

Media Contact List

Updated March 3rd, 2008

Winnipeg

Print

Organization	Contact Name	Title	Send ...	Email	Phone	Fax	Prefer to receive	Notes
The Winnipeg Free Press	Paul Samyn	City Editor	PSAs & Releases	city_desk@freepress.mb.ca	697-7292	697-7412	Both fax and email	
The Winnipeg Free Press	Melissa Grabowsky	Our Town Editor	Event info	melissa.grabowsky@freepress.mb.ca			Email	
The Winnipeg Free Press	Diane Pratt	Billboard	Event info/PSAs	diane.pratt@freepress.mb.ca			Email	no attachments
The Winnipeg Free Press	Jen Skerritt	Health Reporter	Pitches	jen.skerritt@freepress.mb.ca			Email	
The Winnipeg Free Press	Shamona Harnett	Healthy Living Co	Pitches	shamona.harnett@freepress.mb.ca			Email	
The Winnipeg Sun	Adam Clayton	City Editor	PSAs & Releases	adam.clayton@sunmedia.ca			email	
The Winnipeg Sun	Kevin Engstrom	City Editor	PSAs & Releases	kevin.engstrom@sunmedia.ca			email	
The Winnipeg Sun	Sandy Ehrich	PSA listing	PSAs	sehrich@wpgsun.com		697-0759	Either	
The Winnipeg Sun	City Desk	City Desk	Releases	citydesk@wpgsun.com				
The Projector		Editor	Releases	editor@projector.ca	947-0013	949-9150	Either	
The Manitoban	Tessa Vanderhart	Editor-in-Chief	Releases	editor@themanitoban.com	474-8293		email	
The Uniter	Stacy Cardigan-Smith	Editor-in-Chief	Releases	editor@uniter.ca	786-9790	783-7080	email	
Winnipeg Parent	Ms. Susan Rykiss	Publisher/Editor	Releases/PSAs	wpgparent@shaw.ca	896-3227	896-3227	email	
Winnipeg Women/Men	Lindsay Stewart Glor	Editor	Releases	lindsay@studiopublications.net		475.3003	email	
Winnipeg Women/Men	Christine ---	Advertising	PSAs	christine@thetinleygroup.com	992.3402	475.3003	email	
Winnipeg Life	Ms. Shel Zolkewich	Editor	Releases/PSAs	shel@mywinnipeg.com			email	
The Winnipeg Free Press	Allan Besson			allan.besson@freepress.mb.ca				
The Winnipeg Free Press	Ashley Prest			ashley.prest@freepress.mb.ca				
CanStar Community Newspapers				john.kendle@canstarnews.com				
The Winnipeg Free Press	Chris Cariou			Chris.cariou@freepress.mb.ca				
The Winnipeg Sun	Glen Dawkins			glen.dawkins@sunmedia.ca				
The Winnipeg Free Press			Results	scores@freepress.mb.ca				
The Winnipeg Sun Sports			Results	sports@wpgsun.com				

Television

Organization	Contact Name	Title	Send ...	Email	Phone	Fax	Prefer to receive	Notes
CKY/CTV	Newsroom	N/A	Releases	winnipegnews@ctv.ca	775-8016	943-3112	Both	
CKY/CTV	Shelly Jesseau	Advertising	PSAs	sjesseau@ctv.ca			Email	
CKY/CTV	Diane Kashton	Promo Director	PSAs	dkashton@ctv.ca				
Global	Newsroom	N/A	Releases/PSAs	newsroom@globaltv.com	233-3304	233-5615	Email	Attn: Community Billboard for PSAs
City TV	Christine Ljungberge	News Director	Releases	winnipeginteractive@chumtv.com	947-9613	956-0252	Email	
City TV	PSA Contact	N/A	PSAs			956-0811	Fax	
City TV - Breakfast TV	Newsroom	N/A	Releases/PSAs	btwinnipeg@chumtv.com		956-0252	Email	
City TV	Darlene David	Creative Director	PSAs	darlene.david@chumtv.com		956.0811		
City TV	Don Peters		PSAs	don.peters@rogers.rci.com				
City TV	Salma Dinani	Producer, BT	Pitches/Releases	salma.dinani@chumtv.com			Email	
CBC	Newsroom	N/A	Releases/PSAs			788-3674	Fax	Can also submit releases via website
APTN	Newsroom	N/A	Releases/PSAs	news@aptn.ca	947-9331	947-0767	Email	
APTN (National show - Contact)	Contact	N/A	Releases	contact@aptn.ca		947-5338	Email	
Shaw Cable	Newsroom/PSAs	N/A	Releases/PSAs	shawtwinnipeg@shaw.ca	480-3500	480-3587	Either	2 weeks in advance for PSAs, run for 5-7 days

