin (minimum of 2 revolutions. Change of foot optional. No variation in basic position.)
5. Forward Spiral (foot & edge optional – no blade hold)

Introductory Element Program (Skating Time 1:15 minute – maximum)

1. Salchow Jump **OR** Loop Jump
2. Jump Combination -Toe Loop/Toe Loop
3. Forward One Foot Spin (minimum 2 rotations in basic position. No variation of basic position)
4. Sit Spin (minimum of 2 revolutions. Change of foot optional. No variation in basic position.)
5. Forward Spiral (foot & edge optional – no blade hold)

NEW EXCITING EVENT FOR ALL LEVELS OF SKATERS

StarSkate and Competitive Jump Events

Jumps will be skated IN THE ORDER LISTED. Skaters will perform the first jump two times, and then perform the second jump two times, etc. If a choice of jump is listed, both attempts must be the same. All jumps will be scored. Extra choreography and footwork will not be permitted in this event. Automatic deductions will be given for added elements. Half ice is to be used for Pre-Preliminary to Senior Bronze as well as Pre-Juvenile and Juvenile. Full Ice will be used for Jr. Silver and up including Adult as well as Pre-Novice and up. **Eligibility is the same as for Free Skating Events.**

StarSkate Jump Events

Pre-Preliminary

1. Single Loop Jump
2. Single Flip or Lutz
3. Combination or any Single jump with a Single Toe Loop (Axels Allowed)

Preliminary

1. Single Flip
2. Single Lutz or Axel
3. Combination of any Single jump with a Single Loop Jump (Axels allowed)

Jr. Bronze

1. Axel
2. Any Double jump
3. Combination of any Single or Double jump with a Single Loop or Toe Loop

Sr. Bronze

1. Axel
2. Any Double jump
3. Combination of any Double jump with a Single Loop or Toe Loop

Jr. Silver

1. Axel
2. Double Toe Loop or Double Flip
3. Combination of any double jump with a Single or Double Loop or Toe Loop

Sr. Silver

1. Axel
2. Double Toe Loop or Double Flip
3. Combination of any Double jump with a Single or Double Loop or Toe Loop

Gold

1. Double Flip or Double Loop
2. Double Lutz or Double Axel
3. Combination of any two Double or Triple jumps
(double/double or triple/double)

Adult

1. Any Single
2. Axel or Any Double Jump (no repeat of Axel if used for Single Jump)
3. Combination of any Two Jumps
(single/single, double/single, double/double)

Competitive Jump Events

Pre-Juvenile

1. Axel
2. Any Double jump
3. Combination of any Double jump or Axel with Single Loop or Toe Loop

Juvenile

1. Axel
2. Any Double jump
3. Combination of any Double jump with a Double or Single Loop or Toe Loop

Pre Novice

1. Axel or Double Axel
2. Double Toe Loop, Double Loop or Double Flip
3. Combination of any two jumps
(double/single or double/double)

Novice

1. Double Loop or Double Flip
2. Double Lutz or Double Axel
3. Combination of any two Double or Triple jumps
(double/double or triple/double)

Junior

1. Double Flip or Double Lutz
2. Double Axel or Triple Salchow, Toe Loop or Loop
3. Combination of any two double or triple jumps (double/double or triple/double)

Senior

1. Double Axel
2. Triple Salchow, Toe Loop or Loop
3. Combination of any two double or triple jumps
(double/double or triple/double)

Spin Events

Spins shall be skated in a simple program with no extra or repeated elements. Connecting moves may include short sequences of footwork such as threes, brackets, rockers, etc. and / or spirals, spread eagles, ina bauers. Connecting moves are for the sole purpose of maneuvering between spins and will not be judged. All levels will use half of the ice surface. Skating time for all levels will be 1.5 minutes. No music is allowed.

Eligibility is the same as for Free Skating Events.

Gold / Senior Silver Spins (Combined Event)

1. Flying Spin one position with no change of foot.
2. Combination Spin (Change of foot mandatory. Must include all three positions. Minimum of 5 revolutions on each foot)
3. One position Spin (No flying entry. Change of foot optional)

Junior Silver Spins

1. Flying Spin one position with no change of foot.
2. Combination Spin (Change of foot mandatory. Must include all three positions. Minimum of 5 revolutions on each foot)
3. One position Spin (No flying entry, change of foot optional)

Senior Bronze Spins

1. Flying Spin one position with no change of foot.
2. Combination Spin (Change of foot mandatory. Must include all three positions. Minimum of 4 revolutions on each foot)
3. One position Spin (No flying entry, change of foot optional)

Junior Bronze Spins

1. Flying Spin one position with no change of foot.
2. Combination Spin (Change of foot mandatory. Must include all three positions. Minimum of 4 revolutions on each foot)
3. One position Spin (No flying entry, change of foot optional)

