



National  
Coaching  
Certification  
Program

## **NCCP Instruction Beginner - CanSkate**

### **Entry Pre-Requisites:**

1. Must have passed all three Preliminary STARSkate tests;
2. Must have passed at least one Jr. Bronze STARSkate test and;
3. Must be at least 16 years of age

### **Requirements for CanSkate Coach “In-training”:**

1. Attend the 3-day CanSkate course; that now includes Introduction to Competition Part A: Make Ethical Decisions and Planning a Practice modules and;
2. Hold a valid First Aid certificate (every three years)

### **Requirements for CanSkate Coach “Trained” Status:**

1. Complete the CanSkate assignment successfully;

At this point, once candidates have achieved the “CanSkate trained” status within the NCCP Instruction-Beginner context and have registered as a CanSkate Coach for **two consecutive years**, they are now required to become “Certified” as a CanSkate Coach by completing the following requirements – effective September 1, 2009:

### **Requirements for CanSkate Coach “Certified” Status:**

1. Mentorship Program – this criteria includes Parts A & B:
  - Observe three CanSkate sessions with a Mentor Coach (Part A)
  - Complete the observation notes section of the observation (Part A)
  - Complete the observation diary pages (Part A)
  - Develop a CanSkate group lesson plan and relevant Emergency Action Plan (EAP) (Part B)
  - Teach the group lesson plan in front of your Mentor Coach (Part B)
2. Take the on-line evaluation for Make Ethical Decisions – this criteria includes:
  - Following the training of this module at the CanSkate course, coaches must log on to [www.coach.ca](http://www.coach.ca) and take the on-line evaluation of this module to receive credit for the NCCP outcome – Make Ethical Decision
3. Outline a CanSkate session – this criteria includes:
  - Create a 45 or 60 minute CanSkate session detailing information on the 4 main parts – warm-up, group lesson, group activities and cool-down

### **Coach Title:**

- ✓ CanSkate Coach (trained) ;
- ✓ Certified CanSkate Coach ;

For course information details, contact Darcy Routledge, Program Coordinator @ (204) 925-5709  
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