Radio

Organization	Contact Name	Title	Send ...	Email	Phone	Fax	Prefer to receive	Notes
CJOB / Power 97	Newsroom	N/A	Releases and PSAs	N/A	786-2471	783-4512	Fax	
CBC	Newsroom	N/A	Releases and PSAs	radionews@cbc.ca	788-3227	788-3674	Fax (PSAs) Email (Releases)	
QX 104 / Hot 103	Newsroom	N/A	Releases and PSAs	N/A	944-1031	943-7687	Fax	
Freq 107	Gordo	Program Dir.	Releases and PSAs	gordo@freq107.com	944-8961	772.5854		
Q94 FM / 99.9 BOB FM / 1290 FM	Newsroom or B Branson	N/A	Releases and PSAs	N/A	477-5120	453-0815	Fax	Attn. Bill Branson, Creative Supervisor for PSAs
Clear 102 / 92 Citi	Doug		PSAs		788-3405			
Clear 102 / 92 Citi			Releases and PSAs					
101.5 UMFM	Newsroom	N/A	Releases and PSAs	umfmpromo@gmail.com	474-7027		Email	
CKJS 810 AM	Newsroom	N/A	Releases and PSAs	info@ckjs.com	477-1221	453-8244	Fax (PSAs) Email (Releases)	
CHVN	Terry Van Veen	Program Dir.	PSAs	tvnveen@goldenwestradio.com	452-9602		Email	
CHVN	Bob Duck	News Dir.	Releases	bduck@goldenwestradio.com	452-9602		Email	
CHVN	C. Houde	News	Releases	choude@goldenwestradio.com	452-9602		Email	
NCI 105.5	Newsroom	N/A	Releases and PSAs	info@ncifm.com	772-8255		Email	
92.9 Kick Fm	Newsroom	N/A	Releases and PSAs	heyeverybody@kick.fm	949-8373	949-0057	Both	
100.7 Hank FM				rloewen@newcap.ca				

Brandon**Print**

Organization	Contact Name	Title	Send ...	Email	Phone	Fax	Prefer to receive	Notes
The Brandon Sun	Newsroom	N/A	Releases and PSAs	opinion@brandonsun.com	727-2451	727-0385	Email	
The Brandon Wheat City Journal	B. Fitzpatrick	Gen. Manager	Releases and PSAs	bfitzpatrick@wheatcityjournal.ca	725-0209	725-3021	Email	
The Brandon Sun	Sports			sports@brandonsun.com				

TV

CKX TV	Newsroom	N/A	Releases and PSAs	newsbrandon@chumtv.com	728-1150	727-2505	Email	
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Radio

CKX Radio	Newsroom	N/A	Releases and PSAs	newsbrandon@chumtv.com	728-1150	727-2505	Email	
94-7 STAR FM / 880 CKLQ AM	Newsroom	N/A	Releases and PSAs	qcountr@cklq.mb.ca	725-0515	726-1270	Email	