Preliminary Spin

1. Sit spin (minimum of 2 rotations)
2. Camel spin (minimum of 2 rotations)
3. Combination Spin (Change of foot optional. Must include all three positions)

Pre – Preliminary Spins

1. Camel Spin (minimum of 2 revolutions)
2. Sit Spin (minimum of 2 revolutions)
3. Back upright Spin (minimum of 2 revolutions)

Interpretive Events

The Interpretive program shall contain a variety of skating moves and should be joined with connecting steps demonstrating edges, turns and creativity. These moves should be selected for their value in enhancing the choreographic interpretation of the music rather than for their technical difficulty. Jumps are allowed but no credit will be given for their technical difficulty. The clothing must be modest, dignified and appropriate for athletic competition – not garish or theatrical in design. Accessories and props are not allowed.

Competitors must hand in the Program Title at registration.

Gold Event The competitor must have passed the Gold Interpretive Test. Program Length 2.0 to 3.0 minutes

Silver Event The competitor must have passed the Silver Interpretive Test. Program Length 2.0 to 3.0 minutes

Bronze Event The competitor must have passed the Bronze Interpretive Test. Program Length 2.0 to 3.0 minutes

Introductory Event The competitor must have passed the Introductory Interpretive Test. Program Length 2.0 to 3.0 minutes

Adult Events

Skaters competing in adult events must be 18 years of age as of July 1, 2010.

Free Skate Events

Adult Free Skating programs have no minimum program time assigned. The maximum program time has been placed at the equivalent StarSkate test level. Officials are not to penalize or award skaters for varying program times. Well Balanced Program Requirements – Refer to Skate Canada Website – Members Only. Maximum jump requirements have been established. Note that these are identified as maximum requirements, but there are no minimum requirements.

Adult Bronze Free Skating

TEST: Must not have passed the complete Junior Bronze Free Skate test

SPECIFICATIONS FOR EVENT: One Free program of a maximum time of 2 minutes 40 seconds. Program time may be shorter.

Adult Silver Free Skating

TEST: Must have passed the complete Junior Bronze Free Skate test, but not the complete Senior Bronze Free Skate test

SPECIFICATIONS FOR EVENT: One Free program of a maximum time of 3 minutes 10 seconds. Program time may be shorter.

Adult Gold Free Skating

TEST: Must have passed the complete Senior Bronze Free Skate test, but not the complete Junior Silver Free Skate test

SPECIFICATIONS FOR EVENT: One Free program of a maximum time of 3 minutes 40 seconds. Program time may be shorter.

Adult Masters Free Skating

TEST: Must have passed the complete Junior Silver Free Skate test or higher

SPECIFICATIONS FOR EVENT: One Free program of a maximum time of 4 minutes 10 seconds. Program time may be shorter.

Dance Events

COMPOSITION OF PARTNERS

Compulsory Dance events must be comprised of one woman and one man. Competitors may enter only one Compulsory Dance event.

SEQUENCES TO BE SKATED -Skate Canada rule 5000(3.15) (2) specifies for the number of sequences to be skated in competition.

Dances to be skated will be those selected by Skate Canada for each category for the 2010/11 season

PRELIMINARY DANCE

TEST: At least one partner must have passed the complete Preliminary Dance test (no higher).

TWO COMPULSORY DANCES TO BE SKATED

JUNIOR BRONZE DANCE

TEST: At least one partner must have passed the complete Junior Bronze Dance test (no higher).

TWO COMPULSORY DANCES TO BE SKATED

SENIOR BRONZE DANCE

TEST: At least one partner must have passed the complete Senior Bronze Dance test (no higher).

TWO COMPULSORY DANCES TO BE SKATED

JUNIOR SILVER DANCE

TEST: At least one partner must have passed the complete Junior Silver Dance test (no higher)

TWO COMPULSORY DANCES TO BE SKATED

SENIOR SILVER DANCE

TEST: At least one partner must have passed the complete Senior Silver Dance test (no higher).

TWO COMPULSORY DANCES TO BE SKATED

GOLD DANCE

TEST: At least one partner must have passed the complete Gold Dance test (no higher).

TWO COMPULSORY DANCES TO BE SKATED

Final Information regarding the competition and the schedule along with flights and practice times will be posted on the Skate Canada Saskatchewan and Skate Canada Manitoba Web sites after the deadline date once all the officials are confirmed. If time permits emails with this information will be sent to Summer Schools and Coaches.

SPONSORSHIP OR PROGRAM ADS: Anyone wanting to put an AD in the competition program or anyone interested in sponsoring an event at the competition please contact the Regina office at (306) 780-9245. Those wishing to set up a display booth should contact the office as well.