Rural Manitoba

Print

Organization	Contact	Title	Send ...	Email	Phone	Fax	Prefer to receive	Notes
Red River Valley Echo	Greg Vandermeulen	Editor	Releases and PSAs	news@altonaecho.com	324-5001	324-1402	Email	Altona paper
Baldur-Glenboro Gazette	Mike Johnson	Editor	Releases and PSAs	gazette@mts.net	535-2127	535-2350	Email	
Beausejour Review				review@mts.net	467-2421	467-5967		
Clipper Weekly	Kim MacAulay	Editor	Releases and PSAs	mail@clipper.mb.ca	268-4700	268-3858	Email	Beausejour paper
Boissevain Recorder	Lorraine Houston	Editor	Releases and PSAs	brecorder@mts.net	534-6479	534-2977	Email	
Carberry News-Express	Jack Lupton	Editor	Releases and PSAs	jack@carberrynews.ca	834-2153	834-2714	Email	
Carman Valley Leader	Rick Reimber	Publisher	Releases and PSAs	carmanvl@mts.net	745-2051	745-3976	Email	
Cartwright Southern Manitoba Review	Vicki Wallace	Publisher	Releases and PSAs	cartnews@mts.net	529-2342	529-2029	Email	
Crossroads, This Week	Greg Nesbitt	Publisher	Releases and PSAs	ctwnews@mts.net	759-2644	759-2521	Email	Shoal Lake
Dauphin Herald	Robert Gilroy	Publisher	Releases and PSAs	dherald@mts.net	638-4420	638-8760	Email	
Dawson Trail	Dan Guetre	Editor	Releases and PSAs	editor@dawsontrail.ca	422-8548	422-9768	Email	
Deloraine Times & Star	Judy Wells	Manager	Releases and PSAs	deltimes@mts.net	747-2249	747-3999	Email	
Emerson Southeast Journal	Brenda or Don Pielt	Owners	Releases and PSAs	sej@mts.net	373-2493	373-2084	Email	
Flin Flon Daily Reminder	Jonathan Naylor	Editor	Releases and PSAs	online@fddailyreminder.com	687-3454	687-4473	Fax	
Grandview Exponent	Mr. Clayton Chaloner	Publisher		expos@mb.sympatico.ca	546-2555	546-3081		
Headingley Headliner	Mr. John Proven	Publisher		rick.johnson@weeklies.ca	789-0800	953-4300		
Interlake Spectator	Jim Mosher	Editor	Releases and PSAs	ispec@mts.net	642-8541	642-8275	Email	Gimli
Killarney Guide	Mr. Jay Struth	Editor	Releases and PSAs	kguide@mts.net	523-4611	523-4445	Email	
Lac du Bonnet Leader	Ms. Donna Delaurier	Editor	Releases and PSAs	leader@mts.net	345-8611	345-2644	Email	
Manitou Western Canadian	Mr. Grant Howatt	Editor	Releases and PSAs	westerncanadian@goinet.ca	242-2555	242-3137	Email	
Melita New Era	Mr. Bruce Schwanke	Publisher	Releases and PSAs	cpocket@mts.net	522-3491	522-3648	Email	
Minnedosa Tribune	Darryl Holyk	Editor	Releases and PSAs	editor@minnedosatribune.com	867-3816	867-5171	Email	
Morden Times	Mr. Rick Reimer	Publisher	Releases and PSAs	news@mordentimes.com	325-4771	325-5059	Email	
Neepawa Banner	Mr. Ken Waddell	Publisher		kwaddell@neepawabanner.com	476-3401	476-5073		
Neepawa Press	Mr. Jack Gibson	Publisher	Releases and PSAs	neepress@mts.net	476-2309	476-5802	Email	
Pilot Mound Sentinel Courier	Ms. Sheila Howell	Publisher		sentinel@mts.net	825-2772	825-2439		
Portage Daily Graphic	Tara Seel	City Editor	Releases and PSAs	news.dailygraphic@shawcable.com	857-3427	239-1270	Fax	
Portage Central Plains Herald Leader	Ms. Clarise Klassen	Editor	Releases and PSAs	news.dailygraphic@shawcable.com	857-3427	239-1270	Fax	
Reston Recorder	Bruce Schwanke	Editor	Releases and PSAs	recorder@mts.net	877-3321	877-3115	Email	
Rivers Banner / Gazette Reporter	Ms. Sheila Runions	Managing Editor	Releases and PSAs	info@riversbanner.com	328-7494	328-5212	Email	
Roblin Review	Mr. Ed Doering	Editor	Releases and PSAs	roblinreview@mts.net	937-8377	937-8212	Email	
Russell Banner	Ms. Terrie Welwood	Publisher	Releases and PSAs	rbeditor@mts.net	773-2069	773-2645	Email	
Selkirk Journal	Mark Buss	Editor	Releases and PSAs	sjournal@mts.net	482-7402	482-3336	Email	
Souris Plaindealer	Mr. Bruce Schwanke	Publisher	Releases and PSAs	spdealer@mts.net	483-2070	483-3866	Email	
Steinbach Carillon	Mr. Peter Dyck	Editor	Releases and PSAs	info@thecarillon.com	326-3421	326-4860	Email	
Stonewall Argus & Teulon Times	Ms. Lana Meier	Publisher		interlakepublishing@shaw.ca	467-2421	467-5967		
Swan Valley Star and Times	Mr. Derek Holtom	Editor	Releases and PSAs	editor@starandtimes.ca	734-3858	734-4935	Email	
The Pas Opasquia Times	Ms. Lisa Moule	Editor	Releases and PSAs	opnews@mts.net	623-3435	623-5601	Email	
Treherne Times	Mr. Gary Lodwick	Publisher	Releases and PSAs	trehernetimes@mts.net	723-2542	723-2754	Email	
Virден Empire-Advance	Grant and Marlain Shoem	Publishers	Releases and PSAs	empire12@mts.net	748-3931	748-1816	Email	
Winkler Times	Don Radford	Editor	Releases and PSAs	news@winklertimes.com	325-4771	325-5059		
Altona Echo				news@altonaecho.com				
Snow Lake News				forsyt_d@mts.net				
The Paper (Pinawa)				thepaper@granite.mb.ca				
Thompson Citizen				sports@thompsoncitizen.net				

Radio

Organization	Contact	Title	Send ...	Email	Phone	Fax	Prefer to receive	Notes
CFAM 950 (Altona)	Dean Penner (Releases)	Mary or Tara (PSAs)		cfam@goldenwestradio.com	324-6464	324-8918	Email	
CJRB (Boissevain)	Ivan Strain or Barry Lamb		Releases and PSAs	blamb@goldenwestradio.com or istrain@goldenwestradio.com	534-6000	534-6825	Email	
730 CKDM (Dauphin)	Paige Bruce	News Director	Releases and PSAs	730ckdmnews@mts.net	638-3230	638-8891	Email	
Arctic Radio (Flin Flon)	Joe McCormack	News Director	Releases and PSAs	cfar@articradio.ca	687-3469	687-6786	Email	
CFRY Radio (Portage)	Mr. Ray Hathway	News Director	Releases and PSAs	cfrnews@goldenwestradio.com	239-5111	857-3456	Both	
Mix 96.5 (Portage)	Ray Hathway		Releases and PSAs	cfrnews@goldenwestradio.com	239-2965	857-3456	Both	
CHSM Golden West (AM 1250) (Steinbach)	Adi Loewen (PSAs)		Releases and PSAs	news@am1250online.com	326-3737	326-2299	Fax	
Mix 96.7 (Steinbach)	Newsroom		Releases and PSAs	news@am1250online.com	346-0000	326-2299	Fax	

CBWK – CBC North Country
100.9 (Thompson)
Eagle 93.5/CKMW Country 1590
(Winkler)

Jen (releases) Mar Klassen (PSAs)

Releases and PSAs

Releases and PSAs info@eagle935fm.com

677-1680 677-9517 Fax

325-9506 325-2206 Fax