**ENTRY FORM - 2010 PRAIRIE SKATE COMPETITION
AUGUST 6 – 8th, 2010 – SASKATOON, SK.**

NAME _____ AGE _____ BIRTHDATE ____/____/____ M/F _____
(All information regarding the competition will be sent by email – Please print clearly) (Month) (Day) (Year)

* Administration surcharge may be applied to Incomplete Entry forms

ADDRESS _____ CITY/TOWN _____ P.C. _____

PHONE # () _____ CELL # () _____ EMAIL _____

SKATE CANADA # _____ HOME CLUB _____ # _____

COACH'S NAME _____ NCCP Level _____ EMAIL _____

(Summer Coach)

HIGHEST COMPLETE TEST PASSED – FREE/COMPETITIVE _____ INTERPRETIVE _____

DANCE _____ SUMMER SCHOOL'S EMAIL _____

EVENTS ENTERED: (Check off the appropriate events)

<u>COMPETITIVE FS</u>	<u>COMPETITIVE SHORT</u>	<u>STARSkate FS</u>	<u>STARSkate Short/Elements</u>	<u>STARSkate JUMP</u>
___ Senior	___ Senior	___ Gold	___ Gold Short	___ Gold
___ Junior	___ Junior	___ Senior Silver	___ Senior Silver Short	___ Senior Silver
___ Novice	___ Novice	___ Junior Silver	___ Junior Silver Short	___ Junior Silver
___ Pre-Novice	___ Pre-Novice	___ Sr. Bronze	___ Senior Bronze Short	___ Senior Bronze
___ Juvenile		___ Jr. Bronze	___ Junior Bronze Short	___ Junior Bronze
___ Pre Juvenile	<u>COMPETITIVE JUMP</u>	___ Preliminary	___ Preliminary Elements	___ Preliminary
	___ Senior	___ Pre-Preliminary	___ Pre-Prel Elements	___ Pre-Preliminary
<u>DANCE</u>	___ Junior	___ Introductory	___ Introductory Elements	___ Adult
___ Gold	___ Novice	<u>INTERPRETIVE</u>	<u>ADULT EVENTS</u>	<u>SPINS</u>
___ Senior Silver	___ Pre-Novice	___ Gold	___ Gold	___ Gold/ Sr. Silver
___ Junior Silver	___ Juvenile	___ Silver	___ Silver	___ Junior Silver
___ Senior Bronze	___ Pre-Juvenile	___ Bronze	___ Bronze	___ Senior Bronze
___ Junior Bronze		___ Introductory	___ Masters	___ Junior Bronze
___ Preliminary				___ Preliminary
Name of Partner _____				___ Pre-Preliminary
___ Practice Sessions # _____		<u>COMPETITIVE TEST</u> (during competition)		
(Practice sessions will be scheduled & sent with confirmations.)		___ Juvenile ___ Pre-Novice ___ Novice		
Fees will be collected at registration. Fee \$10 per ½ hour)		___ Junior ___ Senior * Test Permission Letter required at Registration		

I acknowledge all the information presented and the event (s) entered are correct. Signature required from Coach or Home Club official

Signature _____ Date _____ Phone # _____

By my participation in this event, I consent to the known and foreseeable physical risks inherent in the sport of figure skating, These risks include, but are not limited to; travel to and from the arena, ice conditions, equipment failure, falls, collisions with other participants, and facility conditions. In assuming these risks, I, the undersigned, forever release, for myself, my heirs an any person acting on my behalf, Skate Canada Manitoba and Skate Canada Saskatchewan, and its directors, employees, volunteers, coaches, officials, instructors, independent contractors, sponsors and the Host Committee from any claim arising from any illness or injury to my person as a result of my participation in this activity. * If skater is under 18 a parent must sign this agreement.

Signatures - Competitor _____ Parent _____ Date _____

Competition Fees:
STARSkate Events
 Freeskate Event \$60 \$ _____
 Dance Event \$60 (\$30 per partner) \$ _____
 Additional Events \$15 per event x _____ # of events \$ _____
 (Element, Spin, Jump, Interpretive)
 TOTAL \$ _____

Competition Fees:
Competitive Events
 Freeskate Program \$70 \$ _____
 Short Program \$35 \$ _____
 Test \$30 (includes Skate Canada Fee) \$ _____
 Additional Events \$15 per event x _____ # of events \$ _____
 (Element, Spin, Jump, Interpretive)
 TOTAL \$ _____

Cheques payable to Skate Canada Saskatchewan (CDN Funds) Only Credit card entries may be faxed – Originals must be sent in mail

Or bill my credit card - Visa _____ MC _____ CARD# _____ Expiry ____/____

Name on Card _____ Signature _____

ENTRY DEADLINE – 12:00 NOON - MONDAY JULY 12, 2010 – NO REFUNDS AFTER DEADLINE

Mail Entry to: Skate Canada Saskatchewan – 2205 Victoria Avenue, Regina, SK S4P 0S4 FAX: 306-780-9